HIGH SCHOOL SERIES
THE GOOD LIFE
PART 4

BOTTOM LINE

Wisdom lights up your life.

MESSAGE OVERVIEW

The apostle Paul wrote Ephesians to a church in one of the largest cities in the ancient world. They were surrounded by competing voices and searching for meaning, just like us. Paul offered them something different. Over the next four weeks, we're going to look at what he said and why we believe it leads to the good life!

SCRIPTURE

"Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." // Ephesians 5:1–2

"Be very careful, then, how you live, not as unwise but as wise, making the most of every opportunity, because the days are evil." // Ephesians 5:15–16

"For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord." // Ephesians 5:8–10

"Have nothing to do with the fruitless deeds of darkness, but rather expose them. It is shameful even to mention what the disobedient do in secret. But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. This is why it is said: 'Wake up, sleeper, rise from the dead, and Christ will shine on you.'" // Ephesians 5:11–14

QUESTION TO ASK YOURSELF

When you think about the person you want to become, what are some qualities you hope for?

DISCUSSION GUIDE

- What’s a decision you made that ended up affecting your future in an unexpected way?
- Read Ephesians 5:15–16. What does it mean to live wisely? (Making decisions today that you’ll be grateful for tomorrow.)
- When was a time someone used something from their past to help you? When was a time you used something hard from your past to help someone else?
- What's one area where you're most tempted to make decisions based only on what feels good in the moment?
- What is one small decision you could make differently this week because of who you want to become?
- What's one thing you may need to “bring into the light” instead of continuing to carry it alone?
- Check in on how reading Ephesians is going.

PRAY TOGETHER

Dear God, thank you that wisdom lights up our lives. Wake us up. Shine on us. And as we walk out of here tonight, please give us wisdom. The kind that lights up our lives and lights up the lives of the people around us. In Jesus's name, amen.