



NEWSTART

YOUR FIRST 50 DAYS WITH JESUS



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www.newstartdiscipleship.com



Welcome to the New Start Discipleship Journey!

Congratulations on starting this walk with Jesus!

A “disciple” is a “learner,” a follower of Jesus. We don’t primarily learn in order to know things about Jesus, but we learn in order to ACT as Jesus would act. As disciples, we literally aim to *become like Jesus* in every way that we can.

Here’s what you’ll find on each day of this journey:

- A daily Bible reading designed to give you a great overview of the Bible in your first 50 days as a disciple of Jesus.
- A daily Meditation Question, something to mull over in the back of your mind as you go through your day.
- A daily journal space to write down your thoughts, things you’re thankful for, prayer needs, or questions.
- A daily link to an encouraging, short video that explains that day’s Bible reading. (No video is over 5 minutes.)

To give you an example: You can use your phone to scan this QR code, which will take you straight to an intro video to this book:

Or you can type in your browser:

www.newstartdiscipleship.com/intro



A Big Success Hint

You need a mentor. Christianity is a *team sport*. It’s not a solo event. There’s just no place for a Lone Ranger style Christian life, where you single-handedly face every challenge and conquer every problem.

The truth is that if you want to succeed as a Christian, you need others who will walk with you. A mentor is someone more experienced and further along in their Christian walk than you are,



who can be a voice of advice and encouragement as you walk with Jesus.

It could be a pastor, or someone at a local church. I'd encourage you to do this:

- Contact someone and ask if they would be a mentor for you.
- Ask if you can contact them regularly with questions about your faith.
- Set yourself a reminder or alarm on your phone, so being in contact with other Christians can become a habit.

This is so important, that you'll see regular reminders in the daily journal pages to contact your mentor... or to get one if you haven't already!

So how do you start forming this new habit of spending time growing your life with Jesus?

How to Start a New Quiet Time Habit

Decide when: I'd recommend mornings, but sometimes lunch break or your commute, or just before bed works better for some people. Find a time slot that attaches to something you already do... maybe head for work 15 minutes early, and sit in the parking lot for your quiet time.

Decide where: Distraction is the enemy of quiet time with God. You'll need a place that's relatively free from interruption & distraction. Shut off the TV or radio, put your phone on silent, take a deep breath, and prepare to just be with God.

Gather what you'll need: I'd recommend an NIV or ESV Study Bible (or something similar), a good pen, and this notebook.

Decide How: I'd encourage you to get alone, take a deep breath, smile, and say "Thanks, God for this chance to meet with You. Use Your Word to speak to me today. I'm ready to listen." Then, just dive in.



If you'll do this same habit daily, here's what you'll discover:

- It might be tough at first. Maybe you won't be sure what to say when you pray, or a Scripture won't make sense. That's OK. Just focus on what you *do* understand. It will get easier.
- It will grow your spiritual life and change you – sometimes slowly, sometimes quickly.
- You'll get the most out of it, if you actually *use* the tool. Write down something, even if it seems simple or basic.
- You're building new habits, some new superhighways in your brain for new thoughts about God to travel on. Enjoy!

I look forward to hearing how God's changing your life!

Here's my contact info:



DAY 1

Scripture Reading: Luke 1-2, the Birth of Jesus

Video: www.newstartdiscipleship.com/day1

What I noticed in today's Scripture reading:



Questions I have about today's Scripture reading: *(hint: text or call a mentor to ask these questions!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father in Heaven, I praise you for being so great, and praise you for coming so near to us. Thank you for sending your Son Jesus to Earth to live as a real man. In your Word, you taught me that _____. Today, I choose to trust you and believe in Jesus. Today, I'm thankful for _____. Thanks for being so good to me. Please give me your help in these situations in my life: _____. I admit I need your help every moment today. I praise you that your strength is sufficient to help me be strong as a follower of Jesus. You are my King, forever and ever! Amen.

Question to meditate on today: If God was willing to send His only Son to save me, how committed is He to helping me make it as a Christian?



DAY 2

Scripture Reading: John 1:1-18, The Identity of Jesus

Video: www.newstartdiscipleship.com/day2

What I noticed in today's Scripture reading:



Questions I have about today's Scripture reading: *(Pro tip: Ask a mentor you trust about this!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father in Heaven, I praise you for showing me who Jesus really is, the eternal God who has always been! I praise you for sending him to live among us. In your Word, you taught me that _____. I put my faith in what you taught me. Today, I'm thankful for _____. Thanks for being so faithful to me. Please give me your help in these situations in my life: _____. I praise you that your Kingdom is forever, and I get to be a part of it. Today I surrender to your Kingship! Amen.

Question to meditate on today: What does it mean that Jesus is "the Word?"



DAY 3

Scripture Reading: Luke 4:14-44 - Jesus Begins His Ministry

Video: www.newstartdiscipleship.com/day3

What I noticed in today's Scripture reading:



Questions I have about today's Scripture reading: *(Take a moment & text a mentor to ask about these. If you don't have a mentor yet, think of someone you could ask.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father in Heaven, I praise you for making Jesus full of all your power and goodness! He has brought Good News to me and so many others. In your Word, you taught me that _____. I believe in Jesus today, and want to continue to follow Him. Today, I'm thankful for _____. Please give me your wisdom and strength in these situations in my life: _____. It's a great honor to follow you as King of Kings! Today I choose to follow the ways of Your Kingdom! Amen.

Question to meditate on today: What does it mean for me that Jesus has power over all evil & evil spirits?



DAY 4

Scripture Reading: Matthew 5-6, The Core of Jesus' Teaching

What I noticed in today's Scripture reading:

Questions I have about today's Scripture reading: *(Have you reached out to your mentor about these?)*

Today's Video:
www.newstartdiscipleship.com/day4



What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father in Heaven, I praise you for faithfully teaching me how to live the values of your Kingdom! In your Word, you taught me that _____. I believe in Jesus today, and want to continue to follow Him. Today, I'm thankful for _____. Please give me your wisdom and strength in these situations in my life: _____. It's a great honor to follow you as King of Kings! Today I choose to follow the ways of Your Kingdom! Amen.

Question to meditate on today: How can I live out the values of God's "upside down" Kingdom today?



DAY 5

Scripture Reading: John 3 God's Love for the World

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day5



Questions I have about today's Scripture reading: *(Share these with a wise mentor who's been walking with God for a long time.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, thank you that you love me, and all the world! I'm amazed that you would send your own Son as a sacrifice for sin. Today in your Word you showed me that _____. Today, I choose to live in the confidence that your love for me will never end. Please give me direction and wisdom for these situations in my life: _____. I praise you for being a Father who would give up his Son for me! Amen.

Question to meditate on today: How would I feel differently about the people in my life who are hardest to deal with – if I believed God loved and died for them?



DAY 6

Scripture Reading: John 5 – Jesus' Miracles and Authority

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day6



Questions I have about today's Scripture reading: *(Hopefully you'll share these with your mentor, or someone from your church.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father In Heaven, You are amazing, and I am amazed. I see the awesome, total authority that Jesus has over all things, and I love it. Today in your Word you showed me that _____. Forgive me for sometimes doubting your authority in the world around me, and help me to trust you for my life situations today, especially for these: _____. Thank you that you have all authority, and I choose to surrender and follow your lead today. Amen.

Question to meditate on today: If Jesus has authority to heal the lame man, where do I need to be healed? Are there places in my heart, mind, or body that need Jesus' touch?



DAY 7

Scripture Reading: John 11– Jesus’
Power over death

What I noticed in today’s Scripture
reading:

Watch today’s Video here:
www.newstartdiscipleship.com/day7



Questions I have about today’s Scripture reading: *(Trust me, you’ll do better with a mentor with whom you can share this journey!)*

What I’m thankful for today:

What I’m asking God to help me with today:

Prayer for today: Dear Father God, I’m still amazed at the ability Jesus has to do miracles – even raise the dead. You’ve done that in my life, and raised me from dead in sin to alive in Jesus. Today in your Word you showed me that _____. If you can do all that, you certainly can help me to have endurance and strength to make it through these things: _____. Thank you that you are still changing lives and raising the dead in sin to life in Christ, and you’ll raise us all again to life in Heaven someday. Amen.

Question to meditate on today: If Jesus can raise the spiritually dead to new life, who do I need to pray for today? Which cases seem impossible?



DAY 8

Scripture Reading: John 15– Staying Connected to Jesus

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day8



Questions I have about today's Scripture reading: *(You already know what I'm going to say, right? This mentor thing matters to me.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I praise you for being the source of my life and all the good in my life. I want to bear fruit in my life, fruit that is so different from my old life. Today in your Word you taught me that _____. Please help me to stay connected, and not drift away. I pray for none of these situations to take me away from you: _____. I choose today to fight for connectedness to you. Please help me to remember I can do nothing without you. Amen.

Question to meditate on today: What kind of "fruit" should I be bearing if I'm connected to Jesus? (Check out Galatians 5:22-23)



DAY 9

Scripture Reading: Matthew 26-27 – The Arrest and Crucifixion of Jesus

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day9



Questions I have about today's Scripture reading: *(We're past our first week. This is where most people start getting careless. But not if you're in regular contact with a mentor... you're getting stronger.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for the greatest shocking twist in history – that Jesus would die for me. Today in your Word you taught me that _____. I know He didn't deserve to die, but I did instead. Please help me to keep all these situations in my life in the perspective of the Cross: _____. I choose to surrender myself to die with Jesus, to die to myself, and live forever with him. Don't ever let me forget. I don't want to lose the wonder of the Cross! Amen.

Question to meditate on today: When Jesus died, the veil of the temple, which kept people out of the Most Holy Place in the Temple was torn in two. What does that mean for my life?



DAY 10

Scripture Reading: John 20, Luke 24 –
Jesus Rises from the dead

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day10



Questions I have about today's Scripture reading: *(Ahem. Have you
texted/called these questions to a mentor yet?)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for keeping your promises and raising Jesus from the dead. Today in your Word I learned that _____. I rejoice in the great victory that Jesus won over sin and death, and the Devil and the grave! Since Jesus is alive, I know he can help with these situations in my day: _____. Help me to always be glad in my Risen Savior, Jesus! Amen.

Question to meditate on today: Since Jesus has conquered the sin & the grave through his Cross & empty Tomb, how should my outlook on life change?



DAY 11

Scripture Reading: Acts 2 – The Coming of the Holy Spirit

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day11



Questions I have about today's Scripture reading: *(Don't forget. You know what about.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I honor you for your plan to pour out your Spirit on all your people. Thank you for the power over sin and boldness to witness that he brings. Today in your Word I learned that _____. I believe the Holy Spirit is within me today, and I ask that you help me to be full of Him. Please let me have his help in these areas of my life: _____. I surrender to the Holy Spirit's power to make me like Jesus, today! Amen.

Question to meditate on today: How can I have more of the Holy Spirit's influence & power in my life today? What is still left that I need to surrender to Him & His ownership?



DAY 12

Scripture Reading: Acts 9, 16-19 – The Conversion of Saul and His Ministry

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day12



Questions I have about today's Scripture reading: *(If you haven't reached out and found a mentor yet, it's not too late!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I praise you for saving even "hopeless cases" like Saul. Today in your Word I learned that _____. Help me to use the gifts I have, and the story I have to be a blessing to others. Help with these situations in my life right now: _____. Help me to always be glad in my Risen Savior, Jesus! Amen.

Question to meditate on today: Since Jesus has conquered the sin & the grave through his Cross & empty Tomb, how should my outlook on life change?



DAY 13

Scripture Reading: Acts 26 Paul's Story & Defense of Christianity

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day13



Questions I have about today's Scripture reading: *(If you don't have someone to share these with, email them to darrellstetler2@gmail.com.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, thank you for the great message of Jesus that your people have shared through the centuries. Today in your Word I learned that _____. Give me courage to share my story with those who need to hear it. Help with these situations in my life right now: _____. I don't want to ever be ashamed of the Gospel of Jesus Christ! Amen.

Question to meditate on today: How would I explain how I became a Christian to someone who didn't know? Do I have a clear story of my life before and after Jesus?



DAY 14

Scripture Reading: Romans 3 -
Justification By Faith Alone

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day14



Questions I have about today's Scripture reading: *(Don't be a Lone Ranger Christian... find a mentor to ride with you.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father God, Thank you that you have saved me, not by anything good I've done, but through faith in Jesus! Today in your Word I learned that _____. Please help me always remember these lessons, and help this Good News to give me encouragement with these situations: _____. I praise you for giving me faith to follow Jesus! Amen.

Question to meditate on today: How can God make us righteous by faith, even when we haven't done anything righteous?



DAY 15

Scripture Reading: Romans 7-8 The Battle with Sin; Life In the Spirit

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day15



Questions I have about today's Scripture reading: *(We're starting our 3rd full week – don't slack off in contacting your mentor!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I praise you for how the Holy Spirit helps us overcome our old nature. Today in your Word I learned that _____. Thank you that you haven't left us alone & helpless in this fight. Would you please help me fight this battle in these areas: _____. I praise you for being faithful to make me fully like Jesus! Amen.

Question to meditate on today: How can I start walking in the Spirit, and leave the path of the flesh today?



DAY 16

Scripture Reading: 1 Corinthians 13 -
The way of Love

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day16



Questions I have about today's Scripture reading: *(There's no such thing as a Rambo Christian who wins the battle all alone. Mentors!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, you're incredibly loving, and I praise you for it. Today in your Word I learned that _____. It's often hard to love others; please pour your love into my heart so I can. Especially help me to love others in these parts of my life today: _____. I praise you for way you've loved me, even when I haven't deserved it! Amen.

Question to meditate on today: What's the difference between real, godly love, and the "love" feelings that people & songs talk about?



DAY 17

Scripture Reading: Ephesians 4 – Unity
In Christ

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day17



Questions I have about today's Scripture reading: *(If you feel alone in this Christian journey, it's because you need others... like a mentor.)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I praise you for putting me in a spiritual family. Today in your Word I learned that _____. Thank you that I'm not alone, that you've put me under spiritual leaders. Please help me to be willing to reach out for help to others, so I can become mature in Jesus. I need help today with these things: _____. I praise you for the family of God! Amen.

Question to meditate on today: Is there anyone who has wronged me that I need to forgive like God forgave me?
(Ephesians 4:32)



DAY 18

Scripture Reading: Ephesians 5 – The Walk of a Christian

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day18



Questions I have about today's Scripture reading: *(To do well with your new walk, you'll need to have someone to walk with, to help give you advice!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father God, I praise you for a new path to walk that's so different from the road that I used to walk! Today in your Word I learned that _____. Give me courage to walk that road, and seek to be full of your Spirit, and make my family pleasing to you. I need your help to walk in new life in these areas especially: _____. I praise you for Christ's love for his church! Amen.

Question to meditate on today: Why does the Bible compare being drunk (vs. 18) to being filled with the Holy Spirit?



DAY 19

Scripture Reading: Ephesians 6 - The Armor of God

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day19



Questions I have about today's Scripture reading: *(The people who make it through the 50 days? Those who are not doing it alone!)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, you are so amazing and so powerful to protect me when I'm attacked. Today in your Word I learned that _____. Give me the wisdom to prepare for battles I know are coming, and the courage to stand! Especially help with these temptations: _____. I praise you that I can make it thru with complete victory over Satan & sin through Jesus! Amen.

Question to meditate on today: What does it mean to "put on" the armor of God? How can I get ready for my next battles before they come?



DAY 20

Scripture Reading: Philippians 1:18-2:18
- Christ's Example of Humility & Service

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day20



Questions I have about today's Scripture reading: *(Have you texted a mentor today? If you don't have one, email darrellstetler2@gmail.com)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I'm amazed at Jesus' willingness to humble himself to serve me in his death & Resurrection! Today in your Word I learned that _____. I need your help to have an attitude like Jesus. Especially give me wisdom to have a good attitude in these things: _____. I praise you for continuing to work on me! Amen.

Question to meditate on today: Is there any area in which my attitude is grumbling and complaining? How can I change that to gratitude & thanksgiving?



DAY 21

Scripture Reading: Colossians 3:1-17
Putting on the New Self

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day21



Questions I have about today's Scripture reading: *(I'm going to stop harping on this mentor thing, now that we are about to go into week 4. But it's still important. :)*

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father in Heaven, I praise you that Christ is seated in heaven, and I raise my mind to think on Him. Today in your Word I learned that _____. I ask for the grace to put on the "new self" and be more like Jesus. Some areas I really need your help with there are: _____. I praise you for Christ's new life in me! Amen.

Question to meditate on today: What does it mean that I died "with Christ?" How is my life "hidden with Christ in God?"



DAY 22

Scripture Reading: Hebrews 4:14-5:10
Jesus the Great High Priest

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day22



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Almighty God, I praise you for giving me Jesus as a “go-between” to bring me to you. Today in your Word I learned that _____. Help me to be patient with others like Jesus is with me, and to lead others in my family & friends toward you. Help with these situations in my life right now: _____. I praise you for understanding & loving me! Amen.

Question to meditate on today: What does it mean that Jesus was tempted in all the same ways I am, but did not sin?



DAY 23

Scripture Reading: James 1, 1 Peter 1 -
Pure Religion

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day23



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: My Creator and My Father, I praise you for giving practical guidance for my path. Today in your Word I learned that _____. Help me to walk with you today, and bless others in practical ways. I need your help to be joyful in these situations right now: _____. I praise you for the real joy that comes from knowing You! Amen.

Question to meditate on today: How can I “consider it pure joy” (James 1:2) when I am in trials and temptations? How does the testing of my faith produce perseverance? (James 1:3)



DAY 24

Scripture Reading: 1 John 4:7-21 - God is Love

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day24



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Loving Father, I praise you for your infinite, unstoppable love. Today in your Word I learned that _____. Take my heart, and fill it so full of your perfect love that it flows out in everything I do! Especially help me to be loving with these people: _____. Thank you for the evidence of your love in my life! Amen.

Question to meditate on today: If I'm secure in God's love, how does that help me love others, even when it's hard?



DAY 25

Scripture Reading: Revelation 21-22 -
The New Heavens & New Earth

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day25



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for preparing a place for me in the New Heavens and New Earth! Today in your Word I learned that _____. Please let me never forget, and always live with the values of the Heavenly Kingdom! Help me overcome these things to make it there: _____. Thank you for the eternal, never-dying hope that I have! Amen.

Question to meditate on today: How can I keep the New Heavens & New Earth more present in my thinking? How would my life & emotions change if I thought often of it?



DAY 26

Scripture Reading: Genesis 1:1-3:19 -
The Creation And Fall of Humanity

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day26



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Almighty God, My Creator and Father, I praise you for your creative Word that spoke everything into existence! Today in your Word I learned that _____. Help me to always be aware that I am made in your image. Help with these situations in my life right now: _____. I praise you for making a way for salvation, even in the face of sin! Amen.

Question to meditate on today: What does it mean that Satan will "bruise his heel" but Jesus will "crush [Satan's] head?"



DAY 27

Scripture Reading: Genesis 12, 15, 17, 21-22 – Abraham

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day27



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for revealing yourself to people like Abraham—and me-- by faith! Today in your Word I learned that _____. Please help me to always trust in you, even when your promises seem impossible. Help me especially believe you for these situations in my life right now: _____. I thank you for the answers to my prayers that you are going to send, even though I don't see it yet. Amen.

Question to meditate on today: Why would God ask Abraham to sacrifice the promised Son, Isaac? How is this like the way God deals with me in my life?



DAY 28

Scripture Reading: Genesis 24-25, 27, 32-33 – Isaac & Jacob

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day28



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for being faithful to your promises to all the Patriarchs – Abraham, Isaac and Jacob! Today in your Word I learned that _____. Please help me to be a person who walks with you by faith, even if I've failed. Help me especially with these situations in my life right now: _____. Thank you for patiently working with me, even when I'm not perfect! Amen.

Question to meditate on today: If God continued to work with Isaac and Jacob, with all their issues, how confident should I feel that He's still working on me?



DAY 29

Scripture Reading: Genesis 37, 39, 41-47 – Joseph’s Story

What I noticed in today’s Scripture reading:

Watch today’s Video here:
www.newstartdiscipleship.com/day29



Questions I have about today’s Scripture reading:

What I’m thankful for today:

What I’m asking God to help me with today:

Prayer for today: Gracious Father, I’m amazed at your blessing on Joseph’s life, even through hard things! Today in your Word I learned that _____. Please help me to have a heart willing to forgive like he did. Especially help me to be able to forgive & see your hand at work in these situations: _____. Thank you for the good you’re bringing through hard things in my life! Amen.

Question to meditate on today: “You meant it for evil, but God meant it for good...” Wow. In what situations in my life should I change my attitude to match that?



DAY 30

Scripture Reading: Exodus 1-6 - The Call of Moses

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day30



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Faithful Father, I praise you for raising up leaders like Moses to guide your people! Today in your Word I learned that _____. Please help me to trust in Jesus as my Deliverer like Moses, taking me to the Promised Land. Help me to trust your Word in these situations: _____. Thank you for the plan you're working out in my life! Amen.

Question to meditate on today: What does it mean that God is the "I AM" as he revealed to Moses?



DAY 31

Scripture Reading: Exodus 7-14 - Moses & Pharaoh

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day31



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father God, I praise you for showing your glory! You are not like the false gods of this world! Today in your Word You showed me that _____. Please help me to depend on you, not on the false idols of this world. Keep me trusting you in these areas: _____. Thank you for bringing me out of bondage & delivering me from sin! Amen.

Question to meditate on today: "Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today." (Ex. 14:13) Where do I need to stand firm in my life?



DAY 32

Scripture Reading: Exodus 20 – God’s Law

What I noticed in today’s Scripture reading:

Watch today’s Video here:
www.newstartdiscipleship.com/day32



Questions I have about today’s Scripture reading:

What I’m thankful for today:

What I’m asking God to help me with today:

Prayer for today: Our Father in Heaven, I praise you that you are the just and righteous Law-Giver! Today in your Word I learned that _____. Please help me keep and live out your holy Law through the power of the Holy Spirit. I especially need help in these areas: _____. Thank you for empowering me to keep you first, and love you most! Amen.

Question to meditate on today: “You shall have no other God’s before me...” Are there any things in my life that are rising up to challenge God for first place?



DAY 33

Scripture Reading: Joshua 1, Judges 1-2
- Cycles of Obedience to God

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day33



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Patient Father, thank you for your faithfulness, even to your people when they disobeyed! Today in your Word, you showed me that _____. Please help me to learn not to wander from your ways, and to accept it when you discipline me so I'll return. I accept your discipline in my life in these areas, as you teach me to do right: _____. Thank you that you're so faithful to teach me! Amen.

Question to meditate on today: Judges ends like this: "Every man did as he saw fit." (Judges 21:25) How is this like the world around me? How can I avoid that worldly mindset?



DAY 34

Scripture Reading: 1 Samuel 7-9, 15-17
The Fall of Saul

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day34



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: My Father & Keeper, I praise you for giving me a new heart and a new start! Today in your Word I learned that _____. Please don't let my heart become disobedient like Saul. Give me a heart that is ready to hear & obey, especially in these areas: _____. Thank you that you are keeping me from evil, and watching over me daily! Amen.

Question to meditate on today: How can I avoid the arrogance & disobedience that characterized Saul's later reign, and keep the humility he had at the beginning?



DAY 35

Scripture Reading: 2 Samuel 5, 7-9, 11-12 - Tales of David's Life

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day35



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Powerful Father, I am amazed at your great faithfulness to David! Today in your Word I learned that _____. Please help me to be a person "after God's own heart," like David was. Please make me bold to trust you in these areas, especially: _____. Thank you that you always stand with me to fight my battles! Amen.

Question to meditate on today: What victories has God given me over temptation & "giants" so far? What lessons can I learn? How can those victories strengthen my faith?



DAY 36

Scripture Reading: 1 Kings 2-3, 6, 11
Solomon's Reign

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day36



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father God, I worship you for the beauty of your character & wisdom! Today in your Word I learned that _____. I ask for your help, to see everything in my life from your perspective and make wise choices that honor you, especially in these situations: _____. Thank you for your amazing grace, that keeps me steady every day! Amen.

Question to meditate on today: How can I have a heart like Solomon's, to ask God for wisdom instead of riches & the things of this world? Do I really believe that wisdom is better?



DAY 37

Scripture Reading: 1 Kings 11:9-14:31 -
Dividing of the Kingdom

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day37



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you that you didn't take away your promises to David, even when his descendants didn't follow you! Today in your Word you showed me that _____. Please help me to not get distracted spiritually, and drift away from you. Especially keep me focused on you in these areas: _____. Thank you for the good you're working out even when others around me do wrong! Amen.

Question to meditate on today: If God promised David that he would always have an heir to reign (1 Kings 9:5), how did he keep that promise, even with a divided Kingdom of Israel/Judah?



DAY 38

Scripture Reading: 1 Kings 17-19 2
Kings 2, 4 - The prophets Elijah & Elisha

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day38



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Gracious Father, I praise you for people who have spoken your Word into my life like the prophets! Today in your Word I learned that _____. Please help me to have a heart that is quick to listen to spiritual leaders who bring a Word from you. I really need your help in these areas today: _____. Thank you for always having those who obey you, even during bad times! Amen.

Question to meditate on today: God answered Elijah's prayer for fire after only a few words, compared to hours for the false prophets. Should I be more confident God will answer prayer?



DAY 39

Scripture Reading: Job 1-2, 38-42 -
God's Hand in Suffering

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day39



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, you reign on the throne of the universe as the King Over All! You always do right, even when I hurt. Today in your Word I learned that _____. Please help me keep that perspective. Keep me faithful to you, and help me where I'm hurting most right now: _____. Thank you that your hand is present to keep me, even in suffering! Amen.

Question to meditate on today: Where am I most tempted to sin by "charging God with wrongdoing?" (see Job 1:22)



DAY 40

Scripture Reading: Day 40: Psalm 1, 23, 139 – Introduction to Psalms

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day40



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father God, I praise you for being the faithful Watcher, the Shepherd, the One Who Knows All Things. Today in your Word I learned that _____. Please help me to know you better and better each day. Help me trust you as my Shepherd who meets my needs, especially: _____. Thank you that you know me perfectly and love me infinitely! Amen.

Question to meditate on today: Since "Surely your goodness and love will follow me all the days of my life" is true, how should I feel about today?



DAY 41

Scripture Reading: Psalms 22, 38, 51 -
Psalms for the Suffering & Sinful

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day41



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Dear Heavenly Father, thank You for including these Psalms in Your Word. Life isn't always a bed of roses, and it's good to read an appropriate response from Your Word. Today in Your Word You showed me that _____. No matter what is going on in my life, whether circumstances beyond my control or even if I've sinned, I can and should always turn to You in prayer. Right now, I turn to You with these issues: _____. I ask that You would create in me a clean heart and help me to remember to turn to You no matter what. Amen.

Question to meditate on today: Is it harder to turn to God when I'm suffering or I've sinned? Why or why not?



DAY 42

Scripture Reading: Proverbs 3,5,7, 16, & 31 – Following Wisdom

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day42



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: God, thank You for Your wisdom that You make available to me if I just ask. Today in Your Word You showed me that _____. Help me to trust You with all my heart, not lean on my own understanding, and acknowledge You in everything. I ask that You would help me trust You specifically in these areas: _____. There is so much I don't know, and need to learn. I'm grateful that if I continue to keep my focus and trust on You that You promise to give me clear direction. Amen.

Question to meditate on today: In what areas of my life do I need to trust God more fully?



DAY 43

Scripture Reading: Jeremiah 11-12,
31:31-40 The Covenant Broken & The
New Covenant

What I noticed in today's Scripture
reading:

Questions I have about today's Scripture
reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Watch today's Video here:
www.newstartdiscipleship.com/day43



Prayer for today: Father, thank You for being so patient, kind and loving. Today in Your Word You showed me that _____. Even though Judah was wicked, you were gracious and gave them 40 years to repent. It reminds me of Your patience and mercy in my life. Help me to be patient and merciful in these areas: _____. Thank You for giving me the grace that I needed to see the truth about myself and about Your Word. Amen.

Question to meditate on today: Are there people in my life that I have “written off?” Do I need to be more patient and better reflect the love that God has shown me?



DAY 44

Scripture Reading: Jeremiah 23:1-6,
Isaiah 9:6-7, Isaiah 53

What I noticed in today's Scripture
reading:

Watch today's Video here:
www.newstartdiscipleship.com/day44



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Dear Heavenly Father, thank You for sending Jesus to save me! You had a plan from the very beginning of time to rescue me from the consequences of my sin, and You were faithful to give Your people hope through prophets like Isaiah and Jeremiah. Today in Your Word You showed me that _____. Thank You for binding up my broken heart and setting me free! I'm amazed how much You care about me! Today, I'm asking for Your help in these areas: _____. I want to live my life as a sacrifice of praise to You because of all that You have done for me! Amen.

Question to meditate on today: What would change about my life if I always remembered that the King of Kings died for me?



DAY 45

Scripture Reading: Jonah 1-4 - The Story of Jonah

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day45



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Heavenly Father, I praise You for Your grace and mercy! You are not willing that any should perish! Today in Your Word You showed me that _____. I don't ever want to run in the opposite direction of what You are calling me to do... even if it's difficult. Help me to completely surrender to You in these areas: _____. Forgive me for times that I have resisted things that You have asked me to do. Give me the grace and courage to follow You in wholehearted obedience. Amen.

Question to meditate on today: Am I resisting God on anything that He is asking me to do? Do I have races or people groups that I don't care about as much as I do my own?



DAY 46

Scripture Reading: Daniel 1-3 -- The Exile in Babylon

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day46



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I praise you for the truth of Your Word. Today in Your Word You showed me that _____. Help me to be courageous enough to take a stand for Your Truth even if I stand alone. You were with those men even in the fire! Please walk alongside me and help me in these situations: _____. I believe in Your Word and in what You have done in my life. Give me the strength to always stand on the truth of Your Word regardless of what everyone around me is doing. Amen.

Question to meditate on today: When can I take the opportunity to stand for the truth of God's Word today?



DAY 47

Scripture Reading: Daniel 4-6 – The story of Daniel

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day47



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, It's amazing that You are always with me no matter where I am. Today in Your Word You showed me that _____. I want to be bold and unashamed about knowing You, everywhere I go. You gave Daniel great courage in scary situations, so I'm trusting You to help me in these situations: _____. Thank You that You will give me wisdom and direction if I just ask. Please give me the strength to minister and be a blessing to others even in the most unfriendly circumstances. Amen.

Question to meditate on today: In what areas of my life do I need to trust God to protect me like he did for Daniel?



DAY 48

Scripture Reading: Nehemiah 1-2, 8-9 –
The Return of God's People

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day48



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Dear Heavenly Father, I am amazed at what can be accomplished through Your power. Today in Your Word You showed me that _____. I want to influence others to follow You like Nehemiah. If you could help Nehemiah accomplish such an impossible task, then I'm confident that You can help me with these things: _____. Thank You for Your power and that You make it available to me through prayer. Help me accomplish great things for Your glory. Amen.

Question to meditate on today: Are there things in my life that need to be rebuilt but seem impossible? What are they?



DAY 49

Scripture Reading: Esther 1-8 -- The Story of Esther

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day49



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today: Father, I'm so thankful that You have a plan for my life. You are preparing me for that plan, and I want to be submissive to Your leadership. Today in Your Word You showed me that _____. Forgive me for times that I've complained about unfair circumstances in my life instead of seeing them as opportunities to serve You. Today, I'm thinking about these difficult circumstances in my life: _____. I want You to receive glory through my life...even during the hard times. Thank You that You will never leave me or forsake me. Amen.

Question to meditate on today: Esther knew she was in Persia for "such a time as this." (Esther 4:14) For what tough situations has God brought me to this place & time?



DAY 50

Scripture Reading: Malachi 1-4 – The Final Words of the Old Testament

What I noticed in today's Scripture reading:

Watch today's Video here:
www.newstartdiscipleship.com/day50



Questions I have about today's Scripture reading:

What I'm thankful for today:

What I'm asking God to help me with today:

Prayer for today:

Heavenly Father, You are holy, and I worship You in Your holiness. You don't want empty religious rituals, and I don't either! Today in Your Word You showed me that _____. Forgive me for times that my worship has been empty or fake. I want to be real! Today, I'm especially grateful for these attributes of Your character: _____. Thank You that You are a holy & merciful God, and You want to be close to me! Amen.

Question to meditate on today: Am I ever careless in my attitude toward God like the Jews had become? Are there aspects of my worship where I need to be more intentional?



CONGRATULATIONS!!!!

You made it through the 50 days!

We covered:

- A survey of the Bible.
- Learning how to make prayer “the Conversation”
- Learning to make a daily habit of thanksgiving.

Watch this video for “what’s next”:

www.newstartdiscipleship.com/congratulations



For more resources that build on what you’ve learned here, check out www.comeafterme.com and www.40daysofholiness.com

If you are not involved in a church in your location, email darrellstetler2@gmail.com, and I may be able to help you find a great, Bible-believing church in your area!

Thanks,

A handwritten signature in black ink that reads "Darrell L. Stetler II".

Darrell L. Stetler II
Oklahoma City, OK

