Prayer and Pain
Elisha Hale July 26, 2026

Jesus went out as usual to the Mount of Olives, and the disciples followed Him. When He came to the place, He told them, “Pray that you will not enter into temptation.”

And He withdrew about a stone’s throw beyond them, where He knelt down and prayed, “Father, if You are willing, take this cup from Me. Yet not My will, but Yours be done.”

Then an angel from heaven appeared to Him and strengthened Him. And in His anguish, He prayed more earnestly, and His sweat became like drops of blood falling to the ground. When Jesus rose from prayer and returned to the disciples, He found them asleep, exhausted from sorrow. “Why are you sleeping?” He asked. “Get up and pray so that you will not enter into temptation.”
Luke 22:39-46 BSB

In My Garden of Gethsemane I Will. . .

1. Be Honest About What I Feel.

Then Jesus went with them to a place called Gethsemane, and he said to his disciples, “Sit here, while I go over there and pray.” And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, “My soul is very sorrowful, even to death; remain here, and watch with me.” And going a little farther he fell on his face and prayed...
Matthew 26:36-39a ESV

2. Make My Request Known.

"My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.” And he came to the disciples and found them sleeping. And he said to Peter, “So, could you not watch with me one hour? Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak.” Again, **for the second time**, he went away and prayed, “My Father, if this cannot pass unless I drink it, your will be done.” And again he came and found them sleeping, for their eyes were heavy. So, leaving them again, he went away and prayed for the **third time**, saying the same words again.
Matthew 26:39b-44 ESV

3. Lift God's Will Above My Own.

O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, **but as thou wilt**.
Matthew 26:39b KJV

4. Experience Revival.

Then an angel from heaven appeared to Him and strengthened Him.
Luke 22:43 BSB

This Jesus God raised up, and of that we all are witnesses. Being therefore exalted at the right hand of God. . . Let all the house of Israel therefore know assuredly that God has made him both Lord and Christ, this Jesus whom you crucified.
Acts 2:32-33a, 36 RSV

Weekend Music:
Inhabit (Leeland) • Mighty Name Of Jesus (The Belonging Co) • Fan The Flame (Church of the King)