



Dr. Brent Van Elswyk, Pastor of Counseling
Debbie Allen, Assistant Director
Nicole Cooper, Ministry Assistant

www.riverlakeschurch.org

661.589.9733 x222

Christian Counselor Referral List

Vester Bradshaw, LMFT hopeempowerscounselingservices@gmail.com 661-448-7514
Private Practice Fridays, Kern Legacy or Superbill; at Kaiser M-Th 10-adult (esp.16-25)/cpls/family
(anxiety/grief/dprssn,boundaries,traumas,abused,CD,porn,spiritual growth;mental illness; DBT, CBT)

Cindy Chow, LMFT M/W/F cchowlmft@gmail.com 661-525-9135
(teens, cpls infertility,depression/anxiety/esp.grief, self-harm/suicidal; superbill, Lyra, sliding scale)

Jill Erro, AMFT Tu/W/Th <https://www.jenniferhopestherapy.com/jill> 661-440-6788
(women,cpls,cutting,anxiety/OCD/, grief/loss,betrayal trauma/recovery,attachment, illness; superbill)

Susan Futrell, APCC lifechangeshelp@gmail.com 661-487-1477
(12&up; trauma/abuse/neglect/betrayal; PTSD, grief, dprssn, codpndncy; values/resiliency; sliding scale)

Dr. Karen Garrett, LMFT kgarrettmft@gmail.com 661-706-8508
(extreme cases; all DSM; EMDR;family;cpls;13&up;autism/trauma/dissociation/spiritual;lmted av;most Ins)

Ken Harlander, LMFT (cpls/fam/teens; dprssn/anxty/grief/trma;bipolar;addictions -inc.SA;superbill) 661-491-0990

Stephanie Heintz, LMFT StephanieHeintz.com 661-238-3120
Christian Counseling with Stephanie virtual or in person; superbill Stephanie@StephanieHeintz.com
(adults/families/premarital; PTSD, Borderline, DPT, suffering, OCD, panic, emotions; walk w/God)

Kingdom Community Ministries <http://www.kemcounseling.com/> 661-210-3958
Dr. Jennifer Anderson (10&up; sex abused; boundaries; grief/loss/divorce; groups)
Dr. CeCe Rubalcava (any age; Spnsh; illness,dsabltty,dpressn; repressn,codpndncy;life-stages;demonic influence)
Dr. Joy Wright (any age; anxiety; sex abused; dprssn;boundaries; family/stpfmly; career; illness; grief)
Dr. Matt Edmondson (8&up; premrtl,cpls, grf/trma,anxiety,addictions -inc.SA,pedo; schizo;slide scale)

Janice Medrano, LMFT 855-598-4673
(7-adult, esp teens; sex ID;sex abuse;suicide; EMDR; 1st Responders;trauma,dpressn; superbill)

Lowell Lueck, LMFT 661-205-5018
(adults,couples; suffering, marriage, divorce, prodigals, grief)

Monica Morovich, LCSW monicamorovichlcsw@gmail.com 661-768-1130
(EMDR cases only -grief, trauma, family systems, trafficking; age 13-adult; all DSM; spks Spanish)

Reflect Christian Counseling <https://reflect-christian-counseling.com/> info@reflect-cc.com
Patrick Middleton, LMFT (all ages -xTeenGirls; cutting, ADHD, bipolar, suicidal, schizophrenia,
grief/loss/trauma, identity/confusion; family systems; sliding scale/MediCal,most Ins) 661-205-5325

Shannon Neely, Biblical Counselor info@healingyourheartcounseling.com 661-428-3689
(teen-elders/cpls,premrtil;grief,codpndncy,abortion,rape,infidelity,bipolar,SA, demonic influence; spiritual)

Michael Sampley LMFT (adults/fam;dating/premarital;couples/sex; SA,communication) 661-322-4187

Jenny Thoman, LMFT Tu/Th (adults/cpls; grief, all traumas; MediCare & some ins) 661-303-6326

Wellspring /Dr. Sherry Rose & staff www.wellspring-journey.com 661-489-5953
(cpls/fam/any age; self-harm,anxiety/dprssn,addictns,identity,bndrys,victim,DV,spirital abuse; slide scale)

Christian Psychologists

California Spectrum Services/Dr.Nick Garcia 661-634-0789
(family&parenting/special needs/autism/behavior/neuro/ assess, report, refer/most ins &MediCal)
Dr. Michael Kirk (family, children ,custody, court) 833-5890
Dr. Laurie Koenig (any age;testing;CD;ED;mediCal/mediCare,PTSD;ADD;some\$discount) 428- 0506
Dr. Joshua Lefler (SA; autism; assess/diagnose any age; bipolar) 379-0787
Dr. Joshua Sarazin (10-adlt; foster kids/court ordered youth; sex offenders; cutters; some ins) 431-5026

Psychiatrists

Daniel Amen, MD: **Amen Clinic** for Behavioral Medicine, 2 locations 888-208-2057
The following are **NOT Christian** but excel in diagnosing and treating mental illness:
Fernandez Danilo, MD (child & adolescent) 619-7276
Franco Song, MD 323-6410
Gerald Fernando, MD 431-1555
Setare Eslami, MD (adults of all ages) 735-3887

Other

Be Finally Free <https://befinallyfree.org/> 661-489-5952
(counseling; job training; post incarceration; court ordered classes; CR; DV; LGBT; sliding scale)
Nancy Keller, LMFT (Christian; telehlth;dpressn,abused,cples,pryr,life stgs) nkellermft@gmail.com
Katie Ford Counseling Svcs (Christian; telehealth; esp.women/couples; CD) 661-426-4213
Elizabeth Deeths, LMFT 661-889-4638
(Christian; telehealth; any age; families/marriage; trmnl/crncl ill; bills ins; past occupational therapist)
Crisis Pregnancy/Bakersfield Pregnancy Ctr. 661-326-1907
Crown Ministry (biblical budgeting) & Money Map Coaching 661-334-0500
BUDGETING advice www.everydollar.com
Aspire Behavioral Health 661-829-7301
(adult or adolescent Intensive all insurance except MediCal; cash pay \$500/day)
California Commission on Sexual Exploitation www.CalCose.com 661-760-COSE
Exploiters Accountability Program (SEAP re: commercial encounters)
Adult & Youth Offenders Treatment (SOTP); Breaking Strongholds of Porn (BSP in both sexes)
Problem Sexual Behavior in Youth (Pathway to Hope for ages 8-17 & their family)
DrakeInstitute.com (non-drug trtmnt/ADD/Autism/TBI /stress disorders) 1-800-700-4233
FocusOnTheFamily.com (search: **counseling** for all issues / 1-2x free) 1-800-A-FAMILY
Overcome Same-Sex Attraction www.hiswayout.com
Porn Addiction Recovery for Women www.sherecovery.com
Abortion Recovery www.healingafterabortion.org
Senior Placement tim@bakersfieldseniorplacement.com 661-336-2416
Valley Caregiver Resources <https://www.valleycrc.org/> 661-873-4000
CSUB (low fee intern program during school year -request a Christian) 661-654-3402
Omni Family Health (accepts all ins/no ins; request a Christian) 800-300-6664
Suicide Awareness/HotLine 800-273-8255 www.nowmattersnow.org
Alliance Against Family Violence & Sexual Assault / Open Door Network 661-327-1091
National Alliance on Mental Illness / NAMI 661-247-5426
Consumer Family Learning Center 661-868-5074
Therapist profiles www.psychologytoday.com
Kern County Crisis Intervention 24/7 HOTLINE call 988

“Therefore encourage one another and build each other up...” 1 Thess. 5:11