

TALK IT OVER

Worth While: Live Strong

Find your new group! vccindy.org/groups

Start Talking: Find a conversation starter for your group or use one of these.

Think of a time when you became determined to accomplish a task or a job. What gave you the drive to accomplish it?

Please read **Romans 12:6-8** aloud.

- What is one gift or ability you enjoy or that people seem to appreciate in you? (Sometimes gifts show up in everyday ways)

Please read **Colossians 3:17, then Colossians 3:23** aloud.

- What part of your everyday routine could you do “as for the Lord” instead of just to get it done?
- Have you ever paused before starting something and asked, “Who am I doing this for?”

Please read **Hebrews 12:1-3** aloud.

- What helps you keep going when following God gets tiring or distracting, or when you feel discouraged from finishing well with God?

Please read **Psalms 28:7-9** aloud.

- Where is God inviting you to shift from anxiety to trust, and actually live like he’s your strength?

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Start Praying: Be bold and pray with power.

God, we bring you our whole selves this evening, the tired parts and the hopeful ones. Teach us to win the battle in our minds by fixing our thoughts on what is true, noble, right, pure, lovely, and admirable. Help us live out your truth in practical ways, in our speech, our choices, and our relationships. When we’re tempted to drift, strengthen us to persevere. Remind us that we can withstand, not by our own strength, but by your Spirit. Lord, we are people of Your Presence reflecting Your Heart - steady, kind and ready to serve. In Jesus’ Name, Amen.

Leader: Make time to pray for and with each other. Break into groups of three, take time for healing prayer, or pray with individuals requesting prayer. This is important!

Start Doing:

This Week’s Challenge:

In the Christian faith context,

“Live Strong is living with steady resilience, like drawing strength from God instead of just grinding it out on your own. Think, endurance with purpose, not just coping. It’s treating your energy, your time, your gifts like they actually matter to God and to other people. So, not coasting, not burning out, but staying faithful, steady, and focused on what really lasts. Is it easy? No, not by ourselves, but with God..”

- Anonymous

2 Timothy 4:7 NIV

“I have fought the good fight, I have finished the race, I have kept the faith.”