

Icebreakers are a helpful way to prime the conversational pump when your group meets, and are especially beneficial to use when a new person is visiting your group. They can be cheesy, but when utilized well:

- 1) help new people make connections
- 2) provide opportunities for connection (“me too!”)
- 3) shift the tone to be more relational/conversational
- 4) create the relational depth that supports better Scriptural discussion

How I use icebreakers:

- When we circle up to discuss Scripture, many nights we’ll start with a question for everyone to answer. Someone starts and then we go in a circle (more efficient than “popcorn-style”)
- When someone is new, instead of drawing attention to them being new, I just frame the icebreaker as “say your name and __question__” so that the person can hear everyone’s names
- I generally alternate between goofy icebreakers (“What’s would be your death row last meal?”) and low-stakes serious icebreakers (“What’s one thing, small or big, that you’re thankful for this week?”)
- Open-ended questions are better than either-or questions
- 10 minutes is around the max for the ideal time to spend on this

Icebreakers (My favorites in bold)

- **What’s one thing, small or big, you’re thankful for from this past week?**
- What movie universe would you choose to live in?
- What’s your favorite sandwich (location, toppings, etc.)?
- What would be your “death row” meal?
- **If you could be an expert at anything, what would it be?**
- What’s your dream shower (unlimited money/space, but limited to 3 amenities/features)?
- Explain a niche hobby/interest of yours in 30 seconds to 1 minute that people don’t know about.
- What was the “theme” of your childhood bedroom?
- If you were guaranteed to win/survive, but can’t guarantee what condition you’d be in afterward, what wild animal would you choose to fight?
- **What hour of day is your favorite, and why?**
- If you had to compete in an olympic event (winter or summer), what would it be and why?
- What is a weird quirk/habit you do?
- **What would you title this chapter of your life story?**
- What book, other than the Bible, do you think every person needs to read?
- If you could have dinner with one person, living or dead (other than Jesus), who would it be and why?
- If you had to move to another city/country tomorrow, where would you move?
- **What is one of your proudest accomplishments, big or small?**
- If you won the lottery, what is the most unique thing you’d buy?
- What Bible character do you relate to most and why?

- Who is one of your “heroes,” and what do you admire most about them?
- What’s something you think your younger self would admire about you today?