

2026-5-rCity K/1 SG- Week 3

Today's Suggested Schedule—May 2026, Week 3

Bible Story: Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Bottom Line: God can help you see things in a new way.

Monthly Memory Verse: *Let us not become tired of doing good. At the right time we will gather a crop if we don't give up.* • Galatians 6:9 NIRV

Supplies NOT Included in the Activity Bags

Bible Story Review: Emotion-to-Action

- Bibles

Application Activity: Circle of Silence

- Blindfold

Memory Verse Activity: Memory Verse Mountain

- Bibles
- Coloring Supplies

Prayer Activity: Pray and Dismiss



Bible Story

Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Conversation Starter

When have you discovered something new about God?

Bottom Line

God can help you see things in a new way.



Monthly Memory Verse

Let us not become tired of doing good. At the right time we will gather a crop if we don't give up. • Galatians 6:9 NIRV

Activities

Bible Story Review- Emotion-to-Action

What You Need

-  Bible 1
-  "Emotion-to-Action" Activity Page 1

What You Do:

- Open your Bible and show the kids where the story is written. (Acts 9:1-31).
- Review the Bible Story with the kids by sharing the following points:
 - o There was a man named Saul who thought he was helping God by arresting followers of Jesus.
 - o While Saul was on his way to the city of Damascus to arrest Jesus-followers, Jesus appeared to him in a bright light! Jesus told Saul that Saul wasn't helping Him at all!
 - o Saul opened his eyes to try to see, but he couldn't!
 - o Saul's friends led him into the city. For three days, he prayed, and he didn't have anything to eat or drink.
 - o God told one of His followers, Ananias, to go and help Saul see again.
 - o Ananias didn't want to go! He had heard that Saul had done terrible things to Jesus' followers.
 - o But Ananias listened to God, went to the house where Saul was staying, and prayed for Saul.
 - o Something like scales fell from Saul's eyes, and he could see again.
 - o Saul realized that he should be Jesus' friend, not Jesus' enemy!
 - o Saul started going around telling everyone, "Jesus loves you! Follow Him!"
- Put the character cards on the floor in this order: Saul, Ananias, other believers
- Hold up the "Fear" emotion card.
- Ask the group, "Who in our story felt afraid?" (Ananias was afraid of Saul; the other believers were afraid of Saul.)
- Let a kid place the "Fear" card next to Ananias and the other believers.
- Hold up the "Anger" card. Ask, "Who was angry about people who followed Jesus?" (Saul, at the beginning of the Bible Story)
- Let a kid place the "Anger" card next to Saul.
- Hold up the "Confusion" card. Ask, "Who was confused about what was happening?" (Saul was confused when he was blinded; Ananias was confused when God told him to go to Saul.)
- Let a kid place the "Confusion" card next to Saul and Ananias.
- Hold up the "Trust" card. Ask, "Who chose to trust God even when they were scared?" (Ananias)
- Let a kid place the "Trust" card next to Ananias.
- Hold up the "Hope" card. Ask, "Who had hope because they learned about Jesus?" (Saul, after he could see again)
- Let a kid place the "Hope" card next to Saul.

What You Say:

"Great job matching those feelings! Our Bible Story today had lots of big emotions.



"Ananias was scared, and Saul was angry. But when they listened to God, their feelings changed. Ananias became brave, and Saul became hopeful.

"Meeting Jesus made Saul see the world in a whole new way. Now, instead of arresting believers, Saul went straight to the synagogue and started preaching that Jesus is the Son of God! You can imagine how confusing this was for everyone around. Everyone knew Saul had come to Damascus to arrest Jesus-followers. Now, it was clear that Saul himself had become a follower of Jesus.

"God helped Saul see people in a new way, and God helped people see Saul in a whole new way! That's because **[Bottom Line] God can help you see things in a new way.**"

Application Activity- Circle of Silence

What You Need

-  Blindfold 1
-  Object that makes a soft noise (small bell, egg shaker, tambourine, etc.) Several



EveryChild tips

- For a kid who is uncomfortable with a blindfold, allow them to simply close their eyes.

What You Do:




- Invite the kids to sit in a circle on the floor in the activity area.
- Ask for a volunteer to be the "Listener," and invite them to sit in the middle of the circle with a blindfold on.
- Explain that you will silently hand the noisemaker to someone in the circle.
- That person will gently shake it one time.
- The Listener will point in the direction the sound came from.
- If they point correctly, the person with the noisemaker becomes the new Listener. If not, the Listener gets to try again.
- Play for several rounds, letting different kids be the Listener.

What You Say:

"That was tricky! When you couldn't use your eyes, you had to use your ears to 'see' where the sound was. You had to perceive things in a new way. When Saul was blind, he had to listen very carefully to what God was telling him. Sometimes, when we feel like we can't 'see' what God is doing, we need to stop and listen. We might hear God tell us to see someone in a different way. Maybe someone seems angry, but when you stop and listen to God, you realize they really need a friend. When you stop and listen, **[Bottom Line] God can help you see things in a new way.**"

Memory Verse Activity- Memory Verse Mountain

What You Need

 Bible	1
 "Memory Verse Mountain" Activity Page	1
 Coloring supplies	1

What You Do:

- Open the Bible to Galatians 6:9 and read the Memory Verse out loud to the group.
- Give each kid a "Memory Verse Mountain" Activity Page (the mountain and the person).
- Show the kids the Memory Verse on their Activity Page.
- Encourage kids to color the mountain scene and the person on their paper.
- Show kids how to carefully slide the person into the slit on the mountain.
- Demonstrate how they can move the person up and down the mountain path.
- Practice saying the verse together as kids move the paper person up and down the mountain: "Let us not become tired of doing good. At the right time we will gather a crop if we don't give up. —Galatians 6:9 NIV"

What You Say:

"Look at your little trekker climbing the mountain! Our Memory Verse reminds us to keep going and not give up, just like a mountain climber. Sometimes the path is hard, but we can persevere!"

"After Saul met God on the road to Damascus, he didn't give up sharing the good news about Jesus. With his perseverance, the church continued to grow as more and more people began to hear about Jesus and start their forever friendship with Him. Remember, God is with us, and **[Bottom Line] God can help you see things in a new way.**"

Pray and Dismiss

What You Need

 Flashlight

1

What You Do:

- Sit in a circle with the kids.
- Dim the lights if possible, turn the flashlight on, and lay it on the floor in the center of the circle.
- Explain that you will spin the flashlight, and whoever the light lands on can share something they want to pray about. They can also say, "Pass" if they don't want to share.
- After each kid shares, you can say a short prayer for them, or the whole group can.
- Let the kid who just shared gently spin the flashlight for the next turn.
- Continue until every kid who wants a turn has had one.

What You Say:

"It's so good to pray for each other. In our Bible Story today, Jesus appearing in the light on the road to Damascus changed Saul's entire life! And just like this flashlight shines a light, God's love can shine a light on things and help us see them in a new way. Let's pray together."

Prayer:

"Dear God, thank You for being with us. Sometimes we feel confused or scared, like Ananias, or like we've made big mistakes, like Saul. Please help us to see things in a new way. Help us see how You see us and how you see others. Thank You for always being ready to change our hearts. We love You, and we pray these things in Jesus' name. Amen."

[As adults arrive to pick up, encourage kids to remember that God can help you see things in a new way.]

Supplies

Bible Story Review- Emotion-to-Action Quantity

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|----|-----------------------------------|---|
| 1. | Bible | 1 |
| 2. | "Emotion-to-Action" Activity Page | 1 |

Application Activity- Circle of Silence Quantity

- | | | |
|----|---|---------|
| 1. | Blindfold | 1 |
| 2. | Object that makes a soft noise (small bell, egg shaker, tambourine, etc.) | Several |

Memory Verse Activity- Memory Verse Mountain Quantity

- | | | |
|----|---------------------------------------|---|
| 1. | Bible | 1 |
| 2. | "Memory Verse Mountain" Activity Page | 1 |
| 3. | Coloring supplies | 1 |

Pray and Dismiss Quantity

- | | | |
|----|------------|---|
| 1. | Flashlight | 1 |
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