

Preach to Yourself
Psalms 42-43
June 14, 2026

1) Thirsting for God (1-5)

2) Broken Because of God (6-11)

3) Guidance From God (43:1-5)

Questions to Help You Take One Step Closer

- 1) What stood out to you from this week's sermon?
- 2) What things in your life tend to leave you feeling discouraged?
- 3) What help do these Psalms offer as we navigate difficulties in our lives?
- 4) How does the repeated refrain (42:5, 11, 43:5) encourage the psalmist?
- 5) Where do you need to preach to yourself instead of listening to yourself?
- 6) Take time this week to pray for any friends who may be feeling discouraged.

Memory Verse

Why, my soul, are you so dejected?
Why are you in such turmoil?
Put your hope in God, for I will still praise him,
my Savior and my God.

Psalm 42:5