HIGH SCHOOL SERIES
THE GOOD LIFE
PART 3

BOTTOM LINE

Relationships are worth fighting for.

MESSAGE OVERVIEW

The apostle Paul wrote Ephesians to a church in one of the largest cities in the ancient world. They were surrounded by competing voices and searching for meaning, just like us. Paul offered them something different. Over the next four weeks, we're going to look at what he said and why we believe it leads to the good life!

SCRIPTURE

"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." // Ephesians 4:31–32

"Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body." // Ephesians 4:25

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs." // Ephesians 4:29

QUESTION TO ASK YOURSELF

When was the last conflict you had? How is your relationship with that person today?

DISCUSSION GUIDE

- What is your go-to response to conflict?
- Read Ephesians 4:31–32. Which do you personally struggle with the most: bitterness, rage, anger, brawling, or slander?
- What does it look like to respond with grace and wisdom to a conflict when immediate reconciliation isn't possible or healthy?
- How does knowing that you've received grace from God affect the way you treat people who hurt you?

- What's harder for you: being humble, being honest, or being helpful? Why?
- What's one relationship worth fighting for right now, and what's one small step you can take toward that relationship this week?
- Check in on how reading Ephesians is going.

PRAY TOGETHER

Dear God, thank you that you forgave us before we even had a chance to earn it. Help us to do the same for others. Give us the humility to own our part and the honesty to go direct instead of hiding behind silence or sarcasm. Help us to fight for these relationships the way you fought for us. Jesus's name, amen.