

2026-5-rCity 2/3

SG-Week 3

Today's Suggested Schedule—May 2026, Week 3

Bible Story: Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Bottom Line: God can help you see things in a new way.

Monthly Memory Verse: *Let us not become tired of doing good. At the right time we will gather a crop if we don't give up.* • Galatians 6:9 NIRV

Supplies NOT Included in the Activity Bags:

Bible Story Review: Shake the Scales Off

- Bibles
- sticky notes

Application Activity: Magic Appearing Picture

- water
- paper towels
- washable markers
- tub/pan for water
- permanent markers

Memory Verse Activity: Perseverance Challenge

- Bibles

Prayer Activity: Pray and Dismiss

- Legos or Jenga Blocks



Bible Story

Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Conversation Starter

When have you discovered something new about God?

Bottom Line

God can help you see things in a new way.



Monthly Memory Verse

Let us not become tired of doing good. At the right time we will gather a crop if we don't give up. • Galatians 6:9 NIRV

Activities

Bible Story Review- Shake the Scales Off

What You Need

-  Bible 1
-  Sticky notes, one pad for every three kids 1

What You Do:

- Open your Bible and show the kids where the story is written. (Acts 9:1-31).
- Review the Bible Story with the kids by sharing the following points:
 - There was a man named Saul who thought he was helping God by arresting followers of Jesus.
 - While Saul was on his way to the city of Damascus to arrest Jesus-followers, Jesus appeared to him in a bright light! Jesus told Saul that Saul wasn't helping Him at all!
 - Saul tried to open his eyes, but he couldn't see.
 - Saul's friends led him into the city. For three days, he prayed, and he didn't eat or drink anything.
 - God told one of His followers, Ananias, to go and help Saul see again.
 - Ananias didn't want to go! He had heard that Saul had done terrible things to Jesus' followers.
 - But Ananias listened to God, went to the house where Saul was staying, and prayed for Saul.
 - Something like scales fell from Saul's eyes, and he could see again.
 - Saul realized that he should be Jesus' friend, not His enemy!
 - Saul started going around telling everyone, "Jesus loves you! Follow Him!"
- Ask the kids what they remember about Saul from the Bible Story. Remind them that when Jesus appeared to Saul, he was blinded.
- Ask for a volunteer to be Saul, and pick one from the kids who have their hands raised. Gently place several sticky notes over their eyes and on their arms and shirt, like "scales."
- Say, "When Saul couldn't see, he had to wait for three days. He prayed, and he didn't eat anything. Then God sent a man named Ananias to help him."
- Choose another child to be Ananias. Have "Ananias" come and gently take the sticky notes off the other volunteer's eyes.
- Say, "The Bible says it was like scales had fallen from Saul's eyes, and he could see again!"
- Now, give all the kids a few sticky notes and let them stick them on themselves.
- On the count of three, challenge everyone to shake, wiggle, and dance to "shake the scales off" without using their hands.

What You Say:

"Great dancing and shaking, everyone! It feels good to get those sticky scales off so you can see! When the scales fell from Saul's eyes, he showed that he saw Jesus in a new way. He understood that Jesus was God's Son!






"There was someone else who learned to see something in a new way—Ananias. Ananias was scared because he had heard how Saul treated Jesus' followers. But God told him to go, so he listened. When Ananias got there, the Bible says: *He placed his hands on Saul. "Brother Saul," he said, "you saw the Lord Jesus. He appeared to you on the*

road as you were coming here. He has sent me so that you will be able to see again. You will be filled with the Holy Spirit." Right away something like scales fell from Saul's eyes. And he could see again (Acts 9:17b-18a NIV). Ananias trusted God and went to help someone who was his enemy. And, eventually, God would work through Saul to do great things!

"Sometimes we think we know things, but God can help us see those things in new ways. Saul thought Jesus-followers were a lost cause. Ananias thought Saul was a lost cause. But both men listened to God, and God showed both men something. And God can show you new things too! **[Bottom Line] God can help you see things in a new way.**"

Application Activity- Magic Appearing Picture

What You Need

	White paper towels, full sheet	1
	Washable markers	Several
	Permanent markers	1
	Shallow pan	1
	Water	1

What You Do:

Before the Activity:

- Fill the shallow pan half full of water and place it in the middle of the table or area.

During the Activity:

- Give each kid a paper towel and instruct them to fold it in half.
- On the top layer of the folded paper towel, instruct kids to draw a simple picture of a sad face or a face with closed eyes using the washable markers.
- Ask kids to open their paper towel, and on the inside layer, directly behind their first drawing, instruct them to carefully draw a happy face or a face with open eyes using the permanent markers.
- When kids are finished with their drawings, fold the paper towel so that the sad face is showing.
- Let the kids take turns gently placing their folded paper towel into the pan of water.
- Watch as the water soaks into the paper towel, making the sad face disappear while the happy face appears! (Thicker paper towels may need a slight shake to move the lifted ink from the paper towel.)

What You Say:

"Wow, look at that! The picture changed right before our eyes! At first, all we could see was the sad face. But underneath, there was a happy face waiting to appear. This is like what happened to Saul. On the outside, he seemed mean and angry. But God changed his heart on the inside!

"God can help you see things in a new way too! God can change your heart to help you see Jesus in a new way. He can help you trust that Jesus is always with you, especially when things feel scary or uncertain or overwhelming. God can help you see other people in a new way too. Maybe that rude kid at school who says mean stuff is just lonely, and no one is kind to them at home. Pray and ask the Holy Spirit to help you because **[Bottom Line] God can help you see things in a new way.**"

Memory Verse Activity- Perseverance Challenges

What You Need

 Bibles

1



EveryChild tips

- Select actions so all kids can participate.

What You Do:

During the Activity:

- Give every kid a Bible and direct them to look up Galatians 6:9.
- Demonstrate how to look up the verse using the Bible Navigation Tips below:

Finding verses with 2nd-3rd graders: Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find the name of the book in the list. When they find the book, lead them to look at the page number beside it. Explain that the number tells them on what page they can find that book. Help the kids find the page. When they find the book, explain that the big numbers on the page are the chapter numbers. Help them find the correct chapter. Then explain that the small numbers are verse numbers. Help them find the correct verse in that chapter.


- Read the Memory Verse out loud together several times.
- Review any words that might be unfamiliar to the kids.
- Invite the kids to set their Bibles aside.
- Explain that you're going to practice the verse while doing some perseverance challenges.
- Lead the kids in saying the verse while everyone does each of the following actions:
 - Say the verse while balancing on one foot.
 - Say the verse while doing arm circles.
 - Say the verse while running in place as fast as you can.
- After each challenge, have the whole group cheer for each other: "DON'T STOP! DON'T GIVE UP—GOD'S WITH YOU!"

What You Say:

"That was tough, but you didn't give up! Our Memory Verse reminds us to keep going, even when things are hard. Saul didn't give up! After he met Jesus, he changed. He began sharing the good news that Jesus loves the whole world, and the church continued to grow as more and more people began their forever friendship with Him. When you feel like giving up, remember that **[Bottom Line] God can help you see things in a new way** and give you the strength to keep going."

Pray and Dismiss

What You Need

 LEGOs® or Jenga Blocks

1

What You Do:

During the Activity:

- Invite the kids to sit in a circle with the blocks in the middle.
- Tell the group that you're going to build a prayer tower together.
- Start by saying something you want to pray for. It can be a prayer for a person or a "Thank You" to God.
- After you pray, place a block in the center of the circle.
- Invite the kid next to you to say something they want to pray for, then ask them to connect their block to yours.
- Continue around the circle with each kid adding their prayer and connecting a block to the structure.
- See how big you can build your prayer structure together.

What You Say:

"Look at our amazing prayer tower! Each block is a prayer we talked to God about. This helps us remember that when we pray together, we build each other up and grow stronger and stronger. Let's pray one more time."

Prayer:

"Dear God, thank You for helping Saul see things in a new way. Please help us to see things in a new way, Your way, too. Help us see how we can be kind and how we can show Your love to others. Thank You for always being with us. We love You, and we pray these things in Jesus' name. Amen."

[As adults arrive to pick up, encourage kids: "Don't give up—remember God can help you see things in a new way."]

Supplies

Bible Story Review- Shake the Scales Off

	Quantity
1. Bible	1
2. Sticky notes, one pad for every three kids	1

Application Activity- Magic Appearing Picture

	Quantity
1. White paper towels, full sheet	1
2. Washable markers	Several
3. Permanent markers	1
4. Shallow pan	1
5. Water	1

Memory Verse Activity- Perseverance Challenges

1. Bibles	1
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Pray and Dismiss

1. LEGOs® or Jenga Blocks	1
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