

Senior Adult Ministry
of First Baptist Church

Keith Pugh
Senior Adult Pastor

The Prime Times

SEPTEMBER 2026

INSIDE THIS ISSUE:

Triple L Meeting:
Tuesday,
September 1

Upcoming Trips

Getting to Know:
Drew Dockery
& Pat Powell

"Because of
the Lord's great
love we are
not consumed,
for his
compassions
never fail.
They are new
every morning;
great is your
faithfulness."

Lamentations
3:22-23

Triple L Monthly Meeting & Lunch

Tuesday, September 1

10:30 a.m. in Wells Fellowship Hall

This Month's Guest: Ken Bausano

Born in Apple Valley, California—where his mother fondly joked he "arrived with a trumpet in his hand"—Ken Bausano is a skilled musician, bandleader, and composer. A former Kern County Fire Captain who medically retired following an on-duty injury, Ken went on to earn a Master's in Psychology and practice as a Marriage and Family Therapist.

Throughout his rich musical career, he has performed with legends like Ella Fitzgerald, toured with the Glenn Miller Orchestra, played alongside top acts like The Temptations, Peaches & Herb and earned a featured solo on a Grammy-nominated song. He is also one of only about 60 EVI wind controller artists worldwide.

Today, Ken lives in West Alabama with his wife, Deidra. He actively performs for local worship services in Greensboro, headlines community events like the Hale County Library's Centennial Gala, and entertains audiences through his popular solo and ensemble acts.



Triple L Meeting Check-In begins at 10 a.m.:

Sign in, pay \$1 monthly dues, sign up for events

Lunch Menu (\$6): Pork tenderloin, sweet potato casserole, Lima beans, fruit, rolls, chocolate cake

From the Senior Adult Pastor...

"The precious possession of a man is diligence." Proverbs 12:27

One of my favorite people in the world was a wonderful lady who worked in our office when I pastored in Jackson, AL. She had the sweetest smile but was also one of the most efficient people I have ever met. When I asked her what her secret was she said, "Don't put things off. Just handle things as they come."

One of the sources of anxiety in our lives is **procrastination**. We worry about things that need to be done but we don't do anything about them. I have a question for you: "What are you avoiding doing that you know needs to be done?" Jesus told a parable about 10 virgins. Five of them avoided doing something that needed to be done and it ended in disaster. We can eliminate much of our anxiety by simply doing the "next right thing." Stop worrying and take your next step!! **Blessings, Bro. Keith (John 16:33)**



This Month:

Triple L Meeting:

Tuesday, September 1
at 10:30 a.m. in Wells
Fellowship Hall

Alice's Mission Dresses:

Friday, September 11;
9 a.m. - 2 p.m. in Room
FB300

Naomi's Sisters:

Monday, September 14;
location TBA, 11:30 a.m.

Game Day:

Tuesday, September 15;
10 a.m. - 2 p.m. in Wells
Fellowship Hall

France Trip Interest Meeting:

Tuesday, September 22;
4 p.m. in the Chapel

Sweet Dreams

Pillowcase Ministry:

Friday, September 25;
9 a.m. - 12 p.m. in Room
FB300

God's House of Hope:

Tuesday, September 29;
10 a.m. - 2 p.m., lunch,
music, tour

Legacy Fit Exercise

Classes: Mondays at 2
p.m. and Wednesdays
at 2:30 p.m. in Room
MB236

The Prime Times is
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First Baptist Church Senior
Adult Ministry. For more
information, contact Keith
Pugh.

Senior Adult
Ministry:
205-632-3054

Senior Adult Women's Bible Study

When I am Weak:
Then I am Strong

2 Corinthians 12:9-10

Tuesday, September 1 after the Triple L meeting

God's House of Hope

Eutaw, Alabama

Tuesday, September 29

10 a.m. - 2 p.m. Leave from
church at 9:30 a.m.

"Dinner on the Ground",
Music/Worship, Tour

God's House of Hope is a 6-8 month Christian Discipleship and Residential Recovery program servicing individuals struggling with drug and alcohol addiction, emotional challenges and life instability. As one of the first in-house residential programs in the area serving both men and women, their mission is to provide hope to the hopeless. They seek to guide individuals to the Lord Jesus Christ, helping them discover love, purpose and lasting transformation, while equipping them to grow as disciples according to biblical teaching.



France
in May

France Trip Interest Meeting

Tuesday, September 22

4:00 p.m. in the Chapel

We will have a information meeting
Tuesday, September 22 at 4 p.m. in the
Chapel for the Collette Vacations trip next
year, France Magnifique. The trip dates are
May 20-May 31, 2027.

Jack Brinson, our Collette representative,
will be here for the presentation.

Upcoming Trip

Huntsville - October 19-21

Includes US Space and Rocket Center and Huntsville Botanical Gardens

First Baptist Tuscaloosa

MAN
Church



Speaker **Tommy Bowden**

Sunday, September 13

5 p.m. Free Meal (fried chicken)

6 p.m. Worship & Message

Doors open at 5 p.m. - Wells Fellowship Hall

Getting to Know: Drew Dockery (Dock)

Role: Connect + Belong Pastor

Favorite Restaurant: DePalma's, Big Mike's

Favorite Movies: *Rudy*, *Men of Honor*, *The Patriot*, *Where the Red Fern Grows*

Favorite Book: Of course, *The Bible*, but also *The Walk Across America*, *A Christmas Carol*

Favorite Book of the Bible: Psalms; it meets me in every season of life.

Favorite vacation destination: A deer stand with my boys on a cold December morning with a thermos of coffee and the rut in full action.

What did you want to be when you grew up? a Bull Rider

Favorite Television Show: I don't watch much TV; Braves baseball

Hobbies: Deer hunting, working out, sports with my kids

Tell us about how you met your wife. We went to church together at Rosedale Baptist Church. We went on our first date at 14 years old.

Children: Ava Drew (20), Annie (16 in September), Case and Cole (twins, 11)

What would people be surprised to know about you? Probably not much, I'm a pretty open book. What you see is what you get. Maybe that I once worked at a florist and I drove a school bus at 21 years old.



Getting to Know: Pat Powell

Role: Serve + Influence Pastor

Favorite Restaurant: Southern Ale House, Urban Bar & Kitchen, Ave Pub, Chuck's, DePalma's – I like to eat!

Favorite Movies: Bourne series

Favorite Book: *Freedom at Midnight*; *The Normal Christian Life*

Favorite Book of the Bible: Ephesians

Favorite vacation destination: Anywhere with Suzanne

What did you want to be when you grew up? Doctor, Landscape architect, Pastor/Missionary

Favorite Television Show: *Everybody Loves Raymond*

Hobbies: Sports, Exercise, Working outside

Tell us about how you met your wife. We met while students at Union University. I knew who she was before she knew who I was! We served together on a weekend revival team (she played piano; I led fellowship). After that weekend, I was hooked! We went on our first date toward the end of the first semester, and the rest is history! Children/Grandchildren: Ben (Morgan) 28; Zane, 26; Emma, 21. Grands: Baylor, 4; Eden, 2; Merit, 7 months.

What would people be surprised to know about you? We lived overseas twice, and both times found ourselves serving at Gordo FBC upon our return to the US. From Islamabad to Gordo and from Grand Cayman to Gordo!



September Birthdays

Jerry Junkin	9/01
Gerri Prentice	9/01
Jerry Humber	9/02
Dennis Crocker	9/03
Mary Nell Crook	9/07
Lawanda Hollyhand	9/09
Nathan Lemmon	9/09
Jerys Rucker	9/10
Calvin Jones	9/11
David Carroll	9/12
Becky Ingram	9/12
Linda Southern	9/12
Fran Wise	9/12
Joye Wright	9/14
Bill Walker Jr.	9/15
Peggy Dotson	9/16
David Lee	9/17
Catherine Walker	9/18
Missy Evans	9/19
Joe Box	9/20
Gail Clary	9/20
Fred Hahn	9/20
Bev Zemke	9/20
Bob Henderson	9/21
Billy Sharp	9/22
Glynn Smyly	9/22
Carol Espy	9/23
Tom Myers	9/24
Margaret Jones	9/25
Nelda Hughes	9/26
Peggy Tackentein	9/26
John Reed	9/27
Carol Woodruff	9/28
Romie Hoggle	9/29
Kristy Howell	9/29
Debra Cheek	9/30
Mary Ray	9/30
Nancy Woolbright	9/30





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721 Greensboro Avenue
Tuscaloosa, AL 35401

Return Service Requested.

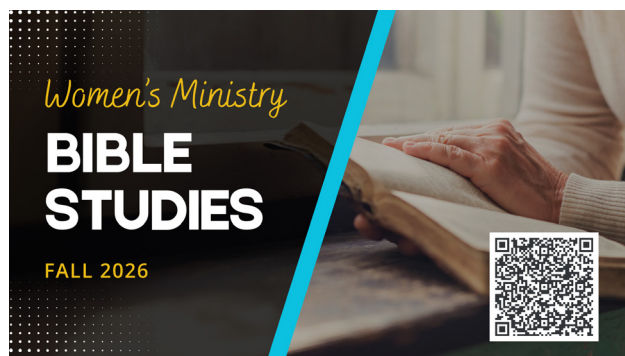
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Legacy Fitness

Legacy Fitness exercise classes meet Mondays at 2 p.m. and Wednesdays at 2:30 p.m. in Room MB236. The workout is not too rigid but covers all aspects of exercise, focusing on improved

flexibility and balance. Many class participants also either arrive early or stay after to walk the loop on the second floor of the Main Building and Family Ministry Building.



Sweet Dreams Pillowcase Workshop

Friday, September 25
9 a.m. - 12 p.m.
in Room FB300

Join us to make cheerful pillowcases for children receiving treatment in

Children's Hospital and other locations. We have camps for cancer patients and children's hospitals asking for pillowcases, but we need your help to meet these needs.

Alice's Mission Dresses Workshop

Friday, September 11
9 a.m. - 2 p.m.
in Room FB300

Drop by or stay the whole time as we prepare dresses for shoeboxes and mission trips. You do not have to sew! Help is also needed in ironing and folding.

Donations needed: Fabric donations or monetary donations to purchase fabric and supplies.

