

# AT THE CROSS

*Pause. Pray. Reflect on the hope of the cross.*



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## *Prayer and Reflection from the book of Mark on the Significance of the Cross*

### **Mark 9:2-9**

*Six days later, Jesus \*took with Him Peter and James and John, and brought them up on a high mountain by themselves. And He was transfigured before them; and His garments became radiant and exceedingly white, as no launderer on earth can whiten them. Elijah appeared to them along with Moses; and they were talking with Jesus. Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three tabernacles, one for You, and one for Moses, and one for Elijah." For he did not know what to answer; for they became terrified. Then a cloud formed, overshadowing them, and a voice came out of the cloud, "This is My beloved Son, listen to Him!" All at once they looked around and saw no one with them anymore, except Jesus alone. As they were coming down from the mountain, He gave them orders not to relate to anyone what they had seen, until the Son of Man rose from the dead.*

**After reading Mark 9:2-9, here are some prompts for reflection, prayer, and worship to help focus on the greatness of Jesus:**

### **1. The Transfiguration Experience:**

- Reflect on the significance of Jesus being transfigured before Peter, James, and John.
- Consider and praise the Lord for what this moment reveals about His divine nature, majesty, and glory.

## **2. Symbolism of Moses and Elijah:**

- Contemplate the presence of Moses and Elijah, representing the Law and the Prophets, and their conversation with Jesus.
- What does this signify about Jesus' fulfillment of the Scriptures?
- How does the fulfillment of Jesus demonstrate God's faithfulness? (Faithful means, "true to His Word").
- Take a moment and praise God for His faithfulness in Christ.

## **3. The Voice from the Cloud:**

- Meditate on the voice of God affirming Jesus as His beloved Son and the command to listen to Him.
- How does this divine instruction impact your faith and daily life?
- What does it have to say about God's Word or the Word of Christ?
- Thank God for His living, active, and true Word.

## **4. The Return to Normalcy:**

- Consider the disciples' return to everyday life after witnessing such a profound event.
- How can you carry the impact of growing in the grace and knowledge of Christ into your daily routine?
- Ask God for His grace to walk with Him daily.

## **5. Praise for Jesus' Glory:**

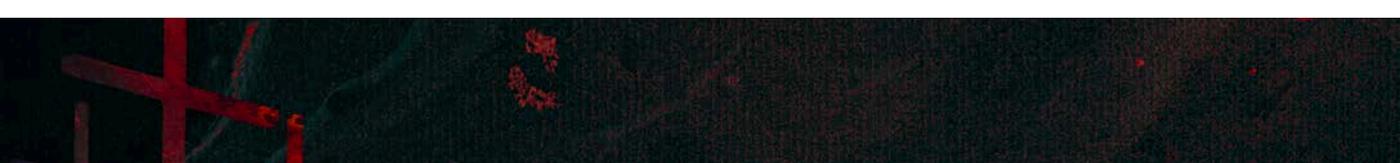
- Spend time in worship, acknowledging the radiant glory of Jesus revealed in the Transfiguration and praising Him for His divine majesty.

## **6. Listening to Jesus**

- Ask for grace to listen to Jesus through His Word more intently and seek to apply His Word in your life.

## **7. Gratitude for Revelation:**

- Offer prayers of gratitude for the revelation of Jesus' greatness and the opportunity to witness His glory through the Scriptures.



## **Mark 15:22-41**

Then they brought Him to the place Golgotha, which is translated, Place of a Skull. They tried to give Him wine mixed with myrrh; but He did not take it. And they crucified Him, and \*divided up His garments among themselves, casting lots for them to decide what each man should take. It was the third hour when they crucified Him. The inscription of the charge against Him read, "THE KING OF THE JEWS." They crucified two robbers with Him, one on His right and one on His left. [And the Scripture was fulfilled which says, "And He was numbered with transgressors."] Those passing by were hurling abuse at Him, wagging their heads, and saying, "Ha! You who are going to destroy the temple and rebuild it in three days, save Yourself, and come down from the cross!" In the same way the chief priests also, along with the scribes, were mocking Him among themselves and saying, "He saved others; He cannot save Himself. Let this Christ, the King of Israel, now come down from the cross, so that we may see and believe!" Those who were

crucified with Him were also insulting Him. When the sixth hour came, darkness fell over the whole land until the ninth hour. At the ninth hour Jesus cried out with a loud voice, "Eloi, Eloi, lama sabachthani?" which is translated, "My God, My God, why have You forsaken Me?" When some of the bystanders heard it, they began saying, "Behold, He is calling for Elijah." Someone ran and filled a sponge with sour wine, put it on a reed, and gave Him a drink, saying, "Let us see whether Elijah will come to take Him down." And Jesus uttered a loud cry, and breathed His last. And the veil of the temple was torn in two from top to bottom. When the centurion, who was standing right in front of Him, saw the way He breathed His last, he said, "Truly this man was the Son of God!" There were also some women looking on from a distance, among whom were Mary Magdalene, and Mary the mother of James the Less and Joses, and Salome. When He was in Galilee, they used to follow Him and minister to Him; and there were many other women who came up with Him to Jerusalem.

**After reading Mark 15:22-41 use these prompts to meditate, pray, and worship the Lord.**

**1. Reflection on Sacrifice:**

- Meditate on the immense sacrifice Jesus made for you on the cross.
- Pray for a deeper understanding of His love and what it means for your life and relationship with Him.

**2. Gratitude for Forgiveness:**

- Thank God for the forgiveness and grace offered through Jesus' crucifixion.
- Reflect on areas in your life where you need to accept this forgiveness and rest in His love and presence in your life.

**3. Compassion for Others:**

- Consider the mocking and suffering Jesus endured.
- Pray for a heart of compassion and forgiveness towards those who may wrong you.

**4. Recognition of Jesus' Divinity:**

- Reflect on the centurion's realization that Jesus was the Son of God.
- Pray for a growing faith and recognition of Jesus' presence in your life.

**5. Commitment to Follow:**

- Think about the women who followed and ministered to Jesus.
- Pray for the strength and grace to follow Jesus in your daily life, serving others as He did.



# *PRAYER AT THE CROSS*



# *PRAISE AT THE CROSS*





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