



Mutual Duties of Husbands and Wives - Part 1

Week 3 Discussion Guide

Synopsis

This message uses the illustration of a three legged to describe marriage. In a three legged race, the middle legs of the two partners are tied together, while the outer legs remain separate. Like the middle legs that are tied together, in marriage there are some mutual duties that both a husband and wife owe to each other. And like the outer legs, there are some duties and responsibilities unique to each gender within the marriage. Here we discuss the first three of five mutual duties of husband and wives.

Questions for Preparation Before the Message

1. Make a short list of “mutual duties” that husbands and wives ought to both perform for the other person within a healthy marriage.
2. Whether single or married, are you keeping your heart, mind, and body pure before the Lord and before your spouse? What causes of temptation are currently present in your life?
3. What actions does your wife do for you that make your home feel like a space of peace and refreshment? What actions do you do for your wife that make the home feel like a space of peace and refreshment for her?

Questions for Reflection After the Message

1. Of the three mutual duties discussed today (Matrimonial unity, chastity, and love and peace), which one feels the most challenging to you, and why?
2. What are some existing practical ways that you and your wife are not experiencing unity in your marriage?



3. Look back to the last conflict you had with your wife. Where did excel as a godly man in navigating that discussion? Where might there have been areas of improvement? (Do not only consider your outward actions, but consider your mind and heart as well).

Main Idea of Message

Healthy marriages guard and perform their mutual duties towards one another.

Outline of Message

1. Matrimonial Unity
 - a. Greater Degree of Desertion
 - b. Lesser Degree of Desertion
2. Chastity
 - a. In Singleness
 - b. In Marriage
3. Love and peace