

Oxygen Saturation

THE VITALS OF A DISCIPLE

Our Study So Far:

Pulse (Heartbeat): _____

Pain: _____

Body Temperature: _____

Circulation (Blood Pressure): _____

Breath (Respiration): _____

Endurance (Oxygen Saturation): _____

Vision: _____

1 Timothy 4:16 Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you. (NLT)

Doctor Will _____

Oxygen Saturation (Endurance):

What is my spiritual Oxygen Saturation (Endurance)?

S _____

O _____

A _____

P _____

S _____

Do I have an _____ desire to spend time with God?

Do I have a _____ for deeper truths found in the Bible?

Do I have a _____ to learn and teach others?

Do I see a _____ in grace and forgiveness?

Do I have a _____ to obey God's commands?

Do I see _____ of spiritual growth?

O _____

James 1:21 So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls. **22** But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves. **23** For if you listen to the word and don't obey, it is like glancing at your face in a mirror. **24** You see yourself, walk away, and forget what you look like. **25** But if you look carefully into the perfect law that sets you free, and if you do what it says

and don't forget what you heard, then God will bless you for doing it. **26** If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless. (NLT)

1 John 2:3 And we can be sure that we know him if we obey his commandments. **4** If someone claims, "I know God," but doesn't obey God's commandments, that person is a liar and is not living in the truth. **5** But those who obey God's word truly show how completely they love him. That is how we know we are living in him. **6** Those who say they live in God should live their lives as Jesus did. (NLT)

System

Hebrews 6:10 For God is not unjust. He will not forget how hard you have worked for him and how you have shown your love to him by caring for other believers, as you still do. **11** Our great desire is that you will keep on loving others as long as life lasts, in order to make certain that what you hope for will come true. **12** Then you will not become spiritually dull and indifferent. Instead, you will follow the example of those who are going to inherit God's promises because of their faith and endurance. (NLT)

System

Philippians 4:17 I don't say this because I want a gift from you. Rather, I want you to receive a reward for your kindness. (NLT)

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Ephesians 4:31 Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. **32** Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. (NLT)

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Proverbs 19:17 If you help the poor, you are lending to the Lord—and he will repay you! (NLT)

Matthew 6:21 "Wherever your treasure is, there the desires of your heart will also be." (NLT)

Proverbs 22:9 Blessed are those who are generous, because they feed the poor. (NLT)

A _____

Matthew 25:34 "Then the King will say to those on his right, 'Come, you who are blessed by my Father, inherit the Kingdom prepared for you from the creation of the world. **35** For I was hungry, and you fed me. I was thirsty, and you gave me a drink. I was a stranger, and you invited me into your home. **36** I was naked, and you gave me clothing. I was sick, and you cared for me. I was in prison, and you visited me.' **37** "Then these righteous ones will reply, 'Lord, when did we ever see you hungry and feed you? Or thirsty and give you something to drink? **38** Or a stranger and show you hospitality? Or naked and give you clothing? **39** When did we ever see you sick or in prison and visit you?' **40** "And the King will say, 'I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me!'" (NLT)

Luke 21:1 While Jesus was in the Temple, he watched the rich people dropping their gifts in the collection box. **2** Then a poor widow came by and dropped in two small coins. **3** “I tell you the truth,” Jesus said, “this poor widow has given more than all the rest of them. **4** For they have given a tiny part of their surplus, but she, poor as she is, has given everything she has.” (NLT)

Luke 6:34 “And if you lend money only to those who can repay you, why should you get credit? Even sinners will lend to other sinners for a full return. **35** “Love your enemies! Do good to them. Lend to them without expecting to be repaid. Then your reward from heaven will be very great, and you will truly be acting as children of the Most High, for he is kind to those who are unthankful and wicked. **36** You must be compassionate, just as your Father is compassionate. **37** Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven. **38** Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back.” (NLT)

2 Corinthians 9:6 Remember this—a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. **7** You must each decide in your heart how much to give. And don’t give reluctantly or in response to pressure. “For God loves a person who gives

cheerfully.” **8** And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others. **9** As the Scriptures say, “They share freely and give generously to the poor. Their good deeds will be remembered forever.” **10** For God is the one who provides seed for the farmer and then bread to eat. In the same way, he will provide and increase your resources and then produce a great harvest of generosity in you. **11** Yes, you will be enriched in every way so that you can always be generous. And when we take your gifts to those who need them, they will thank God. **12** So two good things will result from this ministry of giving—the needs of the believers in Jerusalem will be met, and they will joyfully express their thanks to God. **13** As a result of your ministry, they will give glory to God. For your generosity to them and to all believers will prove that you are obedient to the Good News of Christ. **14** And they will pray for you with deep affection because of the overflowing grace God has given to you. **15** Thank God for this gift too wonderful for words! (NLT)

P

1 Corinthians 4:2 Now, a person who is put in charge as a manager must be faithful. **3** As for me, it matters very little how I might be evaluated by you or by any human authority. I don’t even trust my own judgment on this point. **4** My conscience is clear, but that doesn’t prove I’m right. It is the Lord himself who will examine me and decide. (NLT)

Colossians 3:23 Work willingly at whatever you do, as though you were working for the Lord rather than for people. *(NLT)*

Matthew 6:24 “No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.” *(NLT)*

1 Peter 4:10 God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another. *(NLT)*

Ephesians 4:23 Instead, let the Spirit renew your thoughts and attitudes. **24** Put on your new nature, created to be like God—truly righteous and holy. *(NLT)*

1 Timothy 5:8 But those who won’t care for their relatives, especially those in their own household, have denied the true faith. Such people are worse than unbelievers. *(NLT)*