

Christian Marriage Assessment Questionnaire

Strengthening Your Marriage Through Communication, Intimacy, Finances, and QFaith

Matthew 18:19 GNT

"And I tell you more: whenever two of you on earth agree about anything you pray for, it will be done for you by my Father in heaven."

Husband: _____

Wife: _____

Date: _____

Facilitator/Counselor: _____

Introduction

This questionnaire is designed to help married couples identify strengths, challenges, and opportunities for growth in their marriage. Answer each question honestly and prayerfully.

Rating Scale

- 1 Strongly Disagree
- 2 Disagree
- 3 Neutral
- 4 Agree
- 5 Strongly Agree

Section 1: Communication

Key Scripture

Ephesians 4:29 (KJV)

"Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying."

Rate the Following

Statement	1	2	3	4	5
We communicate openly and honestly with one another.	☐	☐	☐	☐	☐
I feel heard and understood by my spouse.	☐	☐	☐	☐	☐
We discuss important decisions together.	☐	☐	☐	☐	☐
We can disagree respectfully without attacking each other.	☐	☐	☐	☐	☐
We apologize and forgive quickly after conflict.	☐	☐	☐	☐	☐
We spend quality time talking each day.	☐	☐	☐	☐	☐
My spouse knows my concerns, fears, and dreams.	☐	☐	☐	☐	☐

Statement	1	2	3	4	5
We avoid silent treatment, yelling, or disrespectful speech.	☐	☐	☐	☐	☐

Discussion Questions

1. What is one thing your spouse does well in communication?

2. What is one area where communication needs improvement?

3. What practical step can you take this week to improve communication?

Section 2: Sexual Intimacy

Key Scripture

1 Corinthians 7:3-5 (KJV)

"Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband."

Rate the Following

Statement	1	2	3	4	5
We openly discuss our sexual needs and expectations.	☐	☐	☐	☐	☐
I feel emotionally connected to my spouse.	☐	☐	☐	☐	☐
Physical affection is regularly expressed in our marriage.	☐	☐	☐	☐	☐
Our sexual relationship is satisfying and healthy.	☐	☐	☐	☐	☐
We respect each other's needs and feelings.	☐	☐	☐	☐	☐
We make intimacy a priority in our marriage.	☐	☐	☐	☐	☐
We avoid using intimacy as a weapon or punishment.	☐	☐	☐	☐	☐
We maintain faithfulness in thought and action.	☐	☐	☐	☐	☐

Discussion Questions

1. What helps you feel most loved by your spouse?

2. What obstacles currently affect intimacy in your marriage?

3. What changes could strengthen emotional and physical intimacy?

4. Are there unresolved hurts affecting your intimacy?

Section 3: Financial Stewardship

Key Scripture

Luke 16:10 (KJV)

"He that is faithful in that which is least is faithful also in much."

Rate the Following

Statement	1	2	3	4	5
We discuss financial matters openly.	☐	☐	☐	☐	☐
We have shared financial goals.	☐	☐	☐	☐	☐
We agree on major spending decisions.	☐	☐	☐	☐	☐
We maintain a budget or spending plan.	☐	☐	☐	☐	☐
We avoid hiding purchases or financial information.	☐	☐	☐	☐	☐
We work together as a team financially.	☐	☐	☐	☐	☐
We honor God through tithing and generosity.	☐	☐	☐	☐	☐
Financial stress rarely causes major conflict.	☐	☐	☐	☐	☐

Discussion Questions

1. What is your greatest financial concern?

2. What are your family's financial goals for the next year?

3. How can you improve financial teamwork?

4. What financial habits need improvement?

Section 4: Spiritual Unity (Religion and Faith)

Key Scripture

Joshua 24:15 (KJV)

"As for me and my house, we will serve the Lord."

Rate the Following

Statement	1	2	3	4	5
God is the center of our marriage.	☐	☐	☐	☐	☐
We pray together regularly.	☐	☐	☐	☐	☐
We attend church together consistently.	☐	☐	☐	☐	☐
We share similar spiritual values.	☐	☐	☐	☐	☐
We encourage each other's spiritual growth.	☐	☐	☐	☐	☐
We discuss biblical principles and spiritual matters.	☐	☐	☐	☐	☐
We model Christian values before our children and family.	☐	☐	☐	☐	☐
We seek God's guidance before major decisions.	☐	☐	☐	☐	☐

Discussion Questions

1. How would you describe the spiritual condition of your marriage?

2. What spiritual habits need strengthening?

3. How can your family grow closer to God?

4. What role should ministry and service have in your marriage?

Section 5: Trust and Commitment

Key Scripture

Proverbs 3:3-4 (KJV)

"Let not mercy and truth forsake thee: bind them about thy neck; write them upon the table of thine heart."

Rate the Following

Statement	1	2	3	4	5
I trust my spouse completely.	☐	☐	☐	☐	☐
My spouse is honest and transparent.	☐	☐	☐	☐	☐
We keep our commitments to one another.	☐	☐	☐	☐	☐
We protect our marriage from outside influences.	☐	☐	☐	☐	☐
We are committed to resolving issues rather than avoiding them.	☐	☐	☐	☐	☐

Statement	1	2	3	4	5
We feel secure in our relationship.	☐	☐	☐	☐	☐

Discussion Questions

1. What builds trust in your marriage?

2. What weakens trust in your marriage?

3. What can each spouse do to strengthen trust?

Marriage Health Evaluation

Our Greatest Strengths

Areas Needing Improvement

Three Goals for the Next 90 Days

Couple Commitment Prayer

Heavenly Father,

Thank You for the gift of marriage. Help us to communicate with love, honor one another in intimacy, steward our finances wisely, and keep You at the center of our home. Strengthen our commitment, deepen our love, and help us reflect Christ in our marriage. Give us wisdom to grow together and grace to overcome every challenge.

In Jesus' name, Amen.

Husband's Signature: _____

Wife's Signature: _____

Date: _____

Ecclesiastes 4:12 (KJV)

"And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken."