



PRAYER GUIDE | ORDINARY TIME



ORDINARY TIME

FOLLOWING JESUS IN EVERYDAY LIFE

20
26

Welcome

Liturgical Rhythms for Everyday Life

As we enter the season of Ordinary Time, this prayer guide is offered with the hope that it will serve as a companion in your walk with Jesus. This project is rooted in a simple conviction: we are formed not only by what we believe, but by what we do. The habits we keep shape our desires, our attention, and ultimately our lives. As a church, we believe the rhythms of gathered worship are meant to spill over into the week, becoming patterns that form us into the likeness of Jesus.

Ordinary Time invites us to discover God's presence in the ordinary rhythms of everyday life. While seasons like Advent, Lent, Easter, and Pentecost draw our attention to particular moments in the story of redemption, Ordinary Time focuses on the ongoing work of discipleship. It is a season of learning to follow Jesus in the day to day. This is not a season of striving, but of steady formation.

Using this Guide

Each day of this guide offers liturgically inspired practices—the same rhythms we engage together on Sundays, now extended into daily life. These aren't tasks to check off, but invitations to make space: for prayer and repentance, for joy and gratitude, for listening and discernment, and for deeper awareness of God's presence with us.

The Scripture readings follow the Revised Common Lectionary Daily Readings, used by churches around the world, with the Sunday page highlighting each sermon passage in bold. The readings from Monday through Wednesday reflect back on the previous Sunday's sermon, while the readings from Thursday through Saturday prepare us for the passage we will hear the following week. Unless otherwise noted, all Scripture quotations are taken from the Holy Bible, New International Version (NIV), 2011.



Encountering God in the Ordinary

This guide is meant to be flexible. Use it in the morning, evening, or whenever it fits naturally into your day. It can be used individually or with others. However you engage it, our prayer is that it helps you become more attentive to God's presence in the ordinary rhythms of life, growing in faith, hope, and love as he faithfully forms you into the likeness of his Son.

For Families with Kids

Let these rhythms gently shape your life together. Consider weaving one or two practices into moments you already share—a meal prayer, a bedtime routine, or time in the car. You might read a short passage of Scripture, offer a simple prayer of confession and gratitude, or reflect together on where you've seen God's faithfulness that day. Don't feel the need to do it all. Start small, and allow these simple practices to form your family as you learn together to follow Jesus in the ordinary moments of everyday life.

SUNDAY

August 23 | Proper 16

Psalm 124
Exodus 1:8-2:10
Romans 12:1-8

Matthew 16:13-20

August 30 | Proper 17

Psalm 105:1-6, 23-26, 45b
Exodus 3:1-15
Romans 12:9-21

Matthew 16:21-28

September 6 | Proper 18

Psalm 149
Exodus 12:1-14
Romans 13:8-14

Matthew 18:15-20

September 13 | Proper 19

Psalm 114
Exodus 14:19-31
Romans 14:1-12
Matthew 18:21-35

Sermon Text: Philippians 1:13-20

September 20 | Proper 20

Psalm 105:1-6, 37-45
Exodus 16:2-15
Philippians 1:21-30
Matthew 20:1-16

September 27 | Proper 21

Psalm 78:1-4, 12-16
Exodus 17:1-7
Philippians 2:1-13
Matthew 21:23-32

October 4 | Proper 22

Psalm 19
Exodus 20:1-4, 7-9, 12-20
Philippians 3:4b-14
Matthew 21:33-46

Call

Hear God call you to prayer through his word.

- 1 I will exalt you, my God the King;
I will praise your name for ever and ever.
- 2 Every day I will praise you
and extol your name for ever and ever.
- 3 **Great is the LORD and most worthy of praise;
his greatness no one can fathom.**
(Psalm 145:1-3)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and need for God's grace.

Lord God, eternal and almighty Father, we confess and acknowledge before your holy majesty that we are poor sinners. Have mercy upon us, most gracious God and Father. Forgive all our sins through the suffering of your dear Son, Jesus Christ our Lord. Increase in us the grace of your Holy Spirit, that we may recognize our sin, sincerely repent, and produce the fruits of righteousness that are pleasing to you; through Jesus Christ our Lord. Amen.

—adapted from John Calvin's Genevan Liturgy (1542)

Embrace

Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.

- 18 Who is a God like you,
who pardons sin and forgives the transgression
of the remnant of his inheritance?
You do not stay angry forever
but delight to show mercy.
- 19 You will again have compassion on us;
you will tread our sins underfoot
and hurl all our iniquities into the depths of the sea.
(Micah 7:18-19)

Hear

Read through the other passages of the day and pray that the Spirit would speak to you through them.

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

O God, whose will it is
that all your children should be one in Christ,
we pray for the unity of your Church.
Pardon all our pride
and our lack of faith, understanding, and charity,
which are the causes of our divisions.
Deliver us from narrow-mindedness,
from bitterness,
from prejudice.
Save us from considering as normal
that which is a scandal to the world
and an offence to your love.
Teach us to recognize the gifts of grace
among all those who call upon you
and confess the faith of Jesus Christ our Lord. Amen.
—Timothy Dudley-Smith (1926–2024)

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

Grace and peace to you from God our Father and the
Lord Jesus Christ.
(1 Corinthians 1:3)

October 11 | Proper 23

Psalm 106:1-6, 19-23

Exodus 32:1-14

Philippians 4:1-9

Matthew 22:1-14

October 18 | Proper 24

Psalm 99

Exodus 33:12-23

1 Thessalonians 1:1-10

Matthew 22:15-22

October 25 | Proper 25

Psalm 90:1-6, 13-17

Deuteronomy 34:1-12

1 Thessalonians 2:1-8

Matthew 22:34-46

November 1 | Proper 26

All Saints' Day

Psalm 107:1-7, 33-37

Joshua 3:7-17

1 Thessalonians 2:9-13

Matthew 23:1-12

November 8 | Proper 27

Psalm 78:1-7

Joshua 24:1-3a, 14-25

1 Thessalonians 4:13-18

Matthew 25:1-13

November 15 | Proper 28

Psalm 123

Judges 4:1-7

1 Thessalonians 5:1-11

Matthew 25:14-30

November 22 | Proper 29

Reign of Christ Sunday

Psalm 100

Ezekiel 34:11-16, 20-24

Ephesians 1:15-23

Matthew 25:31-46

MONDAY

August 17

Psalm 130
Genesis 43:1-34
Acts 15:1-21

August 24

Psalm 8
Exodus 1:1-7
Romans 2:1-11

August 31

Psalm 83:1-4, 13-18
Exodus 4:10-31
Revelation 3:1-6

September 7

Psalm 121
Exodus 12:14-28
1 Peter 2:11-17

September 14

Psalm 77
Joshua 3:1-17
Hebrews 11:23-29

September 21

Psalm 119:97-104
Exodus 16:31-35
Romans 16:1-16

September 28

Psalm 42
Exodus 18:1-12
Philippians 1:3-14

October 5

Psalm 119:49-56
Deuteronomy 5:1-21
1 Peter 2:4-10

Call

Hear God call you to prayer through his word.

4 Enter his gates with thanksgiving

and his courts with praise;

give thanks to him and praise his name.

5 **For the LORD is good and his love endures forever;
his faithfulness continues through all generations.**

(Psalm 100:4-5)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and need for God's grace.

**Most merciful God, we confess that we have sinned
against you in thought, word, and deed, by what we
have done, and by what we have left undone. We
have not loved you with our whole heart; we have
not loved our neighbors as ourselves. We are truly
sorry and we humbly repent. For the sake of your
Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your
ways, to the glory of your name. Amen.**

—Book of Common Prayer (1979)

Embrace

*Embrace God's word of forgiveness over you, which is made
possible by the finished work of Jesus.*

11 For as high as the heavens are above the earth,

so great is his love for those who fear him;

12 as far as the east is from the west,

so far has he removed our transgressions from us.

(Psalm 103:11-12)

Hear

*Read through the other passages of the day and pray that the
Spirit would speak to you through them.*

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.
—Book of Common Prayer (1979)

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

"The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."
(Deuteronomy 31:8)

October 12

Psalm 97
Exodus 32:15-35
Jude 17-25

October 19

Psalm 63:1-8
Exodus 40:34-38
Revelation 18:1-10, 19-20

October 26

Psalm 119:41-48
Numbers 33:38-39
James 2:8-13

November 2

Psalm 128
Joshua 4:1-24
1 Thessalonians 2:13-20

November 9

Psalm 78
Joshua 24:25-33
1 Corinthians 14:20-25

November 16

Psalm 83:1-4, 9-10, 17-18
Judges 4:8-24
Romans 2:1-11

November 23

Psalm 28
Numbers 27:15-23
2 Timothy 2:8-13

TUESDAY

August 18

Psalm 130
Genesis 44:1-34
Romans 11:13-29

August 25

Psalm 8
Exodus 2:11-15a
Romans 11:33-36

September 1

Psalm 83:1-4, 13-18
Exodus 5:1-6:13
Revelation 3:7-13

September 8

Psalm 121
Exodus 12:29-42
Romans 13:1-7

September 15

Psalm 77
Nehemiah 9:9-15
Romans 14:13-15:2

September 22

Psalm 119:97-104
Numbers 11:1-9
Romans 16:17-20

September 29

Psalm 42
Exodus 18:13-27
Philippians 1:15-21

October 6

Psalm 119:49-56
Deuteronomy 5:22-6:3
2 Corinthians 5:17-21

Call

Hear God call you to prayer through his word.

28 “Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 **For my yoke is easy and my burden is light.”**

(Matthew 11:28-30)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and need for God’s grace.

We have sinned, O Lord, we have sinned. Forgive our sins and save us. Hear us, O Lord, as you guided Noah on the waves of the flood and recalled Jonah from the abyss by your Word. Free us, O Lord, as you offered a hand to Peter as he was sinking. Bear us up, O Christ, Son of God, as you performed wonders among our fathers. O Lord, stretch forth your hand from on high to help us in our needs.

—Lorrha-Stowe Missal (c. 800)

Embrace

Embrace God’s word of forgiveness over you, which is made possible by the finished work of Jesus.

13 For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, 14 in whom we have redemption, the forgiveness of sins.

(Colossians 1:13-14)

Hear

Read through the other passages of the day and pray that the Spirit would speak to you through them.

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

God, our heavenly Father,
we draw near to you with thankful hearts
because of all your great love for us.
We thank you most of all
for the gift of your dear Son,
in whom alone we may be one.
We are different from one another
in race and language,
in material things, gifts, and opportunities;
but each of us has a human heart,
knowing joy and sorrow, pleasure and pain.
We are one in our need of your forgiveness,
your strength, and your love.
Make us one in our common response to you,
that, bound by a common love
and freed from selfish aims,
we may work for the good of all
and the advancement of your kingdom.
—Queen Sālote Tupou III (1900–1965)

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

10 And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 11 To him be the power for ever and ever. Amen.
(1 Peter 5:10-11)

October 13

Psalm 97
Exodus 33:1-6
Philippians 3:13-4:1

October 20

Psalm 63:1-8
Numbers 12:1-9
Revelation 18:21-24

October 27

Psalm 119:41-48
Exodus 34:29-35
James 2:14-26

November 3

Psalm 128
Joshua 6:1-16, 20
Acts 13:1-12

November 10

Psalm 78
Nehemiah 8:1-12
1 Thessalonians 3:6-13

November 17

Psalm 83:1-4, 9-10, 17-18
Exodus 2:1-10
1 Thessalonians 5:12-18

November 24

Psalm 28
Zechariah 11:4-17
Revelation 19:1-9

WEDNESDAY

August 19

Psalm 130
Genesis 45:16-28
Matthew 8:1-13

August 26

Psalm 8
Exodus 2:15b-22
Matthew 26:6-13

September 2

Psalm 83:1-4, 13-18
Exodus 7:14-25
Matthew 12:22-32

September 9

Psalm 121
Exodus 13:1-10
Matthew 21:18-22

September 16

Psalm 77
2 Kings 2:1-18
Mark 11:20-25

September 23

Psalm 119:97-104
Numbers 11:18-23, 31-32
Matthew 18:1-5

September 30

Psalm 42
Exodus 19:9b-25
Matthew 9:2-8

October 7

Psalm 119:49-56
Deuteronomy 6:10-25
John 11:45-57

Call

Hear God call you to prayer through his word.

6 Come, let us bow down in worship,
let us kneel before the LORD our Maker;

7 **for he is our God**

**and we are the people of his pasture,
the flock under his care.**

(Psalm 95:6-7)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess your faith using these ancient words.

**I believe in God the Father Almighty, Maker of
heaven and earth; and in Jesus Christ his only Son
our Lord, who was conceived by the Holy Spirit,
born of the virgin Mary, suffered under Pontius
Pilate, was crucified, died, and was buried. He
descended into hell. The third day he rose again
from the dead. He ascended into heaven, and is
seated at the right hand of God the Father
Almighty; from there he will come to judge the
living and the dead.**

**I believe in the Holy Spirit, the holy catholic
church, the communion of saints, the forgiveness
of sins, the resurrection of the body, and the life
everlasting.**

—The Apostles' Creed

Hear

*Read through the other passages of the day and pray that the
Spirit would speak to you through them.*

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

Our Father in heaven, hallowed be your name

Thank God for who he is and his abundant faithfulness.

Your kingdom come, your will be done on earth as it is in heaven

Pray for God's rule and reign to become a tangible reality.

Give us this day our daily bread

Pray for God's daily provision in your life.

Forgive us our debts as we forgive our debtors

Confess your sins to the Lord, and forgive people who have wronged you.

Lead us not into temptation

Ask for God to guide you in 'paths of righteousness for his name's sake.'

But deliver us from evil

Pray for God's protection against any of the strategies of Satan.

**For yours is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

Receive

Receive God's blessing on this day.

24 "The LORD bless you

and keep you;

25 the LORD make his face shine on you

and be gracious to you;

26 the LORD turn his face toward you

and give you peace."

(Numbers 6:24-26)

October 14

Psalms 97

2 Kings 17:7-20

John 6:25-35

October 21

Psalms 63:1-8

Numbers 13:1-2, 17-14:9

Matthew 17:22-27

October 28

Psalms 119:41-48

Deuteronomy 26:16-27:7

Matthew 19:16-22

November 4

Psalms 128

Joshua 10:12-14

Matthew 15:1-9

November 11

Psalms 78

Jeremiah 31:31-34

Matthew 24:29-35

November 18

Psalms 83:1-4, 9-10, 17-18

Esther 7:1-10

Matthew 24:45-51

November 25

Psalms 28

Jeremiah 31:10-14

John 5:19-40

THURSDAY

August 20

Psalm 124
Genesis 49:1-33
1 Corinthians 6:1-11

August 27

Psalm 105:1-6, 23-26, 45b
Exodus 2:23-24
Ephesians 5:1-6

September 3

Psalm 149
Exodus 9:1-7
2 Corinthians 12:11-21

September 10

Psalm 114
Exodus 13:17-22
1 John 3:11-16

September 17

Psalm 105:1-6, 37-45
Exodus 15:22-27
2 Corinthians 13:1-4

September 24

Psalm 78:1-4, 12-16
Isaiah 48:17-21
James 4:11-16

October 1

Psalm 19
Exodus 23:1-9
Colossians 2:16-23

October 8

Psalm 106:1-6, 19-23
Exodus 24:1-8
1 Peter 5:1-5, 12-14

Call

Hear God call you to prayer through his word.

5 Your love, LORD, reaches to the heavens,
your faithfulness to the skies.
6 Your righteousness is like the highest mountains,
your justice like the great deep.
You, LORD, preserve both people and animals.
7 **How priceless is your unfailing love, O God!**
People take refuge in the shadow of your wings.
(Psalm 36:5-7)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and need for God's grace.

**Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep.
We have followed too much the devices and desires
of our own hearts.
We have offended against thy holy laws.
We have left undone those things
which we ought to have done;
and we have done those things
which we ought not to have done;
and there is no health in us.
But thou, O Lord, have mercy upon us, miserable offenders.
Spare thou them, O God, which confess their faults.
Restore thou them that are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord.**

—adapted from the Book of Common Prayer (1552)

Embrace

Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.

1 Blessed is the one
whose transgressions are forgiven,
whose sins are covered.
2 Blessed is the one
whose sin the LORD does not count against them
and in whose spirit is no deceit.
(Psalm 32:1-2)

Hear

Read through the other passages of the day and pray that the Spirit would speak to you through them.

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

Lord, make our lives
a temple of the Holy Spirit.
Grant each of us the fruits of the Spirit:
love, joy, peace, patience,
kindness, and faithfulness.
May the Holy Spirit speak through the lips
of your servants who proclaim your Word.
Send your comforting Spirit
to all who are in trouble and distress.
Send your comforting Spirit
to all who are victims of injustice.
Keep all nations from hatred and war.
Gather together all the nations
by the breath of your Spirit.
—Taizé Community

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

14 May the LORD cause you to flourish,
both you and your children.
15 May you be blessed by the LORD,
the Maker of heaven and earth.
(Psalm 115:14-15)

October 15

Psalm 99
Exodus 33:7-11
3 John 9-12

October 22

Psalm 90:1-6, 13-17
Deuteronomy 31:14-22
Titus 1:5-16

October 29

Psalm 107:1-7, 33-37
Joshua 1:1-11
Romans 2:17-29

November 5

Psalm 78:1-7
Joshua 5:10-12
Revelation 8:6-9:12

November 12

Psalm 123
Judges 2:6-15
Revelation 16:1-7

November 19

Psalm 100
Genesis 48:15-22
Revelation 14:1-11

November 26

Thanksgiving Day
Psalm 65
Deuteronomy 8:7-18
2 Corinthians 9:6-15
Luke 17:11-19

FRIDAY

August 21

Psalm 124
Genesis 49:29-50:14
2 Corinthians 10:12-18

August 28

Psalm 105:1-6, 23-26, 45b
Exodus 3:16-22
2 Thessalonians 2:7-12

September 4

Psalm 149
Exodus 10:21-29
Romans 10:15b-21

September 11

Psalm 114
Exodus 14:1-18
Acts 7:9-16

September 18

Psalm 105:1-6, 37-45
Exodus 16:1-21
2 Corinthians 13:5-10

September 25

Psalm 78:1-4, 12-16
Numbers 20:1-13
Acts 13:32-41

October 2

Psalm 19
Exodus 23:14-19
Philippians 2:14-18; 3:1-4a

Call

Hear God call you to prayer through his word.

- 1 Lord, you have been our dwelling place
throughout all generations.
- 2 Before the mountains were born
or you brought forth the whole world,
from everlasting to everlasting you are God.
(Psalm 90:1-2)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and need for God's grace.

**Father, who formed the human family
to live in harmony and peace,
we acknowledge before you
our divisions, quarrels, hatreds,
injustices, and greed.
May your church demonstrate before the world
the power of the gospel to destroy division,
so that, in Christ Jesus,
there may be no barriers of wealth or class,
age or intellect, race or color,
but all may be equally your children,
members one of another
and heirs together of your everlasting kingdom.**
—Nigerian Christian prayer

Embrace

Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.

7 In him we have redemption through his blood,
the forgiveness of sins, in accordance with the
riches of God's grace 8 that he lavished on us.
(Ephesians 1:7-8)

Hear

Read through the other passages of the day and pray that the Spirit would speak to you through them.

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Allow these words to shape your own requests to God.

Lord God, strengthen me
against the tactics of my foe.
Protect me from the snares of the devil.
Keep me from falling.
Make me stand.
I require your presence and help.
I do not want to give way to wrongdoing.
Holy Spirit, fill me anew.
Jesus, be my strong tower.
Heavenly Father, hear my cry for help:
enfold me in your love
so that I may find satisfaction in you alone.
I wait, God,
in the power of your Holy Spirit,
by faith.
—Kari Kristina Reeves

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

The grace of our Lord Jesus Christ be with your spirit,
brothers and sisters. Amen.
(Galatians 6:18)

October 9

Psalms 106:1-6, 19-23
Exodus 24:9-11
James 4:4-10

October 16

Psalms 99
Exodus 31:1-11
1 Peter 5:1-5

October 23

Psalms 90:1-6, 13-17
Deuteronomy 32:1-14, 18
Titus 2:7-8, 11-15

October 30

Psalms 107:1-7, 33-37
Joshua 2:1-14
2 Peter 2:1-3

November 6

Psalms 78:1-7
Joshua 8:30-35
Revelation 9:13-21

November 13

Psalms 123
Judges 2:16-23
Revelation 16:8-21

November 20

Psalms 100
Isaiah 40:1-11
Revelation 22:1-9

SATURDAY

August 22

Psalm 124
Genesis 50:15-26
Matthew 16:5-12

August 29

Psalm 105:1-6, 23-26, 45b
Exodus 4:1-9
Matthew 8:14-17

September 5

Psalm 149
Exodus 11:1-10
Matthew 23:29-36

September 12

Psalm 114
Exodus 15:19-21
Matthew 6:7-15

September 19

Psalm 105:1-6, 37-45
Exodus 16:22-30
Matthew 19:23-30

September 26

Psalm 78:1-4, 12-16
Numbers 27:12-14
Mark 11:27-33

October 3

Psalm 19
Exodus 23:10-13
John 7:40-52

Call

Hear God call you to prayer through his word.

- 1 Sing to the LORD a new song;
sing to the LORD, all the earth.
- 2 Sing to the LORD, praise his name;
proclaim his salvation day after day.
- 4 **For great is the LORD and most worthy of praise;
he is to be feared above all gods.**
(Psalm 96:1-2, 4)

Reflect

Read and meditate on the psalm of the day.

Confess

Confess the reality of your sin and your need for God's grace.

**Lamb of God,
you take away the sins of the world:
have mercy on us.**
**Lamb of God,
you take away the sins of the world:
have mercy on us.**
**Lamb of God,
you take away the sins of the world:
grant us peace.**

—Agnus Dei (c. seventh century)

Embrace

Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.

31 What, then, shall we say in response to these things? If God is for us, who can be against us? 32 He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? 33 Who will bring any charge against those whom God has chosen? It is God who justifies. 34 Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us.
(Romans 8:31-34)

Hear

Read through the other passages of the day and pray that the Spirit would speak to you through them.

Abide

Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.



Pray

Pause and become attentive to God's presence. Use these prompts to guide your prayer as you reflect on the week that has passed and prepare for the week ahead.

1. **Notice God's presence.** Rest quietly, remembering that God is near.
2. **Review the week with gratitude.** Give thanks for moments of grace, however small.
3. **Pay attention to your emotions.** Name what you are carrying and bring it honestly to God.
4. **Pray from one moment.** Choose a single experience from the week and speak with God about it.
5. **Look toward tomorrow.** Entrust the coming week to God, asking for grace to walk faithfully.

Ask

Bring your needs before God, knowing that he hears and cares for you.

Receive

Receive God's blessing on this day.

23 Peace to the brothers and sisters, and love with faith from God the Father and the Lord Jesus Christ. 24 Grace to all who love our Lord Jesus Christ with an undying love.
(Ephesians 6:23-24)

October 10

Psalms 106:1-6, 19-23
Exodus 24:12-18
Mark 2:18-22

October 17

Psalms 99
Exodus 39:32-43
Matthew 14:1-12

October 24

Psalms 90:1-6, 13-17
Deuteronomy 32:44-47
John 5:39-47

October 31

Psalms 107:1-7, 33-37
Joshua 2:15-24
Matthew 23:13-28

November 7

Psalms 78:1-7
Joshua 20:1-9
Matthew 24:1-14

November 14

Psalms 123
Judges 5:1-12
Matthew 12:43-45

November 21

Psalms 100
Ezekiel 34:25-31
Matthew 12:46-50

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire width, providing a guide for handwriting or typing. The paper itself is a clean, off-white color. There are no margins, text, or other markings present on the page.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire surface, typical of notebook or composition paper. The lines are uniform in thickness and color, providing a guide for handwriting. There are no margins, text, or other markings present on the page.

About Grace Pasadena

Grace Pasadena is a community rooted in the life-giving grace of Jesus. In a world that is often hurried, fractured, and weary, we long to be a place where people encounter his presence, find rest in his love, and are sent out to share that grace with others.

Our mission, vision, and values flow out of this hope—shaping who we are and how we live as a church in Pasadena and beyond.

Mission

Grace Pasadena exists to experience and extend the life-giving grace of Jesus.

Vision

We envision a community transformed by grace—where renewed lives and healed relationships bring hope and flourishing to Pasadena and beyond.

We Live This Out

- As we grow in the knowledge of the gospel
- In every sphere of life
- For the good of our neighborhoods, city, and the world

Want to learn more or get connected? [Tap here](#) or scan the QR code below.



