

UP NEXT reality.church/events

Grinchfest || Dec. 2, 6:30-8:30pm at Reality Church

Snuggle up and hang out with us in Whoville for a showing of "How The Grinch Stole Christmas", games, crafts, snacks, and more! Invite your friends, grab your neighbor, bring a platter of your favorite Christmas goodies to share, and let's kick off the holiday season together!

Christmas Eve Services || Dec. 24, 2:00, 3:30, & 5:00pm

There will be no Reality Kids during Christmas Eve services, but it will be fun and engaging for kids and adults alike! On Christmas Day, we will have a special Christmas message that will be delivered online.

GROWING IN GRATITUDE

TIM SONS | NOVEMBER 20, 2022

MAIN IDEA | You don't have to feel grateful to be grateful.

PRAY TO OPEN

GETTING STARTED

You can only have four things on your Thanksgiving plate. What do you choose?

DISCUSS

Name an achievement you're proud of. Start in the present, and trace back through the steps that got you there.

ex. "I received a raise because I've been going above and beyond at work. I go above and beyond because I'm passionate about what I do. I'm passionate about what I do because I've learned the impact of what I do. I have this job because three years ago I stumbled upon a job opening and thought, 'why not?'" ...and so on.

In response to what you shared above, complete this sentence:

"God, thank you for the _____."

DISCUSS *(continued)*

Read [Psalm 23](#)

Complete this sentence:

"God, even though _____, I'm grateful for your faithfulness."

Read [Philippians 1:15-18](#). Paul is showing us that we don't thank God for the pain, instead we thank God for what the pain produces.

Complete this sentence:

"God, because of _____, you produced in me _____."

APPLY IT

Practice Daily. Set a reminder on your phone, place a note on your mirror...do what it takes to incorporate these exercises of gratitude into your daily life.

SHARE PRAYER REQUESTS & PRAY TO CLOSE

GATHER
WEEKLY
PARTY
MONTHLY
SERVE
QUARTERLY