

ASSUMPTION CULTURAL CENTER

Spring/Summer 2026

(586) 779-6111 | 21800 Marter Road | St. Clair Shores, MI | 48080 | www.assumptionculturalcenter.org

ASSUMPTION SPRING CULTURAL SERIES

ASSUMPTION GREEK ORTHODOX CHURCH ICONOGRAPHY TOURS



The Assumption Church is graced with iconography from world-renowned iconographer Vlas Tsotsonis. Christian iconography is an ancient art that was of central importance both to the worship and catechism of early Christians. It flourished in the Byzantine era but has been used throughout the 2,000-year history of the Orthodox Church. Icons convey the beauty of eternity, and are important teaching tools through which the lives of Christ, the Apostles, and saints have been preserved from one generation of Christians to the next. Recognizing that the great value of iconography is for anyone with an interest in art, history, anthropology or religion, the Assumption Church offers guided tours of its iconography to groups and individuals.

SCHEDULE YOUR TOUR NOW! (586)779-6111

ADULT GREEK DANCE LESSONS

Learn Greek dancing for the next GreekFest, or just embrace traditional dancing in this introductory course! *Proceeds will benefit the Assumption Dance Program.*

Mondays, May 11 & 18; June 8, 15, 22 & 29, 7-8pm
Fee: \$10 per class, or \$50 for all six classes

HELLENIC CUISINE

Learn to make some favorite Greek foods! Join us for one or both of these cooking classes where you will enjoy a hands-on experience. Follow the instructor and prepare and enjoy these dishes yourself!

SPINACH CHEESE PIE

Monday, April 27, 6pm, Fee: \$25 per person

PAXIMADIA - Greek Biscotti

Monday, May 4, 6pm, Fee: \$25 per person

**Reserve your spot in Greek Dance lessons and enroll in Hellenic Cuisine classes!
Call (586) 779-6111**

TRAVEL WITH ASSUMPTION

Join your neighbors - Affordable & fun!

SPAIN - Another exciting European tour!

This immersive journey spans Spain, beginning in vibrant Madrid with a panoramic city tour.

A full-day tour of Toledo and Avila follows, including an unforgettable Flamenco dinner show. The adventure continues via train ride to Barcelona, followed by a full-day tour of the city and iconic visits to Basilica de la Sagrada Familia, Lluís Companys Olympic Stadium, Park Güell, and more. Fly to Marbella for dinner in a local traditional restaurant. Optional tour available in Marbella. Enjoy a full-day scenic excursion to Ronda that includes a wine tasting and lunch. Travel by bus to Seville, stopping enroute at Granada's magnificent Alhambra, arriving in Seville in time for dinner. Enjoy rich Andalusian culture via a full-day tour of Seville. Two "free" days to explore on your own, or join optional tours: Oct 5 brings an optional tour to Montserrat, Girona and Costa Brava (11 hours) for \$298 per person; Oct 11's optional tour is to Jerez and Cadiz, with sherry wine tasting (9-10 hours) for \$274 per person. **Air Fare included.**

With premium accommodations, excursions with English-speaking guides, entrance fees and select meals, this itinerary offers a blend of history, landscapes and authentic local experiences.

September 30-October 12, 2026

\$6,998 per person, double occupancy; \$9,335 single occupancy

For information, contact Trip Leader Julie Granger at (313) 770-6047.

For all payments, call Assumption Center at (586) 779-6111

TRAVEL NIGHT

Learn more about our trip
Thursday, April 16, 7pm
Assumption Center

SPRING FLING LADIES' NIGHT!

Enjoy appetizers and refreshments while shopping for wonderful gifts!

Thursday, May 14 • 6-9:30pm at Assumption Center
\$35 per person, with Cash Bar

For more information,
email AssumptionSpringFling@gmail.com,
or call (586) 779-6111.

We are looking for vendors!

All proceeds benefit the Philanthropic outreach of our Assumption Ladies Society.



Exercise Program 2026!

*New KALOSOMATICS students receive
one week of Kalo classes FREE.
No Membership Required.
Open to the Community!*

Affordable, Proven and Fun! Approved by physiologists and physicians as safe and effective, KALOSOMATICS® is a compilation of words meaning, "a state of well being through body movement." Tailored to all ages and skill levels and guided by certified instructors. KALOSOMATICS® employs traditional Yoga and Pilates-like mat work. Emphasis on cardiovascular development. Run, Walk, Stretch, Step, Kickbox, Circuit Training.

REGISTER FOR CLASSES ONLINE AT www.assumptionculturalcenter.org, stop by the office to sign up ahead of time or sign up on-site on your first day of class.

FLEXIBLE SCHEDULE: Alternate class days and times to fit your personal schedule.

REASONABLE PRICES: Only \$4 per class, or \$3 for seniors, *when you register for the entire session*. Drop-in fee: \$5 per class for all ages.

SPRING SESSION (10 weeks)

March 30-June 5

(No classes May 25; June 8-12)

\$80 – Two classes per week

\$120 – Three classes per week

Senior Rate (60 and over):

\$60 – Two classes per week

\$90 – Three classes per week

SUMMER SESSION (9 weeks)

June 15-August 13

\$72 – Two classes per week

\$108 – Three classes per week

Senior Rate (60 and over):

\$54 – Two classes per week

\$81 – Three classes per week

WOMEN'S KALOSOMATICS®*

Mat work followed by cardio: Aerobics, calisthenics, step, kickboxing, circuit and strength training, dance, yoga. Sign up for 2-5 classes per week and attend whichever classes

fit your schedule each week.

Spring Session:

Mon/Tues/Wed/Thurs/Fri, 9:15-10:15am

Summer Session:

Mon/Tues/Wed/Thurs, 9:15-10:15am

No Friday classes in summer

CO-ED KALOSOMATICS®

INTERVAL & CROSS TRAINING*

Mat work followed by Interval and Cross Training. Bursts of high-intensity cardio alternating with lower intensity cardio moves and upper and lower body strength training. High-intensity moves may be modified for those desiring a less strenuous workout. Tues/Thurs, 7-8pm.

CO-ED KALO MODERATION/STRETCH & STROLL CHAIR AEROBICS

Chair exercises including lifting hand weights, followed by cardio: less strenuous form, low impact moves, walking and standing. Tues/Thurs, 10:30-11:30am

**Women's and Co-Ed Interval Kalo Exercise classes may be attended in-person or via Zoom (or a combination of the two.) To attend Zoom classes, an email address must be provided when you register.*

HELLENIC CULTURE

••••• **Assumption Gift Shop & Book Store** •••••

Books, Icons, Hellenic cookbooks, many unique gift items from Greece.

ADULT CONVERSATIONAL GREEK

Learn the language of the basis of Western Culture. An excellent foundation for all language study.

BEGINNERS & TEENS

Wednesdays, 6-7pm

Beginning April 15

INTERMEDIATE & ADVANCED BEGINNERS

Mondays, 6-7pm

Beginning April 13

All classes are 5 weeks, Fee: \$50 (includes books), Call (586) 779-6111

YOGA

**Come
Breathe &
Stretch with
Us!**

YIN YOGA

Let's release stress and increase self-awareness and flexibility together with the help of our breath and a cozy fireplace! The YIN postures gently stretch and rehabilitate the connective tissues that form our joints. When you finish this practice you will feel as though you just had a deep tissue massage! All levels, no experience needed. Bring a mat and wear comfortable clothing. April 13-June 15 (10 weeks)
Mondays, 6:30-7:30pm at Assumption
Fee: \$77

TAE KWON DO

TAE KWON DO KARATE

Gus Panagos and Bob Henry lead with outstanding years of experience in martial arts. Learn the philosophy, discipline and techniques of this traditional form of Karate. Improve your health, mind and spirit. For men and women. Fully accredited from white belt to black belt. Thursdays, 7:30pm

Session I: May-June

Session II: July-August

Contact Bob Henry at bobahenry@yahoo.com or call (586) 930-5888 for adult & youth class information. Tae Kwon Do classes are held two blocks north at Assumption School gym.

YOUTH

SEWING FOR KIDS!

Moms are welcome to join!

NEW!

Learn to create your own design, sew and use a sewing machine! All levels of experience welcome. Ages 7-14. Materials, supplies and sewing machines provided (or you may bring your own). Instructor Miss Maria is an acclaimed designer from England and teaches at Assumption Nursery School. Saturdays, April 18, 25 & May 2, 10am-Noon
Fee: \$150

YOUNG DRAGONS TAE KWON DO

Teaches fundamentals and practical exercises for ages 4 to 10. Designed for all levels of abilities with emphasis on Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. One of the most popular classes for kids. Uniforms available through instructors. Thursdays, 6:30pm

Session I: May-June

Session II: July-August

MARCHIORI CATERING AT ASSUMPTION

Celebrating 75 years and four generations of distinction in food and outstanding service make Marchiori the caterer of choice. In partnership with Assumption for more than 30 years.

HOST YOUR NEXT EVENT AT ASSUMPTION CULTURAL CENTER WITH MARCHIORI CATERING

Enjoy a complete Wedding Experience in beautifully redecorated and recently redesigned ballroom, grand reception area and elegant courtyard.

Prestige and personalized service set the tone for conferences, business meetings and organization gatherings. Many function rooms available to accommodate large and small groups and a variety of special events. Off premise catered events offered.
Destination weddings.

Visit Marchiori Catering at the Assumption Cultural Center.

Open to the entire community!

Call (586) 771-8600 or visit www.marchioricatering.com

CARRY-OUT MENUS

Check out our Carry-Out
Trays and Menu online at
www.marchioricatering.com.
Plan your holiday parties now!
To place an order, call (586) 771-8600

LENTEN SEAFOOD BUFFET

Fridays, 5-8pm, March 27 & April 3
(Dates subject to change.
Call ahead to confirm.)

ENJOY POP-UP COURTYARD SUMMER DINING! Watch for dates!

SOUPS TO GO!

Freshly prepared soups, sauces and
specialty foods – To Go!

PICKLEBALL AT ASSUMPTION

To register for pickleball programs below, call (586) 779-6111.

NO ONLINE REGISTRATION FOR PICKLEBALL. No credits or refunds for missed days.

**All pickleball clinics and lessons are instructed by Peggy Murphy Kurza, certified PPR instructor, and/or Mike Patton, 5.0 player.
Call Peggy at (313) 670-8780 to schedule a lesson.**

EARLY BIRD PICKLEBALL

Are you and your friends early birds?
Start your day playing pickleball at 7am!
Courts are available Monday through
Friday, 7-9am

SATURDAY MORNING PICKLEBALL

9-11am at Assumption Gym

COURT RENTALS

Reserve a court and bring your own players.
Court rentals are two hours
in length.
Fee: \$40 per 2-hour session.
Call for days/evenings and times.

BEGINNER PICKLEBALL

Learn the fundamentals associated with the
game. In this 6-week clinic you
will learn the rules, lingo, and proper
serving. Instructor lead. Paddles are
available during the clinic.
April 1-May 6 (6 weeks)
Wednesdays, 3-4:30pm
Fee: \$90

SMALL GROUP PICKLEBALL LESSONS

A great way to learn the game, or to improve
your skills to take your game to the next
level. Days and times vary. To schedule, call
Peggy at (313) 670-8780.

Fees:

\$30 per player, 3-5 players, for
90 minutes

\$40 per player, 1-2 players, for
60 minutes

PICKLEBALL MACHINE

Need practice on certain shots? Cross-
court dinking? Third shot drop? Using the
pickleball machine can help you develop
better muscle memory for shot placement
and control of the ball. Register for a
30-minute session with either Mike or
Peggy. Call Peggy at (313) 670-8780

Fees:

\$20 for 30 minutes

\$40 for 60 minutes

SELF-IMPROVEMENT

NEW!

ART FOR ADULTS - PAINTING CLASSES!

Artist Maria Zingas brings art classes in all
mediums. Discover the styles of Mondrian,
Van Gogh or create your own style. You will
enjoy time expressing yourself! Maria Zingas
is an acclaimed artist from England who now
resides in Grosse Pointe.
Wednesdays, April 22, 29 & May 6,
7-8:30pm, Fee: \$100

LEARN FRENCH IN SMALL GROUP CLASSES AT ALL LEVELS

Offered by The Alliance Francaise •
Registration opened on March 9th for Spring
classes. April 6-June 20 (10 weeks)
New to French? Join the Thursday complete
beginner class at Assumption Center!
Not a beginner? Take a placement test
(available on Alliance Francaise's website) for
the best class fit. Weekly classes run for 90
minutes. Fee: \$330, books not included.
Register before March 30th for an early bird
discount (\$15 off)
Visit www.afdetroit.org. Email afd@afdetroit.org
or call (248) 538-5440
(Mon-Thurs, 10am-6pm)

SOUND BOWL HEALING CLASS

Where sound meets soul for lasting healing!
Crystal singing bowls promote deep healing
through vibrational frequencies that resonate
within the body, supporting stress relief, focus,
improved sleep and emotional release. They
also help regulate blood pressure, heart rate
and energy flow. Immerse yourself in a session
of meditation and sound therapy! For added
comfort while lying down, you may bring a
yoga mat, blanket, pillow and eye mask.
Monday, May 18, 7-8:15pm
Monday, June 1, 7-8:15pm
Fee: \$35 per session
To register, call (586) 779-6111

Assumption Activities Spring/Summer 2026

21800 Marter Road,
St. Clair Shores, MI 48080
(586) 779-6111

Chairpersons:

Tony Lipinski / Roula Tsaprailis

Advisory Committee:

Roula Lipinski / John Mitropetros
Patty Vasilos / George Verras / Joan DeRonne

NURSERY SCHOOL & TODDLER CENTER



22150 Marter Road | St. Clair Shores MI | 48080 | (586) 772-4477 | www.assumptionnursery.org | j.gerardi@assumptionnursery.org

2026 SUMMER CAMP

Join us for a fun-filled summer of exciting opportunities!

Enroll for the entire 10-week program or choose one session.

Session I: June 15-July 17

Session II: July 20-August 21

Community registration began
March 9, 2026

EARLY CHILDHOOD CAMP (Ages 1-5)

Daily art, music, science, language arts, sports, creative movement and assemblies!

YOUTH CAMP (Ages 6-10)

Weekly themes: Aloha Summer; Nature's Palette; Galactic Blast Off; Culinary Creations; Outside the Lines; Superhero Training; Beach Bash; Wonder Lab; Party in the USA. Highlights: Sports clinics, Expert-led STEM experiences, Professional art instruction, Pottery workshop, Magic Show, Live Animal Experience.

A LIFETIME OF LEARNING BEGINS AT ASSUMPTION!

Register NOW for the 2026/2027 School Year

Limited Space is Available!

2026 Fall Session begins Tuesday, September 8

Dedicated to each child as a total individual socially, emotionally, physically and cognitively in a secure and caring school environment.

Class Offerings:

Toddlers: 1 to 2 1/2 years | Transition & Young Threes: 2 1/2 to 3 years
Preschool: 3 and 4 years | Young Fives

Program Offerings:

Full or half days, minimum of 2 days per week for toddlers and preschoolers,
3 days a week for Young 5s.

Open year-round | Hours: 7 a.m.-5:30 p.m.

Developmentally Appropriate Campus:

Curriculum based on Michigan Early Childhood Standards of Quality for Preschool and Toddlers | Recipient of Governor's Quality Care Award | Learning Centers | Thematic units
Secure Playgrounds | School-sized gym | Individual room HVAC units | Family Events
12 self-contained classrooms, plus 2 Assumption Center Annex classrooms
Fully Licensed by the State of Michigan

Enrichment Classes:

Science, Art, Yoga, Creative Movement, Foreign Language, Soccer



Friday, June 12

Saturday, June 13

9 a.m.-3 p.m. both days

**DON'T MISS THIS OPPORTUNITY
TO SHOP GREAT BARGAINS!**

GREEKFEST 2026 - August 21, 22 & 23

ENJOY THE POPULAR GREEK FOOD YOU'VE COME TO LOVE!

Popular Greek food and pastries, entertainment with bands, dancers and area music groups. Taverna, Frappes, Baklava ice cream sundaes. Three days of kids' rides, games for all ages! Marketplace with vendors from all over the USA and Greece. Plan on great shopping for unique items and gifts.

Grand Opening Ceremony on Friday, August 21, at 5pm

August 21, 4pm-11pm / August 22, 11am-11pm / August 23, Noon-7pm

DRIVE-THRU CARRY-OUT • Open Friday, 4pm-8pm; Saturday, 11am-8pm; Sunday, Noon-7pm

Call ahead to order at (586) 596-6326 or (586) 779-8071 OR

order online at www.assumptionfestival.com.

GRAND RAFFLE! DON'T MISS AN OPPORTUNITY TO WIN!

1st Prize: \$10,000

2nd Prize: Diamond Hoop Earrings in 18K White Gold, donated by Ahee Jewelers, valued at \$3,750 / 3rd Prize: \$500 / 4th, 5th and 6th Prizes: \$200

Drawing on August 23 at 6pm / Tickets: \$10 each

To purchase tickets and for more information, visit www.assumptionfestival.com or call (586) 779-6111.