

5 Day Devotional: Watch- Our Convictions

Day 1: Build on the Rock, Not the Sand

Devotional

We all have opinions. About politics, about culture, about what is best for our lives. But if you have ever watched someone whose life fell apart when things did not go their way, you know that opinions are not enough to hold a life together. Jesus told a story about two builders. One built on rock. One built on sand. The storm came for both of them. The difference was not the storm. It was the foundation. That is the question worth sitting with today. What is your life actually built on? Not what you say it is built on, but what you return to when things get hard. What shapes your decisions when no one is watching? What steadies you when the world feels unstable? Convictions are different from opinions. Opinions shift with the culture, with your mood, with whoever made the most compelling argument last. Convictions are rooted in something that does not move. They guide how you live, not just what you think. This week, we are going to explore four convictions that can serve as a rock-solid foundation for your life. Not rules to follow, but truths to build on. The goal is not information. It is transformation. You were made for more than a life built on shifting sand. You were made to stand firm. And that journey starts with deciding what you are actually standing on.

Bible Verse

"Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock." - Matthew 7

Reflection Question

When life gets difficult or uncertain, what do you actually turn to first, and what does that reveal about what your life is truly built on?

Prayer

Lord, show me where I have been building on sand instead of on You. Give me the courage to examine my foundation honestly and the faith to build my life on Your truth. Amen.

Notes

Day 2: Captive to the Word

Devotional

We live in a world that treats truth like a preference. Everyone has their version, and we are told to respect them all equally. But if everything is true, then nothing really is. Scripture does not present itself as one option among many. It presents itself as God-breathed, useful for teaching, correcting, and training us in righteousness. That is a bold claim. And it is one worth staking your life on. Here is what is easy to miss: we do not get to stand over the Bible and decide which parts we agree with. We stand underneath it, asking God to shape us by it. That posture, humble and open, is what separates someone who reads the Bible from someone who is actually formed by it. This is not about blind rule-following. It is about trust. When you believe that Scripture comes from God Himself, you stop treating it like a suggestion and start treating it like a lifeline. You may not understand every passage. You may wrestle with certain texts. That is okay. Wrestling with Scripture is not the same as rejecting it. In fact, it often means you are taking it seriously. Let the Word of God be your authority this week, not just your reference. Read it expecting it to challenge you, correct you, and ultimately free you.

Bible Verse

"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work." - 2 Timothy 3:16-17

Reflection Question

Is there an area of your life where you have been treating Scripture as optional rather than authoritative, and what would it look like to surrender that area to God's Word?

Prayer

Father, make me a person who is truly shaped by Your Word, not just familiar with it. Give me a humble heart that trusts Your truth even when it challenges me. Amen.

Notes

Day 3: The Cross Changes Everything

Devotional

It is easy to reduce the cross to a symbol. A piece of jewelry, a church logo, a cultural icon. But when you slow down and actually look at what happened there, it is anything but ordinary. The cross tells two stories at the same time. First, it tells us how serious sin is. God did not wave it away or minimize it. He dealt with it fully, at enormous cost. Second, it tells us how great God's love is. He did not leave us to face the consequences alone. He stepped in. Those two truths together are what make the cross so powerful. It is not just a historical event. It is the center of everything. For us, the cross is not just something to believe in. It is something to live from. When you understand what it cost and what it accomplished, it reshapes how you treat people, how you handle conflict, and how you think about forgiveness. Peter wrote that Christ bore our sins in His body on the tree, so that we might die to sin and live to righteousness. That is not passive language. It is a call to active, daily living in light of what Jesus did. You do not have to carry what He already carried. Let the cross be more than a symbol today. Let it be your anchor.

Bible Verse

"He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed." - 1 Peter 2:24

Reflection Question

How would your relationships and daily decisions look different if you consistently lived from the reality of what the cross accomplished, rather than just believing it as a fact?

Prayer

Jesus, thank You for the cross. Help me to live each day in light of what You did there, and let it shape how I love others and how I see myself. Amen.

Notes

Day 4: New Creation, Not a New Version

Devotional

Self-improvement is everywhere. Better habits, better routines, better mindsets. And while none of those things are bad, they can quietly become a substitute for something far more radical. God is not in the business of helping you become a slightly better version of yourself. He is in the business of making you entirely new. Paul wrote it plainly: if anyone is in Christ, He is a new creation. The old has gone. The new has come. That is not motivational language. That is a declaration of what actually happens when someone puts their faith in Jesus. Grace is not a reward for effort. It is a gift received through faith. You cannot earn your way into transformation. You can only receive it. And when you do, the change that follows is not cosmetic. It goes all the way down. This matters because a lot of people are exhausted from trying to fix themselves. They keep falling into the same patterns and wondering why nothing sticks. The answer is not more willpower. It is surrender. Repentance is not just feeling bad about what you have done. It is turning toward God and trusting Him to do what you cannot do for yourself. And He will. That is the promise. You are not a project to be improved. You are a person to be transformed. There is a big difference.

Bible Verse

"Therefore, if anyone is in Christ, He is a new creation. The old has passed away; behold, the new has come." - 2 Corinthians 5:17

Reflection Question

In what area of your life have you been relying on self-improvement rather than genuinely surrendering to God's transforming grace?

Prayer

Lord, I confess that I often try to fix myself instead of trusting You. Transform me from the inside out, and help me to receive Your grace rather than striving to earn it. Amen.

Notes

Day 5: You Have a Mission

Devotional

It is easy to drift through life measuring success by the usual markers: career, income, status, comfort. None of those things are wrong on their own. But when they become the point, something important gets lost. Jesus did not leave His followers with a suggestion. He gave them a commission. Go and make disciples of all nations. That command was not just for the twelve apostles. It is for every person who follows Christ. Your primary mission is not a promotion. It is not financial security. It is to make disciples of Jesus Christ. That reordering of priorities is not a burden. It is actually a gift, because it gives your life a purpose that does not crumble when circumstances change. When your identity is rooted in God's mission, the wins and losses of the world lose their grip. Political outcomes, career setbacks, personal disappointments: they still hurt, but they do not define you. You are part of something bigger and longer than any of those things. This does not mean quitting your job or moving overseas (though it might for some). It means showing up in your everyday life as someone on mission. In your neighborhood, your workplace, your family. Not as a spectator, but as a participant. You have been changed by grace and equipped by the Spirit. Now go. The mission is not waiting for someone more qualified. It is waiting for you.

Bible Verse

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you." - Matthew 28:19-20

Reflection Question

If making disciples is your primary mission, what is one practical and specific way you could pursue that mission in your everyday life this week?

Prayer

Father, help me to see my life as part of Your mission, not just my own story. Give me eyes to see the people around me and the courage to point them toward Jesus. Amen.

Notes