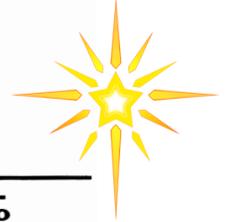


Crosswalk

Newsletter of First Evangelical Lutheran Church, Idaho Falls, Idaho



Lent: Give up or pick up?

We've all heard about giving something up for Lent. It's a great way of personally plugging into (in a small way) the sacrifice Jesus made for us. Giving up something like pop, coffee, or chocolate is a daily reminder of how dependent we become on earthly things rather than our Heavenly Father. Moslems during their holy month of Ramadan go without eating or drinking during daylight hours. Imagine how well that would daily, perhaps hourly, remind you of what your God has done for you and how often we prioritize our physical needs over our spiritual relationship with God.

Over the past few years, I've been trying to not only give up something for Lent but also "pick up" something for Lent. Giving up something for Lent can seem like such a negative way to frame a relationship. I like to balance that negative practice with a positive practice of Lent. Instead of just giving up something for Lent, I try "picking up" something positive for Lent.

Psychological studies suggest that a behavior can become habit with just thirty days of practice. Meaning that what was once done with effort can now become routine. Lent traditionally has 40 days which is more than enough time to establish a good habit. In fact, while Lent officially has 40 days it actually takes place over 46 days. That is because the 6 Sundays in Lent "don't count." Sundays for Christians are traditionally little Easter celebrations of Christ triumph over the grave so Lent's focus on Christ's cross takes a break each Sunday to focus on Christ's empty tomb. Nevertheless, whether you use those six Sundays as "grace days" to take a break from your Lenten practices or not the Lenten season in its entirety is a wonderful opportunity to create good habits.

Imagine each year adding one good habit to your repertoire! These could be things like making time for exercise, writing notes to friends, daily bible reading, and a dozen other "good deeds." Lent is not just a time for grumping and grouching about what we've given up. It's a great time for giving thanks for what we've "picked up" along the way. If you're looking for some "good deed" opportunities in our church, check out the list below:

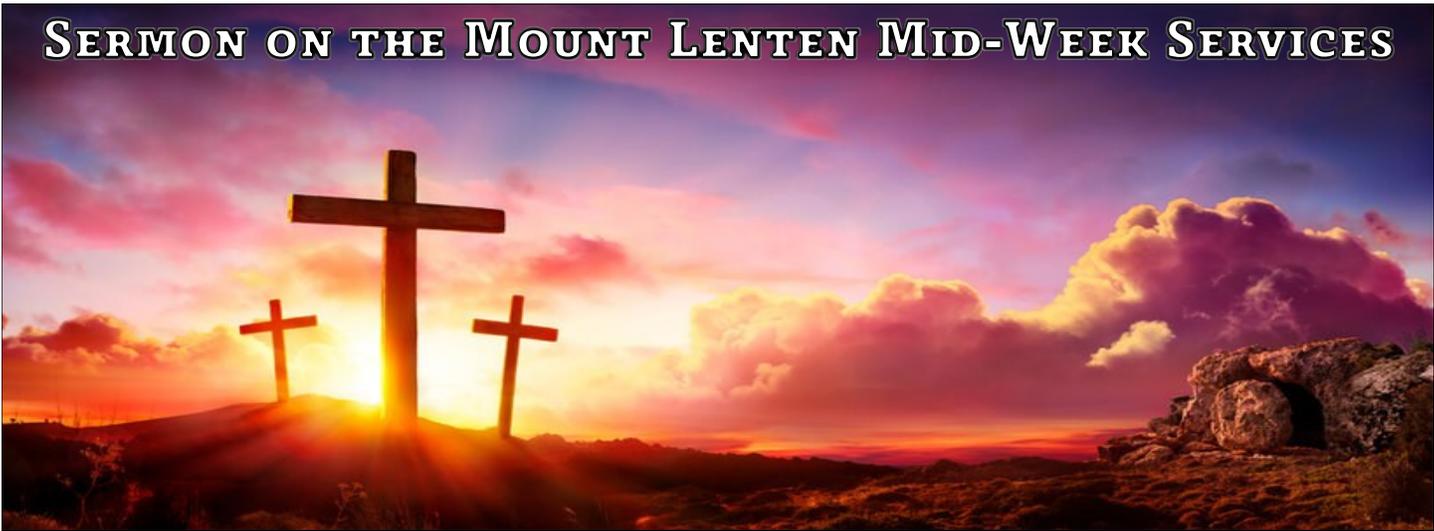
- o Wed. night Potluck Suppers and Prayer Service
- o Serving on one of our Prayer Team ministries: either on the email prayer chain or participating in our Good Friday Prayer Vigil.
- o Participating in one of our Bible Studies for adults: Sunday Morning Adult Forum, Wed. Ladies "Book Club", Thurs. morning Men's Bible Study, once a month Happy Stitchers Tues. Bible Study, once a month Men's Sat. Breakfast and Bible Study.
- o Volunteering with one of the many local agencies supported by our Mission's Team: Community Food Basket, F.I.S.H. (Friends In Service Here), Champ's Heart, Idaho Falls Rescue Mission, or the Idaho Falls Soup Kitchen

In tense and trying times it's important to use the longstanding spiritual disciplines that can help us keep our heads above water. This Lent focus on "giving up and picking up" something to bring you closer to God. It's just one more way of living out FELC's mission statement: "Praising God and Loving God's People."

Blessed Lent everybody!

Pastor Mike

SERMON ON THE MOUNT LENTEN MID-WEEK SERVICES



ASH WEDNESDAY FEB 18TH

FEBRUARY 25TH

SERMON *on the* MOUNT

Blessed
are
YOU

A hand in a white sleeve reaching out. The background is a soft, greenish landscape with a cross on a hill.

MARCH 4TH

SERMON *on the* MOUNT

SALT
and
Light

A wooden bowl filled with salt on a wooden surface. The background is a blue-toned landscape with a cross on a hill.

MARCH 11TH

SERMON *on the* MOUNT

Prayer
and
FASTING

Hands clasped in prayer. The background is a warm, orange-toned landscape with a cross on a hill.

MARCH 18TH

SERMON *on the* MOUNT

DO NOT
Worry

A field of grass at sunset. The background is a warm, orange-toned landscape with a cross on a hill.

MARCH 25TH

SERMON *on the* MOUNT

Judge
NOT

A wooden gavel. The background is a teal-toned landscape with a cross on a hill.

SERMON *on the* MOUNT

Build
on
ROCK

A rocky cliff face. The background is a blue-toned landscape with a cross on a hill.



Interfaith Lenten Soup Luncheon & Worship Services

Wednesdays February 25 - March 25

Join us for a midweek Lenten journey of worship, fellowship, and reflection on the Beatitudes. Free soup and bread luncheon will be served. Freewill offering benefits FISH, providing backpacks for schoolchildren and emergency financial help.

Weekly Schedule

11:30am—12:00pm Soup Luncheon (Seating 1)

12:00pm—12:30pm Worship

12:30pm—1:00pm Soup Luncheon (Seating 2)

March 4, 2026

St. Luke's / New Day
Matthew 5:1-2, 5-6, 12
Preacher: P.J. Simpson

March 11, 2026

First Lutheran
Matthew 5:1-2, 7-8, 12
Preacher: Elizabeth McVicker

March 18, 2026

First Presbyterian
Matthew 5:1-2, 9-10, 12
Preacher: Mike Knauff

March 25, 2026

Seventh-Day Adventist
Matthew 5:1-2, 11-12
Preacher: Ann Bjorklund



Lenten Potluck Soup Supper Schedule

March 4th

6:30pm - Soup Supper

Hosting Ministry Team: Missions

7:15pm Worship: Prayer and Fasting

March 18th

6:30pm - Soup Supper

Hosting Ministry Team: Christian Ed

7:15pm Worship: Judge Not

March 11th

6:30pm - Soup Supper

Hosting Ministry Team: Worship & Music

7:15pm Worship: Do Not Worry

March 25th

6:30pm - Soup Supper

Hosting Ministry Team: Care & Concern

7:15pm Worship: Build on Rock



HOLY WEEK

HOLY WEEK SERVICES

Sunday, March 29th -

Palm Sunday Worship @ 10:15 am

Thursday, April 2nd -

Maundy Thursday Worship @ 7:15 pm

Friday, April 3rd -

Good Friday Worship @ 7:15 pm

Sunday, April 5th -

Easter Worship @ 10:15 am



Maundy Thursday marks the night of Jesus' last supper where He instituted the Lord's Supper and when He was betrayed. The word "Maundy" comes from the Latin *mandatum* which means "commandment," because on this night Christ instituted the final commandment to love one another as He has loved us.

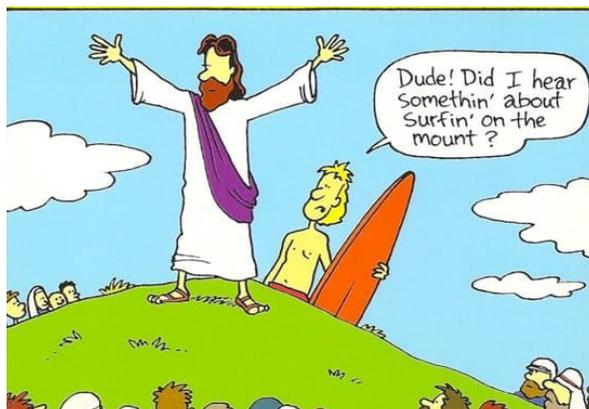
GOOD FRIDAY

We invite you to our Good Friday "Tenebrae" service on April 3rd at 7:15 pm. This powerful worship service recalls Jesus' great love for us in sacrificing himself on a cross for our sins. "Tenebrae" is Latin for darkness and it describes the gradual darkening of the church with each word from the cross from Jesus, ending with the haunting song "Were You There?" and loud noise reminding us of the large stone set in place over Jesus' tomb. From there we wait for Easter Sunday's joyous news.

**There will be an Easter egg hunt after worship on Easter Sunday!
We hope to see you there!**

Prayer Vigil

Join us in our Good Friday Prayer Vigil. We will be providing a small pamphlet to help guide you in your area of interest. Whether it is taking time to pray for people you know, connecting your body with your prayers, praying scripture, praying for the church and the world or meditating prayer we will have you covered. This should make spending half an hour in FELC's sanctuary in prayer fly by. Whether you're a prayer novice or old pro, help us expand FELC's prayer ministry by signing up for one of the ½ hour slots for Good Friday, April 3rd from 8:00 am to 6:00 pm. Signup sheet is located at the welcome window.



MISSIONS



Penny Power



Champ's Heart

Bridling the Healing Power of Horses

Champ's Heart was our focus for February and the kids raised **\$358** for this wonderful ministry! You kids make a difference!

This month, funds from Penny Power will go to



Camp Magical Moments
Cancer Camp for Kids, Inc.

This special camp provides a retreat for children with cancer and their families in an environment of fun, friendship, and love!

Approximately 30 kids attend. Providing the whole week or even one day is appreciated.



I Wonder Why ...

Izeyah Yenter 1995-2006

I wonder why He chose me,
A cell growing out of control so rapidly.
I wonder why He chose me,
A tumor on my brainstem that nobody could see.
I wonder why He chose me,
A year to live, it just can't be.
There are so many things that I still want to be,
I wonder why He chose me.
Hospitals, doctors, MRI scans, and shots,
the pills I can swallow, the Thick-It I can not.
I wonder why He chose me,
To teach me and the world that only He holds the key,
To miracles, cures, blessings, and love,
God holds the keys to all of the above.
I no longer wonder why He chose me,
I live everyday as if it is my last
and be the best I can be.

Izeyah was one of our campers who lost his battle with cancer in January of 2006.

Izeyah – You are deeply missed, but will never be forgotten. Much love from your Camp Magical Moments family.



MISSIONS



Dear First Evangelical Lutheran Church,

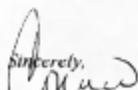
Thank you so very much for your total donation of **\$3213.50** in 2025. It is our mission to make every effort to feed as many members of our food insecure communities as possible and to use every donation - whether financial or food -efficiently and effectively.

The Community Food Basket Idaho Falls currently helps support 36 other local agencies - from schools to soup kitchens and food pantries - in Bonneville County as well as 7 other counties, helping both families and seniors. With the aid of many local grocery stores and food outlets, we turn every \$1 donation into approximately \$4.80 of food and with the help of our gleaning program from these stores, we are able to provide fresh produce and healthy options for many that would not receive this support in other ways.

February 7, 2026

Dear First Evangelical Lutheran Church:

Thank you for the generous donation of **\$2,630.00** you made to FISH in 2025. We appreciate your continued support of our mission.

Sincerely,

Connie Moser, Administrator
Regional Council for Christian Ministry, Inc.



Mission:

To help those in need move forward with their lives by providing temporary emergency assistance not covered by other traditional agencies in our community.

MISSIONS



Humanitarian Center – Idaho Falls

The Humanitarian Center in Idaho Falls serves as a welcoming hub of hope, support, and practical assistance for individuals and families in need throughout our community. Rooted in compassion and collaboration, the Center works to meet both immediate and long-term needs while fostering dignity, stability, and self-reliance.

Our Mission

The mission of the Humanitarian Center is to provide humanitarian aid, promote self-sufficiency, and strengthen the Idaho Falls community through accessible programs and meaningful partnerships.

Who We Serve

The Center supports a diverse population, including:

- Low-income families
- Individuals experiencing temporary hardship
- Seniors on fixed incomes
- Community members facing crisis situations

We strive to ensure that everyone who walks through our doors feels respected, supported, and empowered.

Community Impact

Through strong partnerships with local organizations, faith groups, and volunteers, the Center multiplies its impact. Volunteers are the heart of our operation, donating thousands of hours each year to sort, organize, distribute supplies, and support outreach efforts.

We thank you for your continued support! We would not be able to continue our work without your help!

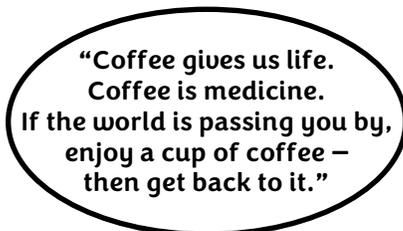


Pictured above: Frannie Gardner being presented with a check from FELC

Where does the coffee in our kitchen come from?

Working in partnership

LWR is producing LWR Farmers Market Coffee in partnership with THRIVE Farmers Coffee, a coffee roaster who shares our passion for helping farmers lift themselves out of poverty, and become self-sufficient and better able to support their families.



“Coffee gives us life.
Coffee is medicine.
If the world is passing you by,
enjoy a cup of coffee –
then get back to it.”

- Gustavo; a LWR Farmer's Market Coffee Farmer

BOWLING WITH JESUS

By Marice Hawker

Imagine this: you're at a bowling alley, not just any ordinary bowling alley, but a special one. One where your partner isn't a human friend, but none other than Jesus Himself.

You see, you're quite nervous. You want to bowl right, you want to play a perfect game, but you're not quite sure how to do that.

You're holding that shiny, heavy ball in your hands, looking at those distant pins, and you ask, "Hey, show me how to do this correctly."

Then, you hear a calm voice that says, "See the pins down there? Just roll the ball towards them."

You're puzzled and ask, "But how do you do it right?"

The voice answers, "I know you're not going to throw the ball backwards or sideways. You're going to make an effort towards the pins. I have 100% confidence in you."

This voice, you see, is none other than God Himself. He's not there to micromanage, but to guide you gently. God knows you're going to try to get it right. He doesn't worry much, because he's sure you're going to make an effort.

Now, let's talk about the bowling partner, Jesus. He's ready to roll the second ball each time if you ask him to. Say, you get up there, roll, and only hit one pin.

Can you guess how many pins Jesus would hit if you ask Him to roll the second ball?

Yes, that's right, He'd hit all the remaining 9 pins. But what if you accidentally throw a strike on your first roll? You look towards Jesus, He simply claps and says, "Good job!"

He doesn't leave the team.

He's always there for you, because He knows the next time, you might just hit one or three pins.

Here's the amazing part of this bowling game: at the end of every frame, ten pins are always knocked down.

Why? Because we have Jesus on our team. It's like having a perfect game every time.

Intergenerational Bowling Event

We had a great turnout for the inter-generational Bowling event! It was a great opportunity for all ages to get together for fellowship and family fun.



FAMILY MINISTRY

Imagine how great that would feel, knowing that no matter how many pins you hit, Jesus would always cover for you. It would be like giving the world a ten every single time.

You see, in this bowling alley, gutter balls don't define you. They are just opportunities for Jesus to step in and knock down all ten pins.

And this is how you should approach life.

You give it your best shot, make an effort, and even if you don't get it right, Jesus steps in to cover for you. So, my friends, the next time you worry about making a mistake, or not being perfect, remember the bowling alley. Remember that you have Jesus as your partner, ready to step in and cover for you. Life isn't about bowling a perfect game on your own.

It's about making an effort, rolling the ball in the right direction, and having faith that Jesus will cover the rest. That's the key to a perfect score in this game of life.

Remember whenever you're facing challenges, you're not alone. You have the best partner you could ask for.

With this, you can confidently roll your ball, knowing that you're going to knock all the pins down, every time.

So keep bowling, keep trying, and keep faith, for every day is a perfect game when you're playing with Jesus.





There will be an Easter egg hunt after worship on Easter Sunday! We hope to see you there!

Our Annual Easter Egg Hunt will be held after church on Easter Sunday, April 5th. The Egg hunt is open to our upper and lower Sunday School age children.

This year we will also be including a special egg hunting opportunity for our children under four.



Save the Date!

The Luther Heights Day Camp dates for FELC are June 15-19, 2026. More information will be provided once registration becomes available.



MEN'S MINISTRY

SHROVE TUESDAY DINNER THANK YOU!

A big word of thanks to everyone who turned out for the Men's Shrove Tuesday Dinner. We had 50 in attendance and raised nearly \$400 for the Idaho Falls Rescue Mission. Thanks to our chef, Jimmy Lee, for the fantastic food, our office staff for the decorations, and the many men's group volunteers that set up, served, and cleaned up. The old motto of "Many Hands Make Light Work" held true... as well as fed many and helped the needy!



HIGHLIGHTS IN YOUTH MINISTRY

Valentine Service Project

WE "LOVED ON" OUR SENIOR FRIENDS AT THE GABLES THIS VALENTINE'S DAY.

Young and old crafting messages of love for our friends at The Gables.



The residents were all smiles receiving over 60 handmade Valentines crafted by our youth and their families.



ANNOUNCEMENTS

Dear friends and family,
I am excited to say that I will be going on a missions trip over spring break to Utah/Idaho! I will be going with a couple of other people from Frontier School of the Bible through Tentmakers Bible Mission, and we will be gone from March 6th to 15th. On this trip, we will be visiting several church plants around the Bear Lake area and learning about how to minister in areas that people are predominantly from the Church of Jesus Christ of Latter Day Saints.

I would greatly appreciate your prayers as we get ready for this trip, that God would prepare our hearts and minds and also the hearts and minds of the people we will meet. That all the logistics would be taken care of, the trip would be for God's glory, and that we would learn lots from the trip.

Thank you,

Abigail Lerum



ANNUAL GARAGE SALE **MARK YOUR CALENDARS!**

WE HAVE A DATE!
SATURDAY, June 6th!

More details to come in future bulletins.

Start finding and setting aside your clean and sellable treasures!

LIFE LINE SCREENING EVENT!

FELC will be hosting a Life Line Screening Event on Saturday, March 14th.

Life Line Screening is the premier provider of stroke and cardiovascular disease risk screenings since 1993. As the host of the event, Life Line Screening is extending a special offer of \$129 to FELC members for a screening package that enables you to get peace of mind or early detection.

Special screening package for \$129 for our members includes:

- ♥ Carotid Artery Disease Screening
- ♥ Atrial Fibrillation Screening
- ♥ Peripheral Artery Disease Screening
- ♥ Abdominal Aortic Aneurysm Screening

Call to schedule an appointment near you!
800-324-9458 and use code: **HABC001**

LIFE LINE SCREENING
The Power of Prevention



ANNOUNCEMENTS

SPONSORSHIP OPPORTUNITY

- Your Gift Brings Hope -

GIRL'S PROGRAM
14 Week Course

WOMAN'S PROGRAM
7 Week Course

Full Scholarship
\$1400

Full Scholarship
\$900

Half Scholarship
\$700

Half Scholarship
\$450

Become a HOPE SPONSOR today! You can make your donation via VENMO @champsheartinc - Please include Bride Up Hope Scholarship in the memo line! Or - check payable to Bridle Up Hope at 2184 Channing Way #252, Idaho Falls, ID 83404. Bridle Up Hope is a non-for profit 501(c3) - making your sponsorships tax deductible!



FOR MORE INFO: ✉ emily@bridleuphope.org ☎ 928.287.9033

This program promotes healing and confidence in women and girls through horses and habits focusing on the 7 Habits of Highly Effective People by Steven Covey.



THERE! THAT OUGHT TO DISPEL THE MYTH THAT WE'RE AN ELDERLY CONGREGATION THAT DOESN'T KNOW HOW TO REACH OUT TO YOUNG PEOPLE.



sacredsandwich.com

Duke's Saloon Showdown

ANNUAL CASINO NIGHT!
Fundraising Event!

Tell 'em the Duke sent ya!

SATURDAY, APRIL 18, 2026
HOLIDAY INN & SUITES
3005 S FORK BLVD.
5-9 PM

Music & Drinks Games & Prizes

Support A Great Cause!

HIGH STAKES & FULL PLATES

COMMUNITY FOOD BASKET IDAHO FALLS

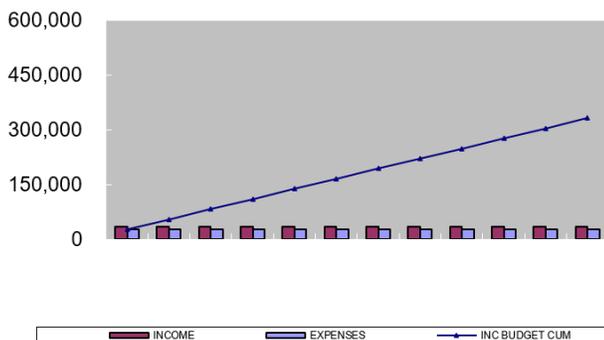
CARING & SHARING

WORSHIP ASSISTANT SCHEDULE

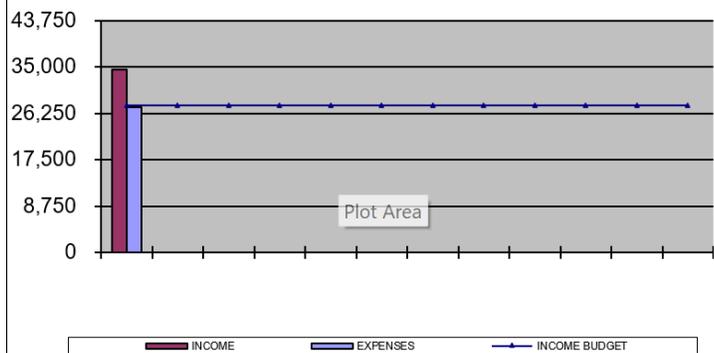
Date	COMMUNION ASSISTANTS # = Gluten-free server	LITURGISTS/ READERS	GREETERS	USHERS # = Coordinator	COUNTERS	STREAMING	ALTAR GUILD
March 1	Cathy Abreu#, Elaine Bengston, DiAnn Brown, Debra Holst, Diana Murphy	Liturgist: Sheryl Schaffer	Mary Hanek Geri Magnuson	Jim Sahr# Phil Forbord, Cal Miller	Phil & Tessa Forbord	Paul Bayless	Deb Nowatzki Ginny Conricode
March 4	<i>LENT MIDWEEK SERVICE</i>			Greg Stultz			
March 8	Linda Lerum#, Cathi Bean, Kim Bermensolo, Carole Mason, Cheryl Swenson	Liturgist: Steve Galbraith	Diana Murphy Lewis Murphy	Dave Sheldon# Lisa Swenson, Paul Worth	Lisa Swenson Janice McBride	Paul Lerum	Deb Nowatzki Ginny Conricode
March 11	<i>LENT MIDWEEK SERVICE</i>			Paul Bayless			
March 15	Natalie Meyer#, Shawn Cleverly, Debra Holst, Diana Murphy, Beth Nicholas	Liturgist: Deb Nowatzki	Michelle Cleverly	Richard Magnuson# Geri Magnuson	Paul Bayless Lisa Swenson	Paul Bayless	Deb Nowatzki Ginny Conricode
March 18	<i>LENT MIDWEEK SERVICE</i>			Dave Sheldon			
March 22	Cathy Abreu#, Paul Bayless, Shawn Cleverly, Linda Lerum, Diane Sheldon	Reader: Marda Kirkwood	Mary Hanek Beth Nicholas	Ryan Dixon# Scott Berger, Greg Stultz	Greg & Kathy Katainen	Paul Lerum	Deb Nowatzki Ginny Conricode
March 25	<i>LENT MIDWEEK SERVICE</i>						
March 29	Diane Sheldon#, Elaine Bengston, DiAnn Brown, Debra Hogg, Carole Mason, Cheryl Swenson	Reader: DiAnn Brown	Jan Galbraith Geri Magnuson	Gary Holst#, Phil Forbord, Paul Worth	Lisa Swenson Janice McBride	Paul Bayless	Deb Nowatzki Ginny Conricode

FINANCE

General Fund Cumulative Summary - 2026



General Fund Monthly Summary - 2026



Current Month:	January	
Current Month Income		34,449.71
Current Month Expenses		27,384.83
Difference		7,064.88
Year to Date Income		34,449.71
*Year to Date Expenses		27,384.83
Difference		7,064.88

Budget Comparison 2025:	
Year to Date Actual Income	34,449.71
Year to Date Budget Income	27,708.33
Difference	6,741.38
Year to Date Actual Expenses	27,384.83
Year to Date Budget Expenses	31,691.67
Difference	(4,306.84)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:00am Adult Forum 9:00am Choir Rehearsal 9:00am Sunday School 10:15am Worship 11:30am Fellowship Hour 11:30am King's Men Rehearsal 12:00pm ERT & Shofar Mtg 3:00pm Round About Brass Rehearsal	10:00am Staff Meeting 1:00pm PEO Meeting	9:00am Happy Stitches 9:00am Preschool 12:00pm Happy Stitches' Bible Study 1:00pm Preschool 6:00pm Girl Scout Troop #930 6:30pm Handbell Choir Rehearsal	9:00am Preschool 1:00pm Preschool 2:00pm Ladies' Book Club 5:00pm Praise Band Rehearsal 6:30pm Lenten Soup Supper 7:15pm Lenten Mid-week Service	9:00am Men's Bible Study 9:00am Preschool 10:00am Kaffeeklatsch 1:00pm Preschool 6:00pm Stephen Ministry Training 7:00pm Stephen Ministry Team Meeting	10:00am-4:00pm Friends in Stitches	
8 DAYLIGHT SAVINGS	9	10	11	12	13	14
9:00am Adult Forum 9:00am Choir Rehearsal 9:00am Sunday School 10:15am Worship 11:30am Fellowship Hour 11:30am King's Men Rehearsal 3:00pm Round About Brass Rehearsal	10:00am Staff Meeting 7:00pm Worship & Music Mtg	9:00am Happy Stitches 9:00am Preschool 12:00pm Care & Concern Meeting 1:00pm Preschool 6:00pm Girl Scout Troop #930 6:30pm Handbell Choir Rehearsal	9:00am Preschool 1:00pm Preschool 2:00pm Ladies' Book Club 5:00pm Praise Band Rehearsal 6:30pm Lenten Soup Supper 7:15pm Lenten Mid-week Service	9:00am Men's Bible Study 9:00am Preschool 10:00am Kaffeeklatsch 1:00pm Preschool 5:00pm Finance Team Meeting 6:00pm Stephen Ministry Training	10:00am-4:00pm Friends in Stitches	8:00am-5:30pm Lifeline Screening
15	16	17 ST PATRICK'S DAY	18	19 MLK JR DAY	20	21
9:00am Adult Forum 9:00am Choir Rehearsal 9:00am Sunday School 10:15am Worship 11:30am Fellowship Hour 11:30am King's Men Rehearsal 3:00pm Round About Brass Rehearsal	10:00am Staff Meeting 1:00pm PEO Meeting 7:00pm Council Mtg	9:00am Happy Stitches 9:00am Preschool 12:00pm Happy Stitches' Bible Study 1:00pm Preschool 6:00pm Girl Scout Troop #930 6:30pm Handbell Choir Rehearsal	9:00am Preschool 1:00pm Preschool 2:00pm Ladies' Book Club 5:00pm Praise Band Rehearsal 6:30pm Lenten Soup Supper 7:15pm Lenten Mid-week Service	9:00am Men's Bible Study 9:00am Preschool 10:00am Kaffeeklatsch 1:00pm Preschool 6:00pm Stephen Ministry Training 7:00pm Stephen Ministry Team Meeting	10:00am-4:00pm Friends in Stitches	
22	23	24	25	26	27	28
9:00am Adult Forum 9:00am Choir Rehearsal 9:00am Sunday School 10:15am Worship 11:30am Fellowship Hour 11:30am King's Men Rehearsal 4:00pm Round About Brass Rehearsal	10:00am Staff Meeting	9:00am Happy Stitches 6:00pm Girl Scout Troop #930 6:30pm Handbell Choir Rehearsal	2:00pm Ladies' Book Club 5:00pm Praise Band Rehearsal 6:30pm Lenten Soup Supper 7:15pm Lenten Mid-week Service	9:00am Men's Bible Study 10:00am Kaffeeklatsch 6:00pm Stephen Ministry Training	10:00am-4:00pm Friends in Stitches	
	SPRING BREAK - NO PRESCHOOL					
29 PALM SUNDAY	30	31				
9:00am Adult Forum 9:00am Choir Rehearsal 9:00am Sunday School 10:15am Worship 11:30am Fellowship Hour 11:30am King's Men Rehearsal 3:00pm Round About Brass Rehearsal	10:00am Staff Meeting	9:00am Happy Stitches 9:00am Preschool 1:00pm Preschool 6:00pm Girl Scout Troop #930 6:00pm Handbell Choir Rehearsal				

Crosswalk is a publication of
First Evangelical Lutheran Church
455 West Sunnyside Road
Idaho Falls, Idaho 83402

Tel: (208) 522-9301
E-mail: office@firstlc.com
Website: www.firstlc.com



Office Hours

Monday-Thursday 9:00 am - 4:00 pm
Friday Closed

Pastor	Mike Knauff
Music Director	Michelle Hanson
Youth & Family Minister	Heather Catanese
Church Administrator	Julie Sagnimeni
Bookkeeper	Greg Stultz
Financial Secretary	Wendy Schoonmaker
Director of Christian Preschool	Barbara Carlson

Bring items for the *Crosswalk* to the church office
OR
e-mail items to: office@firstlc.com

Sunday Worship Schedule

9:00 am Adult Forum
**10:15 am In-Church Worship &
Church Live @ firstlc.com**

