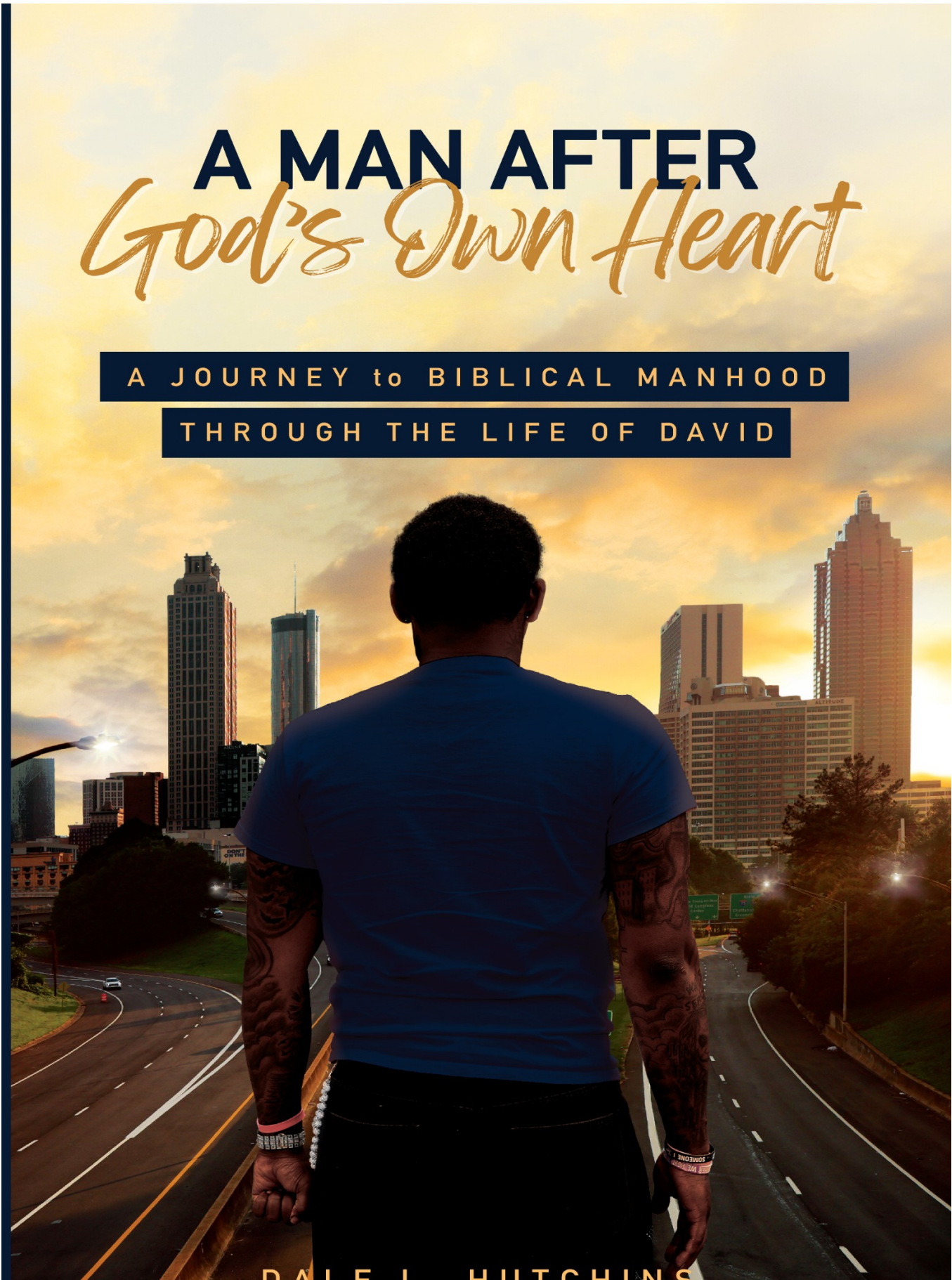


A MAN AFTER *God's Own Heart*

A JOURNEY to BIBLICAL MANHOOD
THROUGH THE LIFE OF DAVID



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Discipleship Guide

This is more than a discussion guide. It is a 17-week journey of becoming the man God created you to be. Each week, you will read Scripture, discuss biblical truth, reflect honestly, memorize God's Word, and complete an "Iron Sharpens Iron Challenge." Transformation happens when God's truth moves from your head to your heart and then into your daily life.

How to Use This Guide

This guide is designed to help you move beyond simply reading about biblical manhood to living it. Whether you use it on your own, with an accountability partner, or in a small group, the goal is transformation—not merely information.

1. Read the Assigned Chapter. Before each meeting, read the corresponding chapter in A Man After God's Own Heart.
2. Pray First. Ask God to give you a teachable heart and reveal where He wants you to grow.
3. Participate Honestly. Answer the questions with humility, listen carefully, and encourage one another. Growth happens through honest conversations.

4. Complete the Iron Sharpens Iron Challenge. Put God's Word into practice during the week. Obedience is where lasting change takes place.

5. Memorize the Weekly Scripture. Hide God's Word in your heart and return to it throughout the week.
6. Stay Accountable. Connect with your accountability partner, pray together, and encourage one another between meetings.
7. Pray Daily. Pray for the men in your group and ask God to make each of you more like Christ.

Remember: This is not a race to finish a workbook. It is a journey of becoming the man God created you to be. Come each week with an open Bible, an open heart, and a willingness to obey whatever God teaches you.

A Word to Group Leaders

Thank you for helping other men grow in Christ. You do not have to be a professional teacher or have every answer. Your primary responsibility is to create a safe, Scripture-centered environment where men can be honest, encourage one another, and respond to God in obedience.

Prepare Prayerfully. Read the assigned chapter and lesson before the meeting. Ask God to make you teachable and to show you what your group needs.

Guide—Do Not Dominate. This guide is designed for discussion, not a weekly lecture. Ask the questions, listen well, and allow every man an opportunity to participate.

Protect Confidentiality. Remind the group that personal stories and struggles shared in the room should remain in the room. Trust is essential for honest growth.

Lead with Grace and Truth. Never excuse sin, but never use shame as a tool. Point men toward repentance, restoration, and the hope found in Jesus Christ.

Do Not Force Vulnerability. Invite honesty without pressuring anyone to disclose more than he is ready to share. Some conversations may be better handled privately.

Keep the Group Focused. Begin and end on time. You do not have to cover every question. Give priority to Scripture, meaningful discussion, prayer, and practical application.

Encourage Accountability. Help the men connect between meetings, complete the weekly challenge, memorize Scripture, and pray for one another.

Know When to Seek Help. If a man shares a serious crisis, threat of harm, abuse, addiction, or another matter beyond the group's ability to address, involve an appropriate pastor, counselor, or qualified professional.

Your Goal: You are not trying to produce men who merely know more about David. You are helping men become more like Jesus—faithful, humble, courageous, accountable, and fully surrendered to God.

Before each meeting, pray: "Lord, make us teachable."

Week 1

Faithfulness Begins in Obscurity

Theme

God prepares us in private before He uses us in public.

Key Scripture

1 Samuel 16:1–13

"...For the LORD sees not as man sees man looks on the outward appearance, but the LORD looks on the heart."

1 Samuel 16:7 (ESV)

This Week's Big Idea

Before David ever wore a crown, he carried a shepherd's staff.

Before he stood before a giant, he stood faithfully in the fields.

Before people knew his name, God knew his heart.

The world celebrates public success, but God develops men in private. Character is not built on the stage—it is formed in the quiet places where no one is watching. David's journey reminds us that faithfulness in the small things is God's preparation for greater responsibilities.

Never underestimate what God is doing in seasons when you feel unnoticed. Those hidden moments may be the most important part of your journey.

Iron Sharpens Iron Icebreaker

Tell the group about your very first job.

What did it teach you about responsibility?

Dig Into God's Word

Read **1 Samuel 16:1–13** together.

Discussion

1. Why do you think God chose David instead of his older brothers?

2. What does God's statement, "The LORD looks on the heart," teach us about how He evaluates people?

3. Why is it often difficult to remain faithful when no one notices your efforts?

4. What "hidden fields" has God used in your life to prepare you for something greater?

5. In what ways does our culture define manhood differently than God does?

6. Where is God asking you to be faithful right now, even if no one else sees it?

Dig Deeper

Read these passages during the week.

- Luke 16:10
- Colossians 3:23–24
- Proverbs 4:23
- Matthew 25:21

What common theme do you see in these passages?

Personal Reflection

Take a few quiet moments with the Lord.

What spoke to your heart this week?

What area of your life needs greater faithfulness?

Write one prayer asking God to shape your heart.



Iron Sharpens Iron Challenge

This week, intentionally choose one act of faithfulness that no one may ever notice.

Examples:

- Spend fifteen uninterrupted minutes with God each morning.
- Pray for someone every day without telling them.
- Perform an anonymous act of kindness.
- Read one chapter of Scripture before looking at your phone.
- Serve someone without expecting recognition.

At next week's meeting, share what you learned about serving God when no one else was watching.

Memory Verse

1 Samuel 16:7

"...For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart."

Commit this verse to memory before next week's meeting.

This Week's Prayer

Father,

Thank You for reminding me that You see what others cannot.

Teach me to be faithful in the ordinary moments of life. Shape my character when no one is watching. Help me to seek Your approval above the applause of people.

Create in me a heart that desires obedience more than recognition. Prepare me in the hidden places so that my life will honor You wherever You choose to use me.

May I become the man You created me to be—faithful, humble, and devoted to You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that biblical manhood begins long before anyone recognizes it. Encourage honest conversation about seasons when they have felt overlooked, discouraged, or forgotten. Remind the group that God often does His greatest work in the hidden places of life.

Key Takeaway

Character is built before it is revealed.

Encourage each man to take the Iron Sharpens Iron Challenge seriously and begin next week's meeting by sharing how God worked through their act of quiet faithfulness.

"Before Next Week"

- ✓ Memorize the Scripture.

✓ Complete the Iron Sharpens Iron Challenge.

- ✓ Pray daily for the men in your group.
- ✓ Come prepared to encourage someone.

Week 2

Identity Comes from God

Theme

Your identity is determined by who God says you are—not by the opinions of others or the comparisons you make.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, accountability is not about guilt—it is about growth.

Key Scripture

1 Samuel 17:28–37

"The LORD who delivered me from the paw of the lion and from the paw of the bear will deliver me from the hand of this Philistine."

1 Samuel 17:37 (ESV)

This Week's Big Idea

Before David ever defeated Goliath, he had already settled a much bigger question:

Who am I?

David wasn't trying to prove himself to his brothers, King Saul, or the army of Israel. His confidence wasn't rooted in his size, his experience, or the approval of others. It was rooted in the God who had faithfully prepared him.

Our culture constantly pressures men to find their identity in success, income, popularity, athletic ability, career, or accomplishments. But those things change. Titles fade. Careers end. People disappoint.

A man after God's own heart finds his identity in one unchanging truth:

He belongs to God.

When you know who you are in Christ, you no longer have to prove yourself to everyone else.

Iron Sharpens Iron Icebreaker

Who has had the greatest influence on your understanding of what it means to be a man?

How did that person shape your life?

Dig Into God's Word

Read **1 Samuel 17:28–37** together.

Discussion

1. Why do you think David refused to let his brothers' criticism stop him?

2. Where did David's confidence come from?

3. How does our culture encourage men to find their identity in the wrong places?

4. What voices most influence your view of yourself?

5. Have you ever struggled with comparison? What did God teach you through that experience?

6. How would your life change if your confidence came completely from God instead of the approval of other people?

Dig Deeper

Read these passages during the week:

- Psalm 139:13–18
- Ephesians 2:10
- Galatians 2:20
- Colossians 3:1–4

Reflection

What do these passages teach about your identity in Christ?

Personal Reflection

Where have I been looking for my identity instead of looking to God?

What is one lie I need to replace with God's truth this week?

Write a short prayer asking God to strengthen your identity in Him.

Iron Sharpens Iron Challenge

This week, intentionally encourage another man.

Call him.

Take him to lunch.

Send him a text.

Write him a note.

Tell him one Christlike quality you see in his life.

Help another man find his identity in Christ instead of the world's approval.

Come prepared next week to share how God used that conversation.

Memory Verse

1 Samuel 17:37

"The LORD who delivered me from the paw of the lion and from the paw of the bear will deliver me from the hand of this Philistine."

Commit this verse to memory before next week's meeting.

This Week's Prayer

Father,

Thank You for calling me Your child.

Forgive me for the times I have looked to success, approval, or comparison to define my worth.

Help me find my confidence in You alone.

Teach me to see myself through Your eyes and to encourage other men to do the same.

May my identity be rooted in Christ and not in the changing opinions of the world.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men recognize that lasting confidence comes from knowing who they are in God rather than seeking approval from others. Encourage honest discussion about comparison, insecurity, and the pressure to meet the world's expectations of manhood.

Key Takeaway

When your identity is rooted in God, you no longer have to prove yourself to everyone else.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **1 Samuel 17:37**
- ✓ Read Chapter 3
- ✓ Pray daily for the men in your group
- ✓ Reach out to one man in the group to encourage him during the week
- ✓ Come prepared to share what God taught you

Week 3

Courage Rooted in God

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, every step of obedience is another opportunity for God to grow your faith.

Key Scripture

1 Samuel 17:31–50

"The battle is the LORD'S, and He will give you into our hand."

1 Samuel 17:47 (ESV)

This Week's Big Idea

When David walked toward Goliath, he wasn't pretending the giant wasn't real.

He simply believed God was greater.

Everyone else saw the size of the giant.

David remembered the size of his God.

Real courage is not pretending you're fearless.

Real courage is trusting God enough to obey Him even when your knees are shaking.

Every man will face giants.

Some are obvious.

Others are hidden.

Fear.

Temptation.

Financial pressure.

Broken relationships.

Health struggles.

Disappointment.

The question isn't whether you'll face giants.

The question is whether you'll trust God enough to face them.

Iron Sharpens Iron Icebreaker

Tell us about a time when you were afraid to do something—but did it anyway.

What happened?

Dig Into God's Word

Read **1 Samuel 17:31–50** together.

Discussion

1. Why was David able to see the situation differently than the rest of Israel's army?

2. What gave David confidence to face Goliath?

3. What "giants" are men facing today that may not be physical battles?

4. What fears most often keep you from obeying God?

5. How has God proven Himself faithful in your past? How can remembering those victories strengthen your faith today?

6. What giant is God asking you to face instead of avoid?

Dig Deeper

Read these passages during the week:

- Joshua 1:9
- Psalm 27:1–3
- Isaiah 41:10
- 2 Timothy 1:7

Reflection

What do these passages teach about the relationship between fear and faith?

Personal Reflection

What fear has been limiting my obedience?

What promise from God's Word do I need to trust this week?

Write a prayer asking God to replace fear with faith.

Iron Sharpens Iron Challenge

This week, identify one area where fear has been keeping you from obeying God.

Take one intentional step of faith.

It might be:

- Sharing your faith with someone.
- Having a difficult but loving conversation.
- Asking someone for forgiveness.
- Beginning a ministry opportunity.
- Trusting God in a financial decision.
- Standing for biblical truth with humility and courage.

Write down your step of faith.

Then tell another man in your group so he can pray for you and hold you accountable.

Come prepared next week to share what God taught you.

Memory Verse

1 Samuel 17:47

"The battle is the LORD'S, and He will give you into our hand."

Commit this verse to memory before next week's meeting.

This Week's Prayer

Father,

Thank You for reminding me that I never face life's battles alone.

Forgive me for the times I have allowed fear to keep me from obeying You.

Help me remember Your faithfulness in the past so I can trust You with my future.

Give me courage to face the giants before me, knowing that the battle belongs to You.

May my confidence rest not in my own strength, but in Your power and Your promises.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that courage is not self-confidence—it is God-confidence. Encourage honest discussion about fear, reminding the group that every man battles fear in different ways. Create an atmosphere where vulnerability is welcomed and men can pray specifically for one another's "giants."

Key Takeaway

Courage grows when we remember God's faithfulness and choose obedience over fear.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **1 Samuel 17:47**
- ✓ Read Chapter 4
- ✓ Pray daily for the men in your group
- ✓ Contact your accountability partner this week and pray together
- ✓ Come prepared to share how God helped you face your "giant"

Week 4

Serving Under Pressure

Theme

Integrity is choosing to do what is right even when no one is watching and even when it costs you something.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, growth happens one step of obedience at a time.

Key Scripture

1 Samuel 24:1–22

"The LORD forbid that I should do this thing to my lord, the LORD'S anointed."

1 Samuel 24:6 (ESV)

This Week's Big Idea

Integrity is revealed when no one would blame you for taking the easy way out.

David had every opportunity to kill Saul.

His men encouraged him.

The circumstances seemed perfect.

Most people would have justified it.

But David refused.

Why?

Because he cared more about honoring God than advancing himself.

That is biblical integrity.

Integrity isn't about doing what's convenient.

It's about doing what's right—even when it costs you.

Iron Sharpens Iron Icebreaker

Tell us about someone whose integrity has earned your respect.

What made that person trustworthy?

Dig Into God's Word

Read **1 Samuel 24:1–22** together.

Discussion

1. Why do you think David refused to kill Saul even though he had the opportunity?

2. How do circumstances sometimes tempt us to justify wrong decisions?

3. Why is integrity often tested when no one else is watching?

4. In today's culture, where do men face the greatest temptations to compromise their integrity?

5. What area of your life currently requires courage to choose integrity over convenience?

6. How does fearing God help us make better decisions than fearing people?

Dig Deeper

Read these passages during the week:

- Proverbs 10:9
- Proverbs 11:3
- Psalm 15:1–5
- Luke 16:10

Reflection

What do these passages teach about integrity?

Personal Reflection

Where am I most tempted to compromise my integrity?

Is there an area where my private life and public life don't match?

Write a prayer asking God to strengthen your integrity.

Iron Sharpens Iron Challenge

This week, identify one area where you've been tempted to compromise.

Choose obedience instead.

It might involve:

- Being completely honest in a difficult conversation.
- Refusing to participate in gossip.
- Keeping a commitment even when it's inconvenient.
- Honoring God with your finances.
- Walking away from a temptation.

Tell your accountability partner which area you've chosen.

Ask him to pray for you during the week.

Come prepared next week to share how God strengthened your integrity.

Memory Verse

Proverbs 10:9

"Whoever walks in integrity walks securely, but he who makes his ways crooked will be found out."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, pair up with another man.

Share your answer to these questions:

What is one specific step of obedience God is asking you to take this week?

How can I pray for you this week?

When will we check in with one another before next week's meeting?

Make a commitment to contact one another before the next meeting.

Pray together before leaving.

This Week's Prayer

Father,

Thank You for showing me that integrity is not measured by what others see, but by what You see.

Help me choose obedience over convenience.

Give me courage to honor You even when no one else knows the decision I must make.

Make my private life reflect my public testimony.

May I become a man whose character points others to Christ.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that integrity is built one decision at a time. Encourage honest discussion about areas of temptation without creating an atmosphere of shame. Emphasize God's grace and the importance of accountability.

Key Takeaway

Integrity is choosing God's approval over personal advantage.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Proverbs 10:9**
- ✓ Read Chapter 5
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Ask one person, "How can I pray for you this week?"
- ✓ Come prepared to share what God taught you

Week 5

The Wilderness Years

Theme

The wilderness is not God's way of abandoning you—it is often His way of preparing you.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, God often grows us through simple acts of obedience.

Key Scripture

1 Samuel 22:1–5

"David departed from there and escaped to the cave of Adullam..."

1 Samuel 22:1 (ESV)

This Week's Big Idea

No man wants to live in the wilderness.

It is lonely.

Uncomfortable.

Uncertain.

Yet throughout Scripture, God often does His greatest work in places we would never choose for ourselves.

David didn't become the man God called him to be while sitting on the throne.

He became that man while hiding in caves.

The wilderness stripped away his self-reliance, taught him to trust God, and prepared him for the responsibilities that lay ahead.

Sometimes God leads us into difficult seasons—not to punish us, but to prepare us.

If you're walking through a wilderness today, remember this:

God is not absent. He is at work.

Iron Sharpens Iron Icebreaker

Looking back over your life, what is one difficult season that God eventually used for good?

What did He teach you through it?

Dig Into God's Word

Read **1 Samuel 22:1–5** together.

Discussion

1. Why do you think God allowed David to spend so much time in the wilderness before becoming king?

2. What do we learn about God during difficult seasons that we often don't learn during times of comfort?

3. How did the cave prepare David to become a better leader?

4. What "wilderness" are you currently walking through?

5. Why do men often try to escape difficult seasons instead of allowing God to work through them?

6. How can this group encourage one another during seasons of waiting and uncertainty?

Dig Deeper

Read these passages during the week:

- James 1:2–4
- Romans 5:3–5
- Psalm 46:1–3
- Isaiah 43:2

Reflection

What do these passages teach about God's purpose in trials?

Personal Reflection

What wilderness season has shaped my faith the most?

What might God be teaching me in my current season?

Write a prayer asking God to help you trust Him while you wait.

Iron Sharpens Iron Challenge

This week, spend **thirty uninterrupted minutes alone with God.**

No phone.

No television.

No music.

Just you, your Bible, and the Lord.

Read **Psalms 27** slowly.

Write down three things God teaches you about trusting Him.

Then share one of those lessons with your accountability partner before next week's meeting.

Memory Verse

James 1:2–3

"Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What wilderness season are you walking through right now?

What is one step of faith God is asking you to take this week?

How can I pray specifically for you this week?

When will we connect before next week's meeting?

Pray together before leaving.

This Week's Prayer

Father,

Thank You for reminding me that You are present even in the wilderness.

Forgive me for the times I have questioned Your purpose or doubted Your goodness during difficult seasons.

Teach me to trust You when I cannot see the path ahead.

Use every trial to deepen my faith, strengthen my character, and draw me closer to You.

Help me remember that You are preparing me for what lies ahead, even when I don't understand what You're doing today.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that difficult seasons are not evidence of God's absence but often signs of His preparation. Encourage vulnerability as men share current struggles, and remind the group that everyone experiences wilderness seasons.

Be especially attentive to anyone who may be walking through grief, job loss, health challenges, or family struggles. Allow time for the group to pray specifically for one another.

Key Takeaway

God prepares us in the wilderness before He uses us in the palace.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **James 1:2–3**
- ✓ Read Chapter 6
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Encourage someone who is walking through a difficult season
- ✓ Come prepared to share what God taught you during your thirty minutes alone with Him

Week 6

Power Restrained

Theme

True strength is not found in getting your own way—it is found in surrendering your power to God's control.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share what God taught you during your time alone with Him.

Celebrate victories.

Encourage one another.

Pray for anyone who is still walking through a wilderness season.

Remember, God often does His deepest work in quiet moments of obedience.

Key Scripture

1 Samuel 26:7–12

"The LORD forbid that I should put out my hand against the LORD'S anointed."

1 Samuel 26:11 (ESV)

This Week's Big Idea

Most people define strength as power.

God defines strength as self-control.

David had another opportunity to end Saul's life.

No one would have blamed him.

His enemy was helpless.

His men encouraged him to act.

The temptation was real.

But David chose restraint over revenge.

He trusted God to accomplish God's plan in God's timing.

That is one of the clearest pictures of biblical manhood.

Real strength is not found in what you have the power to do.

It is found in what you choose not to do because you trust God.

Iron Sharpens Iron Icebreaker

Tell the group about a time when someone showed you unexpected grace instead of giving you what you deserved.

How did it affect you?

Dig Into God's Word

Read **1 Samuel 26:7–12** together.

Discussion

1. Why did David refuse to take Saul's life when he had another opportunity?

2. What does David's response teach us about trusting God's timing?

3. Why is revenge so appealing when we have been hurt or treated unfairly?

4. Where do men today struggle most with self-control?

5. How does self-control demonstrate spiritual maturity?

6. What situation in your life right now requires restraint instead of reaction?

Dig Deeper

Read these passages during the week:

- Proverbs 16:32
- Romans 12:17–21
- Galatians 5:22–23
- James 1:19–20

Reflection

How do these passages redefine strength?

Personal Reflection

When am I most tempted to react instead of respond?

Who do I need to forgive or release to God?

Write a prayer asking God to help you surrender your emotions to Him.



Iron Sharpens Iron Challenge

This week, intentionally choose restraint in one situation where you would normally react.

It may involve:

- Responding gently instead of speaking in anger.
- Forgiving instead of holding a grudge.
- Listening instead of interrupting.
- Praying before responding to criticism.
- Choosing patience instead of frustration.

Afterward, write down what happened.

How did choosing God's way change the outcome?

Share your experience with your accountability partner before next week's meeting.

Memory Verse

Proverbs 16:32

"Whoever is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Where is God asking you to practice restraint this week?

Who do you need to forgive or extend grace to?

How can I pray specifically for you this week?

When will we check in before next week's meeting?

Pray together before leaving.

This Week's Prayer

Father,

Thank You for showing me that true strength is found in surrender, not in selfish ambition.

Forgive me for the times I have reacted in anger instead of responding with grace.

Help me trust Your timing instead of trying to force my own.

Fill me with Your Spirit so that my words, actions, and attitudes reflect the character of Christ.

Teach me to rule my spirit and to choose obedience over revenge.

May my life demonstrate the strength that comes from walking closely with You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that biblical strength is measured by self-control, humility, and trust in God's timing—not by dominance or retaliation.

Encourage the group to be honest about areas where anger, pride, or impatience become stumbling blocks. Remind them that choosing restraint is not weakness; it is evidence of spiritual maturity and dependence on God.

Key Takeaway

The strongest man is not the one who wins every fight—it is the one who has learned to surrender his strength to God.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Proverbs 16:32**
- ✓ Read Chapter 7
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Practice one intentional act of grace toward someone who has frustrated or hurt you
- ✓ Come prepared to share how God taught you the power of restraint

Week 7

Leading with Justice and Compassion

Theme

Godly leadership is not about position—it is about faithfully caring for the people God has entrusted to you.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, God grows us through consistent obedience.

Key Scripture

2 Samuel 5:1–5

"The LORD said to you, 'You shall be shepherd of my people Israel, and you shall be prince over Israel.'"

2 Samuel 5:2 (ESV)

This Week's Big Idea

Before David became a king, he was a shepherd.

God didn't simply give David a throne—He gave him people to care for.

That truth changes everything.

Leadership is never about power, prestige, or personal gain.

It is about stewardship.

Whether God has entrusted you with a family, a business, a ministry, a classroom, or simply friendships, biblical leadership always asks one question:

Am I faithfully caring for the people God has placed in my life?

Jesus later demonstrated this perfectly when He said,

"The Son of Man came not to be served but to serve."

A man after God's own heart doesn't seek influence for himself.

He uses his influence to bless others.

Iron Sharpens Iron Icebreaker

Who has been the best leader you've ever served under?

What made that person different?

Dig Into God's Word

Read 2 Samuel 5:1–5 together.

Discussion

1. Why do you think God described David as a shepherd before calling him king?

2. What is the difference between leadership as the world defines it and leadership as God defines it?

3. Who has God entrusted to your care right now?

4. Why is servant leadership often difficult for men?

5. What qualities make someone a leader others genuinely want to follow?

6. How can you become a better spiritual leader in your home, workplace, church, or community?

Dig Deeper

Read these passages during the week:

- Mark 10:42–45
- John 13:12–17
- 1 Peter 5:2–4
- Philippians 2:3–8

Reflection

What do these passages teach about servant leadership?

Personal Reflection

Who has God entrusted to my care?

Where do I need to become a better servant-leader?

Write a prayer asking God to help you lead like Christ.

Iron Sharpens Iron Challenge

Choose one person God has entrusted to your care.

This week intentionally serve that person without expecting recognition.

Examples:

- Pray with your spouse.
- Encourage one of your children.
- Write a note of appreciation.
- Help a coworker.
- Visit someone who is lonely.
- Volunteer in your church.

Afterward, ask yourself:

Did I serve to be noticed, or did I serve to honor Christ?

Share what God taught you with your accountability partner.

Memory Verse

Mark 10:45

"For even the Son of Man came not to be served but to serve, and to give His life as a ransom for many."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Who has God entrusted to your care?

How will you intentionally serve that person this week?

How can I pray for you?

When will we check in before next week's meeting?

Pray together before leaving.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You for reminding me that leadership is a privilege and a responsibility.

Forgive me for the times I have sought position instead of service.

Help me lead with humility, compassion, courage, and integrity.

Teach me to care well for the people You have entrusted to me.

May my life reflect the servant heart of Jesus, who came not to be served but to serve.

Use me to encourage, strengthen, and lead others closer to You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that biblical leadership is rooted in service, not status. Encourage them to identify the people God has entrusted to them and to view leadership as stewardship rather than ownership.

Remind the group that every man leads somewhere—even if he never holds an official title.

Key Takeaway

Leadership is not measured by how many people serve you, but by how faithfully you serve the people God has entrusted to your care.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Mark 10:45**
- ✓ Read Chapter 8
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Perform one intentional act of servant leadership
- ✓ Come prepared to share how serving someone else changed your perspective

Week 8

Building a God-Centered Life

Theme

Whatever is at the center of your life will shape the direction of your life.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God used your act of servant leadership.

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, leadership begins with serving others.

Key Scripture

2 Samuel 6:12–22

"And David danced before the LORD with all his might."

2 Samuel 6:14 (ESV)

This Week's Big Idea

David wasn't concerned about protecting his image.

He was concerned about honoring God.

When the Ark of the Covenant was brought into Jerusalem, David celebrated with wholehearted worship. Some admired him. Others criticized him. David understood something every godly man must learn:

When God is at the center of your life, His approval matters more than anyone else's opinion.

Worship is far more than singing on Sunday morning.

It is the daily surrender of our hearts, priorities, time, and decisions to God.

A man after God's own heart doesn't simply attend worship.

He lives a life of worship.

Iron Sharpens Iron Icebreaker

What is one habit or activity that consistently helps you feel closer to God?

Why is it meaningful to you?

Dig Into God's Word

Read 2 Samuel 6:12–22 together.

Discussion

1. Why was David willing to worship so openly before the Lord?

2. Why do you think Michal criticized David's worship?

3. What are some things that compete for first place in a man's heart today?

4. How can pride keep us from worshiping God wholeheartedly?

5. What does it mean to make worship a lifestyle instead of merely attending a church service?

6. If someone observed your life this past week, what would they conclude is most important to you?

Dig Deeper

Read these passages during the week:

- Psalm 63:1–8
- Romans 12:1–2
- John 4:23–24
- Colossians 3:16–17

Reflection

What do these passages teach about genuine worship?

Personal Reflection

What currently receives the greatest amount of my time, attention, and affection?

Are there areas of my life that I have not fully surrendered to God?

Write a prayer asking God to become the center of every area of your life.

Iron Sharpens Iron Challenge

This week, intentionally make time to worship God every day.

Set aside at least **20 uninterrupted minutes** each day for worship.

During that time:

- Read a portion of Scripture.
- Spend time in prayer.
- Thank God for His blessings.
- Sing or listen to a worship song.
- Sit quietly and reflect on His goodness.

At the end of the week, ask yourself:

How did spending intentional time with God change my attitude and perspective?

Share what you learned with your accountability partner before next week's meeting.

Memory Verse

Psalm 63:1

"O God, You are my God; earnestly I seek You; my soul thirsts for You..."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What competes most for first place in your heart?

What will you do this week to put God at the center of your life?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

You alone are worthy of my worship.

Forgive me for the times I have allowed other things to take Your place in my heart.

Help me love You more than success, comfort, approval, or possessions.

Teach me to worship You not only with my words but also with my choices, my priorities, and my daily life.

May everything I do bring honor and glory to You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that worship is more than music—it is a lifestyle of surrender. Encourage honest discussion about the competing priorities that often crowd God out of first place in our lives.

Remind the group that worship begins with the heart before it is expressed through actions.

Key Takeaway

Whatever is first in your heart will ultimately direct your life. Make sure that place belongs to God alone.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Psalm 63:1**
- ✓ Read Chapter 9
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Spend intentional time worshiping God every day
- ✓ Come prepared to share what God taught you through daily worship

Week 9

Covenant and Calling

Theme

A godly legacy is built one faithful decision at a time.

Looking Back

Iron Sharpens Iron Check-In

Before beginning today's discussion, take a few minutes for each man to answer:

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share what God taught you through your daily time of worship.

Celebrate victories.

Encourage one another.

Pray for anyone who struggled.

Remember, worship is not just something we do—it is who we become.

Key Scripture

1 Chronicles 28:8–10

"Be careful to do all the commandments of the LORD your God, that you may possess this good land and leave it for an inheritance to your children after you forever."

1 Chronicles 28:8 (ESV)

This Week's Big Idea

Every man leaves a legacy.

The question is not **if** you will leave one.

The question is **what kind** of legacy you are building.

David understood that his life was bigger than himself.

As his years drew to a close, he shifted his attention from building his own kingdom to preparing Solomon and the nation for the future.

He knew he would never build the Temple.

But he could prepare the next generation to accomplish what God had planned.

That is the heart of biblical manhood.

A godly man plants trees under whose shade he may never sit.

He lives today with tomorrow in mind.

Iron Sharpens Iron Icebreaker

Who is someone whose faith has continued to influence your life, even though they may no longer be living?

What made that person's life so memorable?

Dig Into God's Word

Read **1 Chronicles 28:8–10** together.

Discussion

1. Why was David so intentional about preparing Solomon instead of focusing only on himself?

2. What is the difference between success and significance?

3. What kind of legacy does our culture encourage men to pursue?

4. What kind of legacy does God desire for His people?

5. What daily choices build a lasting legacy of faith?

6. Who is watching your life and learning from your example right now?

7. If your children—or those closest to you—followed your example exactly, would they become more like Christ? Why or why not?

Dig Deeper

Read these passages during the week:

- Psalm 78:4–7
- Deuteronomy 6:4–9
- Proverbs 13:22
- 2 Timothy 2:2

Reflection

What do these passages teach about passing faith to the next generation?

Personal Reflection

What legacy am I building right now?

What is one change I need to make so my life points others more clearly toward Christ?

Write a prayer asking God to help you leave a legacy of faith.

Iron Sharpens Iron Challenge

This week, intentionally invest in someone younger in the faith.

You might:

- Have lunch with a younger believer.
- Pray with one of your children or grandchildren.
- Encourage a teenager or young adult.
- Share your testimony with someone.
- Teach a biblical lesson you've learned.

Don't simply give advice.

Share your life.

Then ask God to use your influence to strengthen another person's faith.

Be prepared to share next week what happened.

Memory Verse

Psalm 78:4

"We will not hide them from their children, but tell to the coming generation the glorious deeds of the LORD, and His might, and the wonders that He has done."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Who has God placed in your life that you can intentionally influence for Christ?

What is one step you will take this week to invest in that person?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You for reminding me that my life is influencing others every day.

Help me to live with eternity in mind.

Teach me to invest in people more than possessions, in character more than comfort, and in faith more than fame.

May my words, my choices, and my example point those around me to Jesus.

Help me leave behind a legacy that honors You and encourages future generations to walk faithfully with You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that legacy is not something we leave only at the end of life—it is something we build every day through our decisions, relationships, and faithfulness.

Encourage the group to think beyond careers and accomplishments. A biblical legacy is measured by the people whose lives are changed because we faithfully followed Christ.

Key Takeaway

Your greatest legacy will not be what you accumulate—it will be the people you influence for Christ.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Psalm 78:4**
- ✓ Read Chapter 10
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Intentionally invest in someone younger in the faith
- ✓ Come prepared to share how God used your influence to encourage another person

Week 10

When Men Fall

Theme

Failure does not have to define your life. God's grace invites you to repentance, restoration, and a new beginning.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate answered prayers, steps of obedience, and opportunities God provided to encourage someone else.

Give thanks together for God's faithfulness.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God used your investment in another person's life.

Encourage one another.

Pray for anyone who found the challenge difficult.

Remember, God often multiplies small acts of faithfulness.

Key Scripture

2 Samuel 11:1–17

"Then David sent messengers and took her, and she came to him..."

2 Samuel 11:4 (ESV)

This Week's Big Idea

David defeated Goliath.

He united Israel.

He became one of the greatest kings in history.

Yet one afternoon, he made a series of choices that nearly destroyed everything.

Great men are not immune to temptation.

Neither are we.

Sin rarely begins with one catastrophic decision.

It usually begins with small compromises that go unchecked.

The good news is that failure never has to be the final chapter of your story.

God's grace is greater than your worst mistake—but that grace should never become an excuse to take sin lightly.

A man after God's own heart doesn't pretend he can't fall.

He stays close to the One who can keep him standing.

Iron Sharpens Iron Icebreaker

Without sharing anything overly personal, what is one lesson you've learned from a mistake you made earlier in life?

Dig Into God's Word

Read 2 Samuel 11:1–17 together.

Discussion

1. What choices did David make that eventually led to his fall?

2. Why do small compromises often lead to much bigger consequences?

3. What are some common temptations men face today?

4. Why is isolation often dangerous for our spiritual lives?

5. What safeguards help protect us from temptation?

6. How can this group encourage one another to pursue holiness instead of merely avoiding failure?

7. Why is it important to remember that no one is beyond temptation?

Dig Deeper

Read these passages during the week:

- 1 Corinthians 10:12–13
- James 1:13–15
- Psalm 119:9–11
- Hebrews 3:12–13

Reflection

What do these passages teach about temptation and God's faithfulness?

Personal Reflection

Where am I most vulnerable to temptation?

What practical step can I take this week to guard my heart?

Write a prayer asking God to strengthen you in areas of weakness.

Iron Sharpens Iron Challenge

This week, identify one area where you know you are spiritually vulnerable.

Take one intentional step to strengthen that area.

Examples:

- Install accountability software.
- Ask a trusted brother to pray for you.
- Remove a source of temptation.
- Memorize Scripture related to your struggle.
- Replace an unhealthy habit with a godly one.

Share your commitment with your accountability partner.

Ask him to check in with you before next week's meeting.

Remember:

Victory over temptation is rarely accidental. It is usually intentional.

Memory Verse

1 Corinthians 10:13

"No temptation has overtaken you that is not common to man. God is faithful..."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Where do you feel most spiritually vulnerable right now?

What safeguard are you putting in place this week?

How can I pray specifically for you?

When will we check in before next week's meeting?

Pray together before leaving.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You for Your amazing grace and for loving me even when I fall short.

Forgive me for the times I have allowed temptation to draw my heart away from You.

Give me the wisdom to recognize temptation early, the humility to seek accountability, and the courage to walk in obedience.

Strengthen me through Your Spirit so that my life reflects holiness, integrity, and faithfulness.

Protect my heart and help me pursue You above everything else.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

This week's discussion requires both grace and truth.

Remind the men that every believer faces temptation. Create an atmosphere where honesty is welcomed, but no one feels pressured to share beyond their comfort level.

Focus on God's grace, practical accountability, and the hope of victory through Christ rather than on shame or guilt.

Encourage the men to pray for one another throughout the week.

Key Takeaway

The strongest men are not those who never face temptation—they are the men who continually run to Christ when they do.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **1 Corinthians 10:13**
- ✓ Read Chapter 11
- ✓ Pray daily for your accountability partner

- ✓ Contact your accountability partner at least once this week
- ✓ Put one new safeguard in place to protect your walk with Christ
- ✓ Come prepared to share how God strengthened you in an area of temptation

Week 11

The Cost of Sin

Theme

Sin always promises more than it can deliver and always costs more than we expect.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate answered prayers.

Celebrate obedience.

Celebrate God's faithfulness.

Every victory belongs to Him.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God helped you strengthen an area of weakness.

Encourage one another.

Pray together.

Heart Check

Take a quiet moment before beginning the study.

Ask yourself:

"Is there anything in my life that I have been hiding from God or from others?"

Spend a few moments silently asking God to search your heart.

"Search me, O God, and know my heart..." (Psalm 139:23)

Key Scripture

2 Samuel 12:1–13

"Nathan said to David, 'You are the man!'"

2 Samuel 12:7 (ESV)

This Week's Big Idea

David thought he had successfully hidden his sin.

He covered his tracks.

Manipulated circumstances.

Silenced witnesses.

But he overlooked one truth.

God already knew.

Sin always promises secrecy.

It rarely delivers.

One lie often leads to another.

One compromise becomes many.

One private decision eventually affects countless people.

Yet even in this painful chapter of David's life, we discover hope.

When confronted by Nathan, David stopped making excuses.

He took responsibility.

That is where restoration always begins.

A man after God's own heart is not the man who never sins.

He is the man who refuses to live in denial.

Iron Sharpens Iron Icebreaker

Think about a mistake you made years ago.

What valuable lesson did God teach you through that experience?

(There is no need to share details that make you uncomfortable.)

Dig Into God's Word

Read 2 Samuel 12:1–13 together.

Discussion

1. Why do you think Nathan confronted David with a story instead of a direct accusation?

2. What kept David from seeing his own sin until Nathan confronted him?

3. Why is it often easier to recognize sin in someone else's life than in our own?

4. What are some ways men today try to hide, justify, or minimize sin?

5. Why is taking responsibility so difficult?

6. What role does accountability play in helping us walk faithfully with Christ?

7. How does David's response to Nathan demonstrate genuine humility?

Dig Deeper

Read these passages during the week:

- Numbers 32:23
- Psalm 32:1–5
- Proverbs 28:13
- 1 John 1:8–9

Reflection

What do these passages teach about confession and forgiveness?

Personal Reflection

Is there an area where I need to stop making excuses and begin taking responsibility?

Who is one trusted Christian brother who can lovingly hold me accountable?

Write a prayer asking God for courage to walk in honesty and integrity.



Iron Sharpens Iron Challenge

This week, practice complete honesty before God.

Spend time reading **Psalms 51** slowly.

Ask the Lord to reveal anything that has taken His rightful place in your heart.

If the Holy Spirit brings something to your attention:

Confess it immediately.

Repent sincerely.

If appropriate, share it with your accountability partner or another trusted believer who can pray for you.

Remember:

Freedom begins where honesty begins.

Memory Verse

Proverbs 28:13

"Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What area of your life needs greater honesty before God?

How can I encourage you to continue walking in integrity this week?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Nothing in my life is hidden from You.

Thank You for loving me enough to confront my sin and call me back to Yourself.

Forgive me for the times I have made excuses instead of taking responsibility.

Create in me a humble and teachable heart.

Give me the courage to confess quickly, repent sincerely, and walk faithfully in the light of Your truth.

Surround me with brothers who will encourage me, challenge me, and lovingly hold me accountable.

May my life reflect the freedom that comes from living honestly before You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

This week's goal is not to expose sin but to encourage honesty.

Create an atmosphere where grace and truth walk together.

Remind the men that accountability is not about condemnation—it is about restoration.

Never pressure anyone to confess publicly.

Instead, encourage private repentance, trusted accountability, and confidence in God's forgiveness through Christ.

Key Takeaway

The path to restoration begins the moment we stop making excuses and start taking responsibility.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Proverbs 28:13**
- ✓ Read Chapter 12
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Read **Psalms 51** at least twice this week
- ✓ Come prepared to share how God taught you about repentance and honesty

Week 12

Repentance & Restoration

Theme

God's grace is greater than our greatest failure when we respond with genuine repentance.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate God's grace.

Celebrate obedience.

Celebrate growth.

Every step toward Christ is worth celebrating.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share what God taught you while reading **Psalms 51**.

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment before opening God's Word.

Ask yourself:

"Is there any area where I need to repent instead of simply feeling guilty?"

Invite God to search your heart.

Remember:

God convicts in order to restore.

Key Scripture

Psalm 51:1–12

"Create in me a clean heart, O God, and renew a right spirit within me."

Psalm 51:10 (ESV)

This Week's Big Idea

David's greatest victory was not defeating Goliath.

It was allowing God to restore him after his greatest failure.

Psalm 51 is one of the most beautiful pictures of repentance in all of Scripture.

David does not blame.

He does not defend himself.

He does not make excuses.

He throws himself completely upon God's mercy.

That is repentance.

Repentance is not merely feeling sorry for sin.

It is turning away from sin and turning back toward God.

The enemy wants us to believe failure is the end.

The gospel reminds us that failure can become the beginning of restoration.

No man is beyond God's grace.

No failure is greater than Christ's forgiveness.

Iron Sharpens Iron Icebreaker

Without sharing personal details, describe a time when someone offered you forgiveness that you didn't deserve.

How did that affect you?

Dig Into God's Word

Read **Psalm 51:1–12** together.

Discussion

1. What stands out most to you about David's prayer of repentance?

2. What is the difference between feeling guilty and genuinely repenting?

3. Why is confession often difficult for men?

4. What does Psalm 51 teach us about God's character?

5. How does repentance lead to freedom instead of shame?

6. Why is humility essential for spiritual growth?

7. How can our group become a place where men experience both accountability and grace?

Dig Deeper

Read these passages during the week:

- Isaiah 1:18
- Luke 15:11–24
- Acts 3:19
- 2 Corinthians 7:9–10

Reflection

What do these passages teach about repentance and restoration?

Personal Reflection

Is there an area where God is calling me to genuine repentance?

What would restoration look like in that area of my life?

Write a prayer asking God to create a clean heart within you.

Iron Sharpens Iron Challenge

This week, intentionally spend time praying through **Psalms 51**.

Read one section each day.

Ask God to reveal areas where He wants to continue transforming your heart.

If there is someone you need to forgive...

Forgive them.

If there is someone from whom you need to seek forgiveness...

Take the first step.

Don't delay obedience.

Remember:

Repentance is not merely turning from sin—it is turning toward God.

Memory Verse

Psalm 51:10

"Create in me a clean heart, O God, and renew a right spirit within me."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What area of your life is God restoring right now?

What step of repentance or obedience is He asking you to take?

How can I pray specifically for you this week?

When will we connect before next week's meeting?

Pray together before leaving.



Prayer Partnership

This week, pray for your accountability partner every day.

Specifically pray that God will:

- Strengthen his walk with Christ.
- Protect him from temptation.
- Give him courage to obey.
- Continue His work of restoration.

Before next week's meeting, send him a message letting him know you prayed for him.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You that Your mercy is greater than my failures.

Thank You for loving me enough to forgive me, restore me, and continue shaping my life.

Create in me a clean heart.

Renew a steadfast spirit within me.

Help me walk in humility, quickly confess my sin, and fully trust Your grace.

Teach me to extend the same forgiveness to others that You have so freely given to me.

May my life become a testimony of Your restoring power.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that repentance is not about shame—it is about restoration.

Keep the focus on God's grace rather than past failures.

Encourage honest discussion while protecting confidentiality.

Remind the group that everyone is in process and that no one has "arrived."

Model humility and transparency as the leader.

Key Takeaway

Repentance is not the end of the story—it is often where God begins writing a new chapter.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Psalm 51:10**
- ✓ Read Chapter 13
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Read **Psalm 51** every day this week
- ✓ If needed, take one step toward reconciliation or restoration
- ✓ Come prepared to share how God's grace met you this week

Week 13

Wisdom Through Trials

Theme

God uses life's trials to develop wisdom, deepen our faith, and shape us into the men He has called us to be.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate God's faithfulness.

Celebrate answered prayer.

Celebrate every step of obedience.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God met you as you prayed through **Psalms 51**.

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment asking God:

"Lord, what are You teaching me through my current circumstances?"

Ask Him to give you a teachable spirit.

Key Scripture

Romans 5:3–5

"Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope."

Romans 5:3–4 (ESV)

This Week's Big Idea

No one enjoys trials.

Yet throughout Scripture, God repeatedly uses difficult seasons to accomplish His greatest work in our lives.

David learned this in caves.

On battlefields.

Through disappointment.

Through failure.

Through restoration.

Every season became another lesson in God's classroom.

Trials do not automatically make us wiser.

But when we trust God through them, He develops wisdom that could never be learned any other way.

Don't waste your trial.

Let God use it to shape your heart.

Iron Sharpens Iron Icebreaker

Looking back over your life, what difficult season taught you one of your greatest spiritual lessons?

Dig Into God's Word

Read **Romans 5:3–5** together.

Discussion

1. According to this passage, what does God produce through suffering?

2. Why do we naturally resist difficult seasons?

3. How did God use David's trials to prepare him for leadership?

4. What is the difference between simply enduring a trial and allowing God to transform you through it?

5. What trial has taught you the most about God's faithfulness?

6. How can we encourage one another during difficult seasons instead of trying to "fix" one another?

7. Why is wisdom often learned through experience instead of comfort?

Dig Deeper

Read these passages during the week:

- James 1:2–5
- Proverbs 3:5–6
- Psalm 119:71
- 2 Corinthians 4:16–18

Reflection

What do these passages teach about God's purpose in suffering?

Personal Reflection

What trial is God currently using to shape my life?

What attitude does God want to change in me during this season?

Write a prayer asking God for wisdom instead of simply asking Him to remove the trial.



Wisdom Journal

Before next week's meeting, write your answer to this question:

"What is one lesson God is teaching me right now?"

Bring your answer with you next week.



Iron Sharpens Iron Challenge

This week, intentionally thank God for one difficult circumstance.

Instead of asking,

"Lord, why am I going through this?"

Ask,

"Lord, what are You teaching me through this?"

Write down three lessons God shows you during the week.

Share one of those lessons with your accountability partner.

Remember:

A wise man doesn't waste his trials.

Memory Verse

James 1:5

"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What trial is stretching your faith right now?

What do you believe God is teaching you through it?

How can I pray specifically for you this week?

When will we connect before next week's meeting?

Pray together before leaving.



Prayer Partnership

This week, pray daily for your accountability partner.

Pray specifically that God will:

- Give him wisdom.
- Strengthen his faith.
- Encourage his heart.
- Help him recognize God's purpose in every trial.

Before next week's meeting, send him a message reminding him that you're praying for him.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You that You never waste the difficult seasons of life.

Even when I cannot understand what You are doing, help me trust that You are working for my good and Your glory.

Give me wisdom instead of bitterness.

Faith instead of fear.

Hope instead of discouragement.

Teach me to become more like Christ through every trial I face.

Help me to trust Your timing, depend upon Your strength, and remember that You are always with me.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that trials are not evidence of God's absence but opportunities for spiritual growth.

Avoid offering simple answers to complex suffering.

Instead, encourage the group to trust God's character even when His purposes are not immediately clear.

Create an atmosphere where men feel safe sharing struggles while pointing one another toward hope in Christ.

Key Takeaway

God doesn't simply bring us through trials—He uses them to transform us.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **James 1:5**
- ✓ Read Chapter 14
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Complete your **Wisdom Journal** entry
- ✓ Thank God each day for one way He is growing you through your current season
- ✓ Come prepared to share one lesson God is teaching you

Week 14

David's Heart for God

Theme

God desires more than your service—He desires your heart.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate God's faithfulness.

Celebrate answered prayers.

Celebrate growth.

Every victory is evidence of God's grace at work.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share one lesson from your **Wisdom Journal**.

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment asking yourself:

"Is Jesus truly first in my heart, or has something else taken His place?"

Invite God to reveal anything competing for your devotion.

Key Scripture

Psalm 63:1–8

"O God, You are my God; earnestly I seek You; my soul thirsts for You..."

Psalm 63:1 (ESV)

This Week's Big Idea

David was known as **a man after God's own heart**.

That doesn't mean he was perfect.

It means his deepest desire was to know God.

David worshiped in victory.

He worshiped in the wilderness.

He worshiped after failure.

He worshiped while waiting.

His circumstances changed.

His heart remained fixed on God.

That's the goal of biblical manhood.

Not perfection.

Not performance.

A heart that continually pursues God.

The greatest evidence of spiritual maturity is not how much you know about God.

It is how deeply you love Him.

Iron Sharpens Iron Icebreaker

Who has demonstrated a genuine love for God that has challenged or inspired your own faith?

What stood out about that person's life?

Dig Into God's Word

Read **Psalm 63:1–8** together.

Discussion

1. What words or phrases in this Psalm reveal David's heart for God?

2. Why do you think David longed for God even while living in difficult circumstances?

3. What is the difference between knowing about God and truly knowing Him?

4. What competes most for a man's heart today?

5. How can busyness slowly replace intimacy with God?

6. What spiritual habits help cultivate a deeper relationship with God?

7. If someone watched your life this past month, what would they conclude you love most?

Dig Deeper

Read these passages during the week:

- Matthew 22:37–38
- Philippians 3:7–10
- Jeremiah 29:13
- John 15:4–11

Reflection

What do these passages teach about pursuing a relationship with God?

Personal Reflection

What currently receives the greatest affection of my heart?

What practical step can I take to deepen my relationship with God?

Write a prayer asking God to renew your love for Him.

Wisdom Journal

Before next week's meeting, answer this question:

"How has my relationship with God grown during these past fourteen weeks?"

Iron Sharpens Iron Challenge

This week, intentionally spend **one hour alone with God**.

Choose a place free from distractions.

Bring only your Bible and a journal.

Spend time:

- Reading Scripture.
- Praying.
- Listening.
- Worshiping.
- Writing down what God places on your heart.

Don't rush.

Simply enjoy being with your Heavenly Father.

Afterward, write one page describing what God taught you.

Share one insight with your accountability partner.

Remember:

God desires your presence before your performance.

Memory Verse

Psalms 63:1

"O God, You are my God; earnestly I seek You; my soul thirsts for You..."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

What competes most for your heart right now?

What will you do this week to intentionally pursue God?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.

Prayer Partnership

This week, pray daily for your accountability partner.

Pray specifically that God will:

- Deepen his love for Christ.
- Strengthen his devotional life.
- Give him a greater hunger for God's Word.
- Draw him closer to Himself.

Send him a message during the week reminding him that you're praying for him.

Final Question

Before we close tonight, each man answer this question:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

More than anything else, I want to know You.

Forgive me for the times I have allowed other priorities to crowd You out of first place in my life.

Create within me a heart that longs for Your presence more than the approval of people, the pursuit of success, or the comforts of this world.

Teach me to seek You daily—not out of obligation, but out of love.

May my worship be genuine, my obedience joyful, and my life reflect a heart fully devoted to You.

Help me become a man after Your own heart.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

This week's goal is to move the discussion from **doing** to **being**. Encourage the men to examine the condition of their hearts rather than simply evaluating their spiritual activities. Model transparency by sharing your own journey of pursuing intimacy with God.

Allow time for silence during the Heart Check. Don't rush it. Some of the most meaningful moments of the evening may happen in those quiet moments before the discussion even begins.

Key Takeaway

God is not looking for perfect men—He is looking for men whose hearts belong completely to Him.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Psalm 63:1**
- ✓ Read Chapter 15
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Complete your **Wisdom Journal**
- ✓ Spend one uninterrupted hour alone with God
- ✓ Come prepared to share one way your relationship with God has grown

Week 15

Leadership and Legacy

Theme

Leadership is not about building your own kingdom—it is about faithfully influencing others for God's Kingdom.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate God's faithfulness.

Celebrate answered prayers.

Celebrate spiritual growth.

Every victory is another reminder that God is still at work.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share one thing God taught you during your hour alone with Him.

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment asking God:

"Am I leading the people You have entrusted to me in a way that honors You?"

Invite Him to reveal any area where your leadership needs to grow.

Key Scripture

Proverbs 27:23

"Know well the condition of your flocks, and give attention to your herds."

Proverbs 27:23 (ESV)

This Week's Big Idea

David eventually wore a crown, but he never forgot he had first carried a shepherd's staff.

God prepared him to lead sheep before He entrusted him to lead a nation.

That wasn't an accident.

Leadership in God's Kingdom always begins with stewardship.

A man after God's own heart understands that leadership is not about power.

It is about responsibility.

It is about caring for people.

Protecting people.

Serving people.

Pointing people toward Christ.

The greatest leaders are rarely those who demand the most attention.

They are the ones who quietly make everyone around them better.

Iron Sharpens Iron Icebreaker

Who has had the greatest positive influence on your life?

What made that person such an effective leader?

Dig Into God's Word

Read **Proverbs 27:23** together.

Discussion

1. What does this verse teach us about responsibility and stewardship?

2. How did David's years as a shepherd prepare him to become a king?

3. Why is servant leadership often difficult in today's culture?

4. Who has God entrusted to your care right now?

5. What habits help build trust and credibility as a leader?

6. How can a man lead well even if he never holds an official leadership position?

7. If those you influence described your leadership, what words would they use?

Dig Deeper

Read these passages during the week:

- Mark 10:42–45
- John 13:12–17
- 1 Peter 5:2–3

- Philippians 2:3–8

Reflection

What qualities of Christ-centered leadership do these passages emphasize?

Personal Reflection

Who has God entrusted to my influence?

What is one area where I need to grow as a servant leader?

Write a prayer asking God to help you lead with humility and faithfulness.



Wisdom Journal

Before next week's meeting, answer this question:

"How has God used my influence to encourage someone else this week?"



Legacy Moment

Choose one person God has placed in your life.

This week intentionally invest in that person.

You might:

- Meet for coffee.
- Pray together.
- Encourage them with Scripture.
- Listen to their struggles.
- Share something God has been teaching you.

Your goal isn't simply to help them.

Your goal is to point them closer to Christ.

Iron Sharpens Iron Challenge

This week, practice **intentional leadership**.

Choose one area where God has given you influence.

Ask yourself:

"What can I do this week to make this person stronger in Christ?"

Take one practical step.

Then share with your accountability partner what you learned about leading through service rather than position.

Remember:

People may forget your words, but they will remember your example.

Memory Verse

Mark 10:45

"For even the Son of Man came not to be served but to serve, and to give His life as a ransom for many."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Who has God called you to influence?

How will you intentionally lead that person this week?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.



Prayer Partnership

Pray daily for your accountability partner this week.

Pray that God will:

- Give him wisdom as a leader.
- Help him influence others for Christ.
- Strengthen his character.
- Use his life to leave an eternal impact.

Send him a message during the week reminding him that you're praying for him.



Heart Test

Complete this sentence before leaving:

"This week, I want to lead more like Jesus by..."

Final Question

Before we close tonight, each man answer:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You for every person You have entrusted to my care.

Help me remember that leadership is not about recognition but about responsibility.

Teach me to serve with humility, lead with integrity, and influence others with grace and truth.

May my words, my decisions, and my example point people to Jesus.

Help me become the kind of leader who leaves behind faith instead of fame, service instead of selfishness, and a legacy that honors You.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that leadership is influence, not position. Every man is leading someone—whether in his home, workplace, church, or community. Challenge the group to embrace leadership as stewardship rather than status.

Encourage the men to think beyond titles and ask, *"Who is becoming more like Christ because God has placed me in their life?"*

Key Takeaway

The greatest measure of leadership is not how many people follow you, but how many people you faithfully lead closer to Christ.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **Mark 10:45**
- ✓ Read Chapter 16
- ✓ Pray daily for your accountability partner
- ✓ Contact your accountability partner at least once this week
- ✓ Complete your **Wisdom Journal**
- ✓ Invest intentionally in one person through your **Legacy Moment**
- ✓ Come prepared to share how God used your influence to encourage someone else

Week 16

Preparing the Next Generation

Theme

Biblical manhood is measured not only by how faithfully you follow Christ, but by how faithfully you help others follow Him.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate answered prayers.

Celebrate spiritual growth.

Celebrate opportunities God gave you to influence someone else.

Every life touched for Christ is a reason to rejoice.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God used your **Legacy Moment**.

What did you learn about investing in another person's life?

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment asking God:

"Who have You placed in my life that needs encouragement, guidance, or discipleship?"

Ask Him to open your eyes to the people around you.

Key Scripture

2 Timothy 2:2

"...what you have heard from me... entrust to faithful men, who will be able to teach others also."

2 Timothy 2:2 (ESV)

This Week's Big Idea

David understood something many men never learn.

Life is bigger than one generation.

As David's life drew to a close, he invested in Solomon.

He prepared leaders.

He gathered materials for the Temple he would never build.

He understood that faithfulness is measured not only by what you accomplish, but by what you leave behind.

Jesus did the same.

He invested deeply in twelve ordinary men.

Paul invested in Timothy.

Timothy was told to invest in faithful men who would teach others.

That is God's plan.

Disciples make disciples.

A man after God's own heart never keeps his faith to himself.

He intentionally passes it on.

Iron Sharpens Iron Icebreaker

Who has had the greatest spiritual influence on your life?

What did that person do that made such a lasting impact?

Dig Into God's Word

Read 2 Timothy 2:2 together.

Discussion

1. Why do you think Paul emphasized passing truth from one generation to the next?

2. How did David prepare Solomon for what God had called him to do?

3. What is the difference between raising successful people and raising faithful disciples?

4. Who invested in your spiritual life?

5. Who has God placed in your life that you could intentionally encourage or disciple?

6. What practical ways can we invest in the next generation?

7. If you stopped investing in others today, what part of your spiritual legacy would stop with you?

Dig Deeper

Read these passages during the week:

- Deuteronomy 6:4–9
- Psalm 78:4–7
- Matthew 28:18–20

- Titus 2:1–8

Reflection

What do these passages teach about passing our faith to others?

Personal Reflection

Who is one person God is calling me to intentionally invest in?

What is one practical step I can take this week to encourage that person in their walk with Christ?

Write a prayer asking God to use your life to influence the next generation.



Wisdom Journal

Before next week's meeting, answer this question:

"Who am I intentionally helping become more like Christ?"



Legacy Moment

Choose one person to intentionally encourage this week.

It may be:

- One of your children or grandchildren.
- A younger believer.
- A coworker.
- A student.
- Someone new in your church.
- A neighbor.

Spend intentional time with that person.

Listen.

Pray together.

Share what God has been teaching you.

Your goal is not simply to give advice.

Your goal is to point them toward Jesus.

Iron Sharpens Iron Challenge

This week, begin a spiritual conversation with someone God has placed in your life.

Ask questions.

Listen carefully.

Share one truth God has been teaching you during this study.

Then pray with that person if the opportunity arises.

Remember:

The greatest investment you can make is in someone's eternal future.

Memory Verse

2 Timothy 2:2

"...entrust to faithful men, who will be able to teach others also."

Commit this verse to memory before next week's meeting.

Brotherhood Accountability

Before closing in prayer, meet with your accountability partner.

Discuss these questions:

Who is God calling you to invest in?

What is your first step this week?

How can I pray specifically for you?

When will we connect before next week's meeting?

Pray together before leaving.



Prayer Partnership

Pray daily for your accountability partner.

Also pray daily for the person each of you has chosen to invest in this week.

Ask God to prepare their heart and give you wisdom, courage, and love as you encourage them.

Send your accountability partner a message during the week reminding him that you are praying for both him and the person he is discipling.



Heart Test

Complete this sentence before leaving:

"This week, I will help someone grow closer to Christ by..."

Final Question

Before we close tonight, each man answer:

"Because of what God has taught me tonight, what is one thing I will do differently this week?"

This Week's Prayer

Father,

Thank You for the people who invested in my life and helped me grow in my faith.

Help me to follow their example by intentionally investing in others.

Give me eyes to see those who need encouragement, wisdom, and hope.

Teach me to lead by example, speak with grace, and point people to Jesus through my words and my actions.

May my life become a bridge that helps the next generation know and follow You.

Use me to leave a legacy that continues long after I am gone.

In Jesus' name,

Amen.

Leader's Notes

Main Objective

Help the men understand that discipleship is not reserved for pastors or teachers. Every follower of Christ has been called to influence someone else for the Kingdom.

Encourage practical application. Challenge each man to identify one specific person God has placed in his life and to take one intentional step toward investing in that relationship this week.

Remind the group that the greatest legacy is not what we achieve, but who we help become faithful followers of Jesus.

At the end of the meeting, have every man write **one name** on an index card or in his journal.

Not ten names.

One name.

The person he believes God is calling him to intentionally disciple, encourage, or mentor over the coming months.

Then ask the group to pray over those names together

Key Takeaway

A man after God's own heart doesn't just grow spiritually—he helps others grow spiritually.

Before Next Week

✓ Complete this week's Iron Sharpens Iron Challenge

- ✓ Memorize **2 Timothy 2:2**
- ✓ Read Chapter 17
- ✓ Pray daily for your accountability partner
- ✓ Pray daily for the person God has placed on your heart
- ✓ Complete your **Wisdom Journal**
- ✓ Complete your **Legacy Moment**
- ✓ Have one intentional spiritual conversation this week
- ✓ Come prepared to share how God used you to encourage someone else

Week 17

A Legacy of Faith

Theme

The greatest legacy a man can leave is a life that points others to Jesus Christ.

Looking Back

Victory Report

Before beginning today's discussion, have each man answer:

"Where did you see God give you victory this week?"

Celebrate answered prayers.

Celebrate opportunities to encourage others.

Celebrate God's faithfulness over the past seventeen weeks.

Take time to thank Him for what He has done.

Iron Sharpens Iron Check-In

"How did God work in your life through last week's Iron Sharpens Iron Challenge?"

Share how God used your spiritual conversation.

How did your **Legacy Moment** impact someone else's life?

Encourage one another.

Pray together.

Heart Check

Spend a quiet moment asking God:

"Lord, when my life is finished, what do I want people to remember about me?"

Invite Him to shape your heart for what matters most.

Key Scripture

Hebrews 11:13

"These all died in faith..."

Hebrews 11:13 (ESV)

This Week's Big Idea

Every man leaves something behind.

Some leave money.

Some leave accomplishments.

Some leave memories.

David left something greater.

He left a legacy of faith.

His greatest accomplishment was not defeating Goliath.

It wasn't becoming king.

It wasn't writing psalms.

It was that, despite every victory and every failure, his heart continually returned to God.

That is the legacy worth pursuing.

One day your possessions will belong to someone else.

Your career will eventually be forgotten.

Even your accomplishments will fade with time.

But every person you influenced for Christ...

Every prayer you prayed...

Every act of obedience...

Every life you encouraged...

Those things have eternal value.

A man after God's own heart lives with eternity in view.

Iron Sharpens Iron Icebreaker

Who has left the greatest spiritual legacy in your life?

What continues today because of that person's faithfulness?

Dig Into God's Word

Read **Hebrews 11:13** together.

Discussion

1. What does it mean to "die in faith"?

2. What made David's legacy different from that of many other kings?

3. How does the world define success differently than Scripture defines success?

4. What kind of legacy are you building right now?

5. What habits from these past seventeen weeks do you want to continue?

6. How has God changed your heart during this study?

7. Five years from now, what do you hope will be different because of what God has taught you during these seventeen weeks?

Dig Deeper

Read these passages during the week:

- Psalm 145:4
- Matthew 6:19–21
- Philippians 1:21
- 2 Timothy 4:6–8

Reflection

What do these passages teach about living for eternity?

Personal Reflection

Looking back over these seventeen weeks...

How has God changed me?

What commitment do I want to make moving forward?

Write a prayer dedicating your life and legacy to God.



Wisdom Journal

Complete this final journal entry.

"The greatest lesson God has taught me during this journey is..."

Legacy Moment

This week, tell someone what God has done in your life during this study.

Share one lesson that has changed you.

Encourage them to pursue Christ with all their heart.

Remember:

The greatest testimony is a transformed life.

Iron Sharpens Iron Challenge

Your challenge this week isn't for seven days.

It's for the rest of your life.

Choose one spiritual discipline from this study that you will continue consistently.

Examples:

- Daily time with God.
- Scripture memory.
- Meeting regularly with an accountability partner.
- Investing in another man.
- Intentional prayer.
- Leading your family spiritually.

Write your commitment below.

Share this commitment with your accountability partner and ask him to continue encouraging you after this study ends.

Memory Verse

Hebrews 11:13

"These all died in faith..."

Commit this verse to memory and let it remind you to finish well.

Brotherhood Accountability

Meet one final time with your accountability partner.

Discuss these questions:

What has God done in your life during these seventeen weeks?

How will you continue pursuing biblical manhood after this study ends?

How can we continue encouraging one another moving forward?

Exchange contact information if needed.

Commit to praying for one another beyond this study.

Pray together.

Heart Test

Complete this sentence:

"From this day forward, I want my life to be known for..."

Final Question

Before we close tonight, each man answer:

"Because of what God has taught me during these seventeen weeks, what kind of man do I want to become?"

Commissioning Prayer

Father,

Thank You for every lesson You have taught us through the life of David.

Thank You for Your patience, Your grace, and Your faithfulness.

As we leave this study, send us out as men after Your own heart.

Help us to lead with humility, love with compassion, serve with joy, repent quickly, worship wholeheartedly, and remain faithful until the very end.

May our homes be stronger because we were here.

May our churches be healthier because we were here.

May our communities see Christ more clearly because we were here.

Use our lives to point others to Jesus, and may the legacy we leave bring glory to You for generations to come.

In the name of our Savior and King,

Jesus Christ, Amen.

Leader's Notes

Main Objective

Celebrate what God has done over the past seventeen weeks and challenge the men to continue living as disciples after the study concludes. Remind them that this guide was never the destination—it was the beginning of a lifelong pursuit of becoming men after God's own heart.

Consider allowing time for each participant to share one way God has changed him during the study. End by praying over the men as they return to lead in their homes, churches, workplaces, and communities.

Key Takeaway

A man after God's own heart is not remembered because he was perfect, but because he faithfully pursued God and pointed others to Christ.

Before You Leave

- ✓ Continue meeting with your accountability partner
 - ✓ Continue memorizing Scripture
 - ✓ Continue investing in another believer
 - ✓ Continue praying daily
 - ✓ Continue pursuing Christ wholeheartedly
 - ✓ Continue living the truths you've learned
 - ✓ Begin helping another man become a man after God's own heart
-

My Commitment

By God's grace, I commit to pursuing a life that honors Christ. I will guard my heart, lead with integrity, love my family, serve my church, invest in the next generation, and leave a legacy of faith. I know I will not do this perfectly, but I will do it faithfully, relying on the power of the Holy Spirit every day.

Signature: _____

Date: _____

WHAT KIND OF MAN ARE YOU BECOMING?

In a world that redefines manhood, God still calls men to something greater.

Through the life of David, this book reveals what it truly means to lead with courage, walk in integrity, and pursue God wholeheartedly.

This isn't about perfection—it's about pursuit.

Inside these pages, you'll discover how to:

- Stand firm in the face of adversity.
- Lead your family with strength and humility.
- Guard your heart against temptation.
- Build a legacy that honors God.

Your life is moving in the direction of your choices.

Make the decision to become the man God has called you to be.

About The Author



Dale Hutchins is the Senior Pastor of Snellville Christian Church and a passionate leader dedicated to helping men grow in faith, purpose, and leadership.