

KEY QUESTION: WHO LOVES ME NO MATTER WHAT? • BIG IDEA: GOD LOVES ME NO MATTER WHAT.

TABLE TIME

HAPPY & SAD CUFFS

Supplies:

1. “Happy & Sad Cuffs” Activity Page (2 per child, printed on cardstock, cut out)
2. “Happy & Sad – Happy Label” Activity Page (1 per child, printed on OL5375 labels)
3. “Happy & Sad – Sad Label” Activity Page (1 per child, printed on OL5375 labels)
4. Crayons
5. Scotch tape

How-To:

1. Pre-cut the paper strips from the Activity Page, and then give each child a pair.
2. Help them place a happy face sticker on one paper strip and a sad face on the other strip.
3. Encourage the children to color their paper strips.
4. When they finish coloring, tape the paper strips around each child’s wrists to make cuffs.

Say This:

Before the Activity:

Jonathan and David were sad when they had to say goodbye to each other. But they knew God loved them no matter what, and that made them feel happy. God loved them no matter how they were feeling. God loves us no matter how we’re feeling too! God loves you no matter what, and **[Big Idea] God loves me no matter what!** We’re going to make happy and sad cuffs to help us remember that!

During the Activity:

(Give each child two paper strips.) Let’s put a happy and sad face on each of your paper strips *(demonstrate)*. Then, you can color them! *(Allow children to decorate their cuffs.)* When you are finished coloring, we’ll tape them on your wrists to make cuffs that you can wear!

After the Activity:

Great decorating, friends! Wear your cuffs home today, so you can remember that God loves you no matter what.