

MAKE IT STICK

FEAR NOT LESSON 3

5 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON:

5 Simple Ways to Make This Week's Lesson Stick



IN THE CAR:

Ask your child what they learned about this week on the drive home: What can we do when we hear bad news or have a difficult day? Remember God is with us, turn our worries over to Him, and trust God to help us through it. We can find rest and peace even in the midst of tough times because God is with us. Psalm 23, The Lord is My Shepherd



HANGING OUT:

Make this week's lesson real:
Ask your kid how their day is going.
Ask your kid what good things have happened this week. Ask, "Has anything bad happened? If so, how did it make you feel?"



AT DINNER:

Here are some great discussion starters:
Do the sheep trust their shepherd? In what ways do they display it in Psalm 23?
How can we rest in God the way the sheep rest?
Who is someone we can pray for this week that may be going through something hard?



AT BEDTIME:

Quiz your child on this week's memory verse:
"Turn all your worries over to him. He cares about you." 1 Peter 5:7



PARENT TIME:

What you need to know:
It's not fun to talk about the bad stuff in this world. Bad news can be scary. The good news is that Jesus is with us through it all. Help your child practice praying this week when difficult situations come up. The more we go to God with our worries, the stronger our faith becomes in Him and the more peace that we will have.