

3s/4s**OCTOBER 18, 2026****KEY QUESTION:****WHO WANTS ME TO HELP OTHERS?****BIG IDEA:****GOD WANTS ME TO HELP OTHERS.****VERSE OF THE MONTH:****“LOVE YOUR NEIGHBOR AS YOURSELF.” MATTHEW 22:39****BIBLE STORY:****ABIGAIL HELPS DAVID AND NABAL – 1 SAMUEL 25:2-35****OVERVIEW**

Centers
Large Group
Circle Time
Table Time
Play Time



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FLOOR CENTER

FOOD PATTERNS

In this activity, we'll make patterns using pictures of food. Today we'll hear about Abigail saving her family by bringing David and his army lots of food.

Supplies:

1. "Food Patterns" Activity Pages (printed on cardstock, cut out)

How-To:

1. Using the food pictures, create a simple pattern.
2. Encourage the children to continue the pattern.
3. Allow the children to take turns creating patterns for their friends.

Say This:

Before the Activity:

Do you like to play with your food? *(Let children respond.)* Today we're going to have a lot of fun playing with some pretend food. Look at all this food I have *(show food pictures)*! There are all sorts of yummy things here. We're going to play with these food pictures by making patterns. I'll start a pattern, and let's see if you can help me finish it.

During the Activity:

Let's begin with hamburger, pizza, hamburger, pizza. Who knows what food comes next? *(Let children respond and add the correct picture.)* You are so smart! Who would like to make a pattern next? *(Let children take turns creating and finishing the patterns.)*

After the Activity:

We used all sorts of yummy foods to make our patterns. Today we are going to hear about something that someone else did with a lot of food.

BIBLE STORY: ABIGAIL HELPS DAVID AND NABAL – 1 SAMUEL 25:2-35
VERSE OF THE MONTH: “LOVE YOUR NEIGHBOR AS YOURSELF.” MATTHEW 22:39

CIRCLE TIME

What You Need:

1. Bible
2. Stickers

Say This:

Prompt the children to remember what they learned in The Playhouse. Celebrate when they remember!

- David and his army helped Nabal by taking care of his (goats/sheep/animals).
- David and his men were hungry, so David asked Nabal for food, but Nabal said (no)!
- Abigail wanted to help, so she took lots of food to (David and his army).
- Just like God wanted Abigail to help others, God wants me to (help others).

Practice the Verse:

Open the Bible to remind the children that our verse comes from the Bible.

Are you ready to practice our Bible verse? (Let children respond.) Okay, let's all say it together.

“Love (hug self) your neighbor (point all around) as yourself (thumbs to chest)” Matthew 22:39.
(Open hands like a book.)

Now, who wants to try saying it by yourself? (Reward each child with a sticker for saying the verse.)

Talk About It:

Abigail knew that God wants us to help others. She loaded up her donkey with lots of food and took it to David to help feed him and his army. Just like Abigail helped David, there are people who help us too! Who are some people that help you? (Examples might be their mommies, daddies, small group leaders, or neighbors.)

Let's pray and thank God for all the people who help us.

Pray:

Dear God, thank you for the people who help us. Thank you for (talk about the people you discussed). We love you, God. Amen.

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TABLE TIME

VERSE NECKLACE

Supplies:

1. “Verse Necklace – Label” Activity Page (1 label per child, printed on OL196 labels)
2. “Verse Necklace – Heart Stickers” Activity Page (multiple sheets, printed on OL240)
3. Cupcake liners (1 per child, various colors)
4. Paper dessert plates (1 per child, various colors)
5. Pieces of yarn (1 per child, 24" long)
6. Hole punch
7. Glue sticks
8. Tape

How-To:

1. Use the hole punch to punch two holes in the top of each plate.
2. Thread the yarn through the holes and tie the ends together to create a necklace.
3. Give a necklace and one cupcake liner to each child.
4. Instruct them to flatten the cupcake liner and glue it to the center of their plate.
5. Help each child place a label in the middle of the cupcake liner.
6. Encourage them to decorate their necklace with heart stickers.

Say This:

Before the Activity:

Who remembers our Bible verse? *(Let children respond.)* That’s right. “Love your neighbor as yourself” Matthew 22:39. We’re going to make some super cool necklaces to help us remember to love our neighbors. *(Pass out necklaces.)*

During the Activity:

Start by gluing a cupcake liner onto the plate. Next, put this sticker on top of the cupcake liner. *(Hold up label.)* It has our Bible verse on it: “Love your neighbor as yourself” Matthew 22:39. Look, our Bible verse says “LOVE,” and we have all these heart stickers to add to our necklace! Choose some stickers to decorate your necklace. *(Allow children to decorate.)*

After the Activity:

Your necklaces are so beautiful! Wear them home, and when your families see them, you can tell them our Bible verse.