Grace in the basement

Romans 8:1; Ephesians 1:4–8; Colossians 1:12–14
October 18, Pastor Brad Henderson

DISCIPLESHIP COMMUNITIES

Connect With One Another

- **Icebreaker:**
  What is a lie you are struggling not to believe?
- **Sermon Question:**
  How were you challenged by this Sunday's message?

Look at the Scriptures

- **Romans 8:1** tells us that there is no condemnation for those who are in Christ Jesus. As you reflect on this truth, do you ever struggle to believe it? Share your answer with your group.

Apply to our Lives

- We all have "dark spots in our basements," and one important way to deal with them is to remind ourselves of the truth. Based on the passages discussed in the sermon (**Romans 8:1; Ephesians 1:4–8; Colossians 1:12–14**), which truth do you most need to remind yourself of this week? Share with your group why you chose that particular truth.
- Grace gives us the courage to look at our own basements, and it also allows us to accept one another. Think about someone who made you feel safe to be yourself. What did they do to make you feel that way?
- What is one thing you could do this week to help others feel safe to be themselves?

Pray for One Another

- Pray for each other, that we would know God's grace and acceptance, learn accept ourselves, and continue growing in Christlikeness.