

## **GEAR: packing list**

### **Gear for campers/ rental gear:**

- Backpack
- Pack cover
- Sleeping bag
- Stuff sack for sleeping bag
- Stuff sack for clothing (optional)
- Sleeping pad
- Crazy Creek (chair)
- 2 Nalgenes
- Bowl(two cup) & Spoon
- Whistle
- Rain Jacket
- (Extra fleece tops if needed)
- Helmet
- Gaitor

### **Personal Gear** *(make sure it's getting packed)*

(Layers from head to toe):

- Beanie
- light synthetic t-shirt/ or long sleeve *(if cotton make sure they bring two)*
- Fleece/ Wool jacket
- Down/ insulate jacket (not required)
- Fleece Gloves
- Underwear (3pair)
- Synthetic shorts
- swimsuit
- Fleece pants
- 3 pairs of socks (non-cotton)
- Hiking boots
- Sandals (crocs are great)
- Ball cap
- Camera (optional)
- Bible, pen, Journal
- Flashlight/ headlamp
- Sunglasses
- Toothbrush
- Wet Wipes (optional)
- Sanitary Napkins (women)

### **Group Gear:** *(provided)*

- 2 Tent (fly, floor, stakes)- [www.mcdane-tents.com](http://www.mcdane-tents.com)
- parachute cord for tent
- seam sealer (for tent)
- Iodine (water purification)
- 1 backup iodine bottle or water filter system
- 2 pots
- 2 big spoons
- 1 frying pan

- 1 spatula
- Shovel (for BIFF)
- 2 stoves (we have used MSR whisperlite stoves)
- Stove repair kit
- 3 1Liter fuel bottles
- fuel/ white gas
- Med Kit
- Hand Sanitizer
- Mole Skin (*blister care*)
- Spot- GPS location device (in event of a medical emergency)- we have evac teams on call.
- Maps (2)