

Camp Central Menu Summary

Numbers: 385 people (285 campers, 100 adults)

Food Sensitive Numbers: ~10 campers per meal

Sunday

- **Dinner:**

- **Time:** 7:00 pm & 7:30 pm
- **Entree:** Pizza (2 slices) pickup at 5:45 & 6:15
- **Vegetable:** Baby Carrots (handful)
- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets.
- **Fruit:** Apples & Bananas
- **Drinks:** Coke Machine
- **Dessert:** Cookies (1 cookie)

Monday

- **Breakfast:**

- **Time:** 8:00 am & 8:30 am
- **Entree:** Breakfast Sandwiches
- **Side:** Yogurt
- **Fruit:** Strawberries, Apples, and Bananas
- **Drinks:** Apple Juice, Orange Juice, & Milk
- **Cereal Bar:** Cereal boxes
- **Condiments Available:** Syrup and butter cups

- **Lunch:**

- **Time:** 12:00 pm & 12:30 pm
- **Entree:** Grilled Chicken Wraps (4 oz), Tortillas (1 per individual) Shredded Lettuce, Diced Tomatoes, Shredded Cheese
- **Sides:** Chips (Leftover Cookies)
- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets.
- **Vegetable:** Baby Carrots (1 handful)
- **Fruit:** Apples & Bananas
- **Drinks:** Lemonade
- **Condiments Available:** Salad Dressings, Ketchup, and Mustard

- **Canteen**

- **Time:** 3:00 pm

- **Dinner:**

- **Time:** 6:00 pm & 6:30 pm

- **Entree:** Baked Spaghetti (1 rounded scoop)
- **Vegetables:** Green beans (4 oz)
- **Sides:** Breadsticks (2 per individual)
- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets
- **Fruit:** Apples & Bananas
- **Drinks:** Lemonade, Sweet Tea, and Coke Machine
- **Dessert:** Banana Cream Pudding (4 oz)

Tuesday

- **Breakfast:**
- **Time:** 8:00 am & 8:30 am
- **Entree:** Biscuits (1 biscuit per camper, 2 biscuits per adult) & Gravy (4 oz)
- **Sides:** Egg Bites (2 per individual) and Yogurt
- **Fruit:** Blueberries, Apples & Bananas
- **Drinks:** Apple Juice, Orange Juice, & Milk
- **Cereal Bar:** Cereal boxes
- **Lunch:**
 - **Time:** 12:00 pm & 12:30 pm
 - **Entree:** Chicken Tenders (3 per camper, 4 per adult)
 - **Sides:** Yellow Macaroni & Cheese (3 oz), Fruit Cup (1 per individual)
 - **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets.
 - **Vegetables:** Baby Carrots (1 handful)
 - **Drinks:** Lemonade
 - **Fruit:** Apples & Bananas
 - **Condiments Available:** Ketchup, Mustard, Mayo, Ranch, Relish, & BBQ Sauce
- **Canteen**
 - **Time:** 3:00 pm
- **Dinner**
 - **Time:** 6:00 pm & 6:30 pm
 - **Entree:** Chicken on the Beach (4 oz Chicken, 4 oz Rice)
 - **Vegetable:** Cole Slaw (4 oz)
 - **Sides:** Corn (4 oz), Queso (3 oz)
 - **Drinks:** Lemonade, Sweet Tea, and Coke Machine
 - **Fruit:** Apples, & Bananas

- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets
- **Dessert:** Brownies (1 per individual)

Wednesday

- **Breakfast:**

- **Time:** 8:00 am & 8:30 am
- **Entree:** Cinnamon Rolls (1 per individual)
- **Sides:** Egg Bites (2 per individual) & Yogurt Parfaits (4 oz per individual)
- **Fruit:** Apples, Bananas, Strawberries, & Blueberries
- **Drinks:** Apple Juice, Orange Juice, & Milk
- **Cereal Bar:** Cereal boxes

- **Lunch:**

- **Time:** 12:00 pm & 12:30 pm
- **Entrees:** Nachos (4 oz meat, 1 handful chips), Shredded Cheese, Diced Tomatoes, Shredded Lettuce (Leftover tortillas)
- **Side:** Salsa, leftover corn, & Queso (3 oz)
- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets.
- **Drinks:** Lemonade
- **Fruit:** Apples & Bananas
- **Condiments Available:** Sour Cream

- **Canteen**

- **Time:** 3:00 pm

- **Dinner:**

- **Time:** 6:00 pm & 6:30 pm
- **Entree:** BBQ Pork Sandwiches (1 per individual 4 oz meat)
- **Sides:** Baked Potatoes (1 per individual), Butter, Sour Cream, Shredded Cheese
- **Vegetable:** Broccoli (4 oz)
- **Drinks:** Lemonade, Sweet Tea, and Coke Machine
- **Fruit:** Apples & Bananas
- **Salad bar:** Salad Mix, Shredded Cheese, Croutons, Bacon Bits, Tomatoes, Cucumbers, Cottage Cheese, Dressing Packets
- **Condiments Available:** Ketchup, Mustard, Mayo, Ranch, Relish,& BBQ Sauce
- **Dessert:** Dirt Pudding (4 oz)

Thursday

- **Breakfast:** 8:00 am & 8:30 am
 - **Time:**
 - **Entree:** French Toast Sticks (4 per individual)
 - **Sides:** Egg Bites (2 per individual) and yogurt
 - **Fruit:** Blueberries, Apples, and Bananas
 - **Drinks:** Apple Juice, Orange Juice, & Milk
 - **Cereal Bar:** Cereal boxes
 - **Leftovers:** Serve any leftover breakfast items
- **Lunch: SERVED TO GO**
 - **Time:** 11:15 am
 - **Entree:** Corn Dogs (6 per individual) and Pizza Rolls (6 per individual)
 - **Sides:** Lays Chips
 - **Vegetable:** Carrots
 - **Drinks:** Water Bottle
 - **Fruit:** Apples & Bananas
 - **Condiments Available:** Ketchup, Mustard, Mayo, Ranch, Relish, & BBQ Sauce