



Our God Is Faithful

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HOW CAN
I TRUST
GOD
WITH THE
OUTCOME?

The
POINT > God is always faithful to do what He says.

> 1 KINGS 17:8-16

⁸Then the word of the LORD came to him, ⁹“Arise, go to Zarephath, which belongs to Sidon, and dwell there. Behold, I have commanded a widow there to feed you.” ¹⁰So he arose and went to Zarephath. And when he came to the gate of the city, behold, a widow was there gathering sticks. And he called to her and said, “Bring me a little water in a vessel, that I may drink.” ¹¹And as she was going to bring it, he called to her and said, “Bring me a morsel of bread in your hand.” ¹²And she said, “As the LORD your God lives, I have nothing baked, only a handful of flour in a jar and a little oil in a jug. And now I am gathering a couple of sticks that I may go in and prepare it for myself and my son, that we may eat it and die.” ¹³And Elijah said to her, “Do not

fear; go and do as you have said. But first make me a little cake of it and bring it to me, and afterward make something for yourself and your son. ¹⁴For thus says the LORD, the God of Israel, “The jar of flour shall not be spent, and the jug of oil shall not be empty, until the day that the LORD sends rain upon the earth.” ¹⁵And she went and did as Elijah said. And she and he and her household ate for many days. ¹⁶The jar of flour was not spent, neither did the jug of oil become empty, according to the word of the LORD that he spoke by Elijah.



THE BIBLE MEETS LIFE

FACT:

Americans spend an average monthly cost of \$504 on groceries per household.¹



LEVELS OF BIBLICAL LEARNING // PEOPLE

Because of Jesus, we can live with joy regardless of the circumstances, as our joy is rooted in eternity.

I remember a time when my family was going through a financial struggle. Things felt tight and uncertain, and we were constantly wondering how the next need would be met. I was old enough to feel the stress but too young to do much about it. One day, out of the blue, someone from our church dropped off groceries at our door. We hadn't told anyone what was going on. It felt like God saw us and answered in a quiet, unexpected way.

In our story today, we see something similar happening through the story of Elijah and a widow. God sent Elijah to a woman who was down to her last handful of flour and oil. She was preparing for what she thought would be her final meal with her son. Then, Elijah showed up with a request and a promise: Bring him bread, and God says the flour and oil won't run out. It was a big ask of someone who was already running on empty. But the widow chose to trust. Her obedience opened the door for God's provision—not just for Elijah, but for the widow and her son too. This passage reminds us that even when we have very little, God is faithful to provide.

1 KINGS 17:8-11

1 When have you felt like you didn't have much to give, and what would it look like to trust God with what little you have?

2 If God can use a struggling widow in a desperate place, how could He work through you right where you are?



1 KINGS 17:15-16

6 What areas of your life might God be asking you to trust Him with before you see how it all works out?

1 KINGS 17:12-14

3 Why is it important that we trust God with the unknown?

4 What does it tell you about God that He knows what we need before we ask?

5 Would it have changed anything about the character of God if He provided in a different way? Why or why not?

7 How do you usually respond when being faithful doesn't feel big or exciting?

8 If faith is more about small daily steps than big moments, what's one simple way you can show trust in God this week?

Just because you don't see the full picture doesn't mean God isn't working. #BSFLStudentsOurGod



LIVE IT OUT



LEVELS OF BIBLICAL LEARNING // PEOPLE

Because of Jesus, we can live with joy regardless of the circumstances, as our joy is rooted in eternity.

I'm not a huge fan of the unknown. I tend to be a planner more than a go-with-the-flow type of guy. Why? Because I struggle with releasing control at times. Even the most energetic students with the "best ideas" may admit later, "I didn't think about that!" In this lesson, you will help students know and understand that they can trust God with the outcome because God is faithful to do what He says.

>CHRIST

9 Elijah and the widow both had to trust God in situations where resources were low and the outcome was unclear. Are there areas in your life that you know you would be uncomfortable trusting Jesus with? What are they?

10 God sustained life through a jar that never emptied and oil that never ran dry. How has God met a need in your life that you know He helped you with?

- GOD
- JESUS
- HOLY SPIRIT
- BIBLE
- SALVATION
- CREATION
- CHURCH

PEOPLE

- FAMILY
- COMMUNITY & WORLD

> COMMUNITY

11 How can you support others in difficult times, trusting that God provides for all our needs?



12 How can you not only receive from God but also actively share His provision with others who may be struggling?

> CULTURE

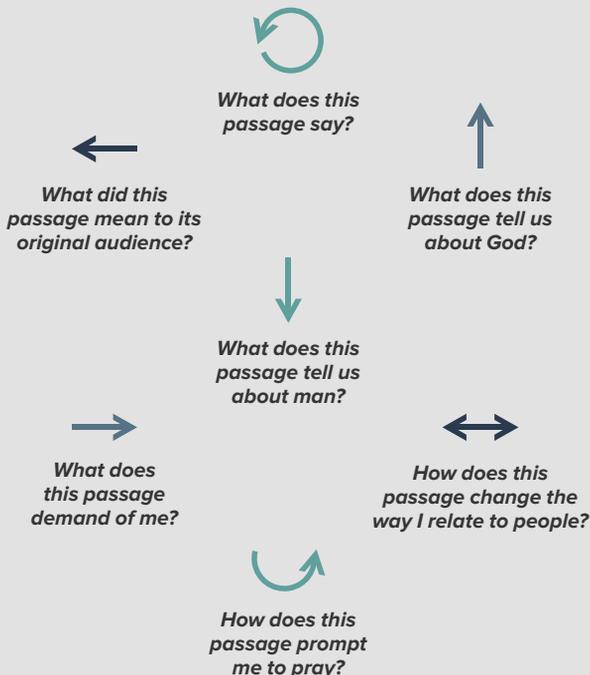
13 What are some ways you can learn to trust God's provision, even when you can't see how He's going to make it happen?

14 How can you shift your mindset from worrying about the future to fully trusting that God will take care of you in His perfect timing?

DAILY DEVOTIONS



The 7 Arrows of Bible Reading



Day One **PHILIPPIANS 4:19**

When life throws us a curveball and it feels like our resources are running dry and our circumstances seem impossible, it's easy to wonder if God truly sees our needs. Thankfully, we are reassured that our God is not limited by what we see or what we lack. We can each say with confidence that there have been seasons in our lives when the Lord's provision came in unexpected ways or through unlikely scenarios. God is always faithful, and He steps in to remind us He's got us and will take care of us.

When we are in seasons where all we see is scarcity, God sees it as an opportunity to reveal His providence in our lives. What we need to always remember is that the provision may not come in the way we expect it, but it always comes in the way we need it. Whether it's a physical, emotional, or spiritual need, we are encouraged to trust that God already knows and has already prepared what will carry us through. His supply is personal, timely, and rooted in the abundance found in Christ, which is the greatest plan we can count on.

- **What do you think it means that God will meet all your needs?**
- **How does knowing God takes care of you make you feel safe and secure?**

Day Two

MATTHEW 6:31-33



We are told to take life one day at a time. Some of us who like to plan try to take multiple days at a time. But for all of us, some days we weren't sure if we would get through the day we were in, and we weren't hopeful about tomorrow being any better. And yet Jesus calls us not to panic but to redirect our focus from anxiety to alignment—from chasing quick fixes to seeking the Provider. God knows the severity of our needs, but He assures us with confidence that we can trust everything else will fall into place. We're not to abandon everything but merely shift our gaze from the areas of lack and focus on God, the One who is faithful, generous, and attentive. The moment we put God's purposes ahead of our own fears and anxieties, we discover that His support often comes packaged in unexpected grace. The Lord knows how to help us at the right places and right times, just like He knows how to shape our hearts to handle the circumstances in the waiting. God's care is not just sufficient in allowing us to get by, but it's specific to us and our needs.

- **Why do you think Jesus tells us not to worry about what we will eat, drink, or wear?**
- **How can trusting God help us feel less worried about these things?**

Day Three

EXODUS 16:4

Sometimes God leads us into seasons of our lives where we must rely on Him. God's provision isn't just about meeting physical needs—it's about teaching us to trust Him in every situation. The instruction to gather only a day's portion wasn't because God couldn't provide more but because He wanted His people to look to Him daily. Each morning, they were invited to step outside in faith, believing that fresh mercy and provision would be waiting—enough for today, and just enough to keep their hearts dependent on Him.

This daily dependence on God challenges our desire for control and long-term security in the ways we try to set up and determine our own fates. However, a pattern develops out of this daily trust in God: wake up, trust God, repeat. In our hunger, He supplies. In our questions, He answers through consistent care for each of us specifically. The same God who sent bread from heaven now calls us to trust Him for our "daily bread" in every area of life, knowing that His provision is not only enough for us but that it's perfectly timed.

- **Why do you think God wanted the people to only gather enough bread for one day?**
- **How can trusting God each day help us grow stronger in our faith?**

Day Four

ISAIAH 41:10

Pressure is an interesting part of life that effects us all differently. Some of us thrive under it, and some of us don't like it. However, when we face overwhelming pressure and feel the weight of uncertainty pressing in, fear can quickly take hold. But the truth is that we are not alone in this process. In moments when strength fails and hope flickers, we are reminded that it is not our grip on God that sustains us but His grip on us. We have to realize once again that we are not in control but are in the position to trust God completely. He strengthens, helps, and upholds—not because we are strong, but because He is faithful.

God doesn't promise an easy life, but He does promise Himself. His presence silences fear, not by removing the challenge, but by anchoring us in His unshakable love and power. When we are too weak to stand, He upholds us. When our hearts are tempted to despair, He reminds us that He is our God, our help, and our strength. Whether we are facing external battles or inward doubts, His righteous right hand is steady, strong, and sure. We can endure the unknown because the One who holds us never lets go.

- **What do you think it means that God is with us and will help us when we are afraid?**
- **How does knowing God is by your side help you feel braver?**

Day Five

PSALM 146:7-9



Each one of us has our own desires for justice and meeting our needs. But when we live in a world where needs are many and justice often feels delayed, God reminds us He is not indifferent to suffering. He actively defends us by providing, healing, and lifting us up. His care reaches us when we feel unseen and overlooked. He knows when we are hungry and feel broken, imprisoned, and like an outsider. God's faithfulness is not abstract; it's practical, tangible, and personal. He steps into our human needs with divine love and compassion, showing that no situation is too small or hopeless for Him to handle. God is a refuge for those who feel vulnerable. Sometimes life can leave us feeling forgotten or pressed down, and that's when He comes close. His justice is not distant or delayed—it's and right when we need. Whether we find ourselves in a place of physical lack or emotional heaviness, we can trust that God sees, cares, and acts so that we can know He remains faithful in every struggle we face.

- **What does it tell you about God when He helps people who are hurting or in need?**
- **How can we show God's love by helping others?**