THE GOOD LIFE | MIDDLE SCHOOL | PART 1

BIG IDEA

You belong to God. You do not have to earn His love.

MESSAGE OVERVIEW

A man named Paul wrote a letter to Christians living in a busy city called Ephesus. They heard lots of different ideas about what makes life good. Paul reminded them that following Jesus changes how we see ourselves, love others, treat people, and make choices. This month we will discover what that means for us at school, at home, and with friends.

BIBLE PASSAGES

> *For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will. — Ephesians 1:4–5*

> *In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us. — Ephesians 1:7–8*

QUESTION TO THINK ABOUT

What do you think makes a life really good?

DISCUSSION QUESTIONS

1. Tell about a time you felt proud of yourself—or a time a mistake made you feel bad about yourself.
2. Who or what sometimes makes you feel like you need to be perfect or fit in? (For example: grades, sports, friends, or social media.)
3. What do these Bible verses tell us about how God sees us?
4. Which word means the most to you today: chosen, part of God’s family, forgiven, or loved? Why?
5. When do you feel like you have to do well to be important or accepted?
6. What could you do this week to remember that God loves you even when you make mistakes?

GROUP CHALLENGE

Read one chapter of Ephesians together each week. This week, start with chapter 1.

PRAY TOGETHER

Dear God, thank You for loving us and choosing us to be part of Your family. Help us remember that our value does not depend on grades, popularity, or being perfect. Help us trust Your love. In Jesus’ name, amen.