

Today's Suggested Schedule—March 2026, Week 5

Bible Story: Palm Sunday/Jesus Washes His Disciples' Feet • *John 12:9-16, 13:1-17*

Bottom Line: Jesus showed us how to be humble.

Monthly Memory Verse: *Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves.* • Philippians 2:3 NIV

Supplies NOT Included in the Activity Bags

Bible Story Review: Jesus Thaumatrope

- Bible
- Glue sticks or tape
- Coloring supplies

Application Activity: Humble Feet

- Butcher paper
- markers
- Write "JESUS" in large letters in the center of the butcher paper or dry erase board

Memory Verse Activity: Hopscotch Memory Verse

- Floor tape

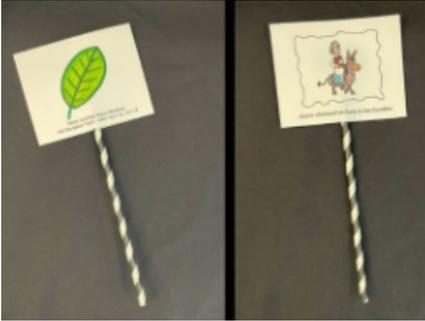
Prayer Activity: Pray and Dismiss

Bible Story Summary

Palm Sunday/ Jesus Washes His Disciples' Feet

We wrap up the month as Jesus approaches Jerusalem during Passover week. Days after entering Jerusalem on a donkey, to the cheers of a multitude, Jesus celebrates the Passover meal with His closest friends. Instead of demanding that He be served, Jesus takes on the role of the lowliest servant by washing His disciples' feet ... even those of Judas, His betrayer. [BOTTOM LINE] Jesus showed us how to be humble.

1. Bible Story Review- Jesus Thaumatrope



What You Need:

- Bible
- “Jesus Thaumatrope” Activity Page
- Glue sticks or tape
- Straws
- Coloring supplies

What You Do:

- Read John 12:12-15 and John 13:3-5 out loud to the group.
- Give each kid a “Jesus Thaumatrope” Activity Page.
- Let the kids color the picture of Jesus and the picture of the palm leaves.
- Instruct them to glue or tape the two pictures back-to-back with a straw sandwiched in the middle.
- Show them how to spin the straw back and forth quickly between their hands. The two pictures will blend together, making it look like Jesus is in the middle of the celebration!

What You Say:

“Wow, look at that! When you spin it fast, it looks like one picture! The people were so excited, they waved palm branches and shouted ‘Hosanna’ for Jesus as He rode into town. ‘Hosanna’ means ‘save us, we pray!’ They were treating Him like a king! But Jesus showed them an ‘upside down’ way to be a king. He showed them that being a leader is about serving others.

“Jesus served His friends, the disciples, by washing their feet. Washing feet was a very dirty job. It was a job that would not have been done by a king. Jesus is the King of the entire universe! But instead of demanding that His friends serve Him, Jesus entered Jerusalem on a humble donkey and then took on the job of a servant by washing His friends’ feet. Jesus put us ahead of Himself in every way. Jesus did it to serve others and show us how to put others first and love others. **[Bottom Line] Jesus showed us how to be humble.**”

2. Application Activity- Humble Feet

What You Need:

- Prepared piece of butcher paper with the word “JESUS” written on it
- Coloring supplies

What You Do:

- Lay the piece of butcher paper on the floor.
- Invite the kids to pair up.
- Instruct them to take turns tracing one of their partner’s feet onto the butcher paper around Jesus’ name.
- Direct the kids to write their partner’s name inside the foot they traced.
- Continue until every kid’s foot has been traced on the paper.

What You Say:

“Look at all these feet! Our paper reminds us of the part of our Bible Story when Jesus washed His friends’ feet. That was a job for a servant, not a king! But Jesus did it to show them how to love and serve each other. He was putting His friends first. **[Bottom Line] Jesus showed us how to be humble.**”

“There are so many ways to put others first, like Jesus did. You can help someone who falls on the playground. You can say kind words when others are being unkind. You can let someone else go first, even if you really want to be first. If you need help being humble, ask Jesus to help! When you began to follow Jesus, His very Spirit, the Holy Spirit, came to live inside of you! The Holy Spirit knows how to be humble, and He will help you!”

3. Memory Verse Activity- Hopscotch Memory Verse

What You Need:

- Bibles
- Prepared hopscotch grid with the pages from “Hopscotch Memory Verse” Activity Page taped inside

What You Do:

- Give every kid a Bible and direct them to look up Philippians 2:3.
- Demonstrate how to look up the verse using the Bible Navigation Tips below:

Finding verses with kindergartners: Guide children to open their Bibles to the marked page. Point to the book name at the top of the page as you say it aloud. Then, guide children to find the big number on the page—this is the chapter number. Finally, guide them to look under the big number for the little number; this is the verse number. Tell them to leave their finger on the verse as you read it aloud. Then, lead everyone to say the verse together.

Finding verses with 1st graders: Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find the name of the book in the list. You can help by pointing out the first few letters of the book’s name. When the kids find the book, lead them to look at the page number beside it. Explain that the number tells them on what page they can find that book. Help the kids find the page. When they find the book, explain that the big numbers on the page are the chapter numbers. Help them find the right chapter. Then explain that the small numbers are verse numbers. Help them find the correct verse in that chapter.

- Repeat the verse aloud several times.
- Review any words that might be unfamiliar to the kids.
- Guide the kids to put their Bibles aside.
- Point out the hopscotch grid that is on the floor.
- Let the kids take turns hopping through the hopscotch grid. As they hop on each square, they should say the part of the Memory Verse that is in that square.
- Encourage the rest of the group to say the verse along with the kid hopping.

What You Say:

“Great hopping! You are all becoming experts on this verse about humility. Humility can feel like an ‘upside-down’ idea, but it’s exactly what Jesus modeled for us. When Jesus washed His friends’ feet, He was showing us how to serve others and put others first. Jesus is the King of kings. Jesus is the King of heaven and earth, and yet He did the job of a servant. He washed His friends’ dirty feet to show us to value others more than ourselves. **[Bottom Line] Jesus showed us how to be humble.**”

4. Pray and Dismiss

What You Need:

- No supplies needed

What To Do:

- Remind the kids how the crowds celebrated Jesus on Palm Sunday by shouting “Hosanna!”
- Say, “Let’s take a moment to celebrate Jesus too! What is one amazing thing about Jesus that you want to celebrate?”
- Give a few examples like, “Jesus is kind,” “Jesus is my friend,” “Jesus is powerful,” “Jesus helps me _____.”
- Go around the circle and invite each kid to say one thing they want to celebrate about Jesus. After each kid shares, encourage the whole group to shout, “Hosanna! Hosanna!”

What You Say:

“It’s so good to celebrate Jesus together! He is amazing, and Jesus did the most amazing, humble thing by serving His friends and giving up His life for us so we could be friends with Him forever. Let’s pray.

“Dear Jesus, You are amazing! We celebrate You today. Thank You for showing us what it means to be humble and put others first. Help us to be like You this week and serve others. We love You, and we pray these things in Jesus’ name. Amen.”