

MAKE IT STICK

FEAR NOT LESSON 2

5 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON:

5 Simple Ways to Make This Week's Lesson Stick



IN THE CAR:

Ask your child what they learned about this week on the drive home: Why don't we have to fear the unknown, such as being in the dark? God is all-knowing and He has promised to be with us and help us through any challenge we face. He has also promised that He has a good plan for us! Jesus' light shines through the darkness when we put our trust in Him. John 1:1-14, The Word Became Flesh



HANGING OUT:

Make this week's lesson real: Ask your kid if there has ever been anything "unknown" to them that made them fear. (i.e. not knowing the future.) Ask your kid what Bible verses help them when they are afraid. If they don't know, point out a few suggestions. (1 Peter 5:7, Phil 4:6-7, Isaiah 26:3, Luke 12:25-31, etc.)



AT DINNER:

Here are some great discussion starters:
Why do you think God created light in the beginning?
What does Jesus' light do for us?
How can we shine like Jesus to others around us?



AT BEDTIME:

Quiz your child on this week's memory verse:
"Turn all your worries over to him. He cares about you." 1 Peter 5:7



PARENT TIME:

What you need to know:
Kids who are afraid of the dark are anxious about the unknown. When we put our faith in Jesus, He shines His light and helps us see what was once unknown to us! Just like shining a flashlight helps a kid see there is nothing to be afraid of. God is omnipotent and although we don't know everything, the way He does, God helps us make wise decisions when we follow Him. We no longer need to fear the unknown when we trust God. When your child is nervous about a future event or afraid of the unknown, say a prayer with them to help them remember that God is with them and God is all-knowing. He has a good plan for them, and He will carry your child through even the most difficult times ahead.