

MAKE IT STICK

FEAR NOT LESSON 1

5 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON:

5 Simple Ways to Make This Week's Lesson Stick



IN THE CAR:

Ask your child what they learned about this week on the drive home:
When you accept Jesus into your heart, are you ever alone? No! God is with us! He promises never to leave us. Just like Elijah received God's help and was in His presence, God sends the Holy Spirit to be our helper. 1 Kings 19:3-18, The Lord Appears to Elijah



HANGING OUT:

Make this week's lesson real:
Ask your kid if they have ever felt alone before. When/where?
Ask your kid what they can do when they feel alone.



AT DINNER:

Here are some great discussion starters:
How did God show Elijah that He was with him?
How is God with us through His word (the Bible)? Hint: living breathing word of God.
How is God with us through the Holy Spirit and prayer?



AT BEDTIME:

Quiz your child on this week's memory verse:
"Turn all your worries over to him. He cares about you." 1 Peter 5:7



PARENT TIME:

What you need to know:
Loneliness shows up in many environments and situations. Home alone, bedtime, because of a move or relocation, in large crowds, during transitions, etc. No matter when your child feels most alone, you can remind them that God is with them all of the time and they are never alone. It's also important for our children to feel safe to talk about how they feel so we can pray with them and for them. Say a prayer with your child today at bedtime and ask God to reveal His presence to them this week.