

# SOLITUDE

A way you connect with God is through solitude. You feel close to God when you get alone to meet with Him. In this special union, you are able to be intimate and vulnerable with the Lord. When you know it is just you and Him in the room, you are able to enter into the Holy Place, where God's Presence is. Your desire is to give Him all of your attention and affection, so you remove all distractions. When you get alone with the Lord, everything changes because you feel seen, heard and safe. To you, getting alone is a holy and a sacred time. Solitude is not just getting alone or sitting in silence, it is the act of listening. There is no greater intimacy than getting alone with God, so that when He whispers, you absorb everything He says.

## Suggested Activities

- Spend time with God early in the morning or late in the evening - your quiet time of choice.
- Take trips in solitude to be alone with God. • Practice silence.
- Regularly plan a time to turn off your media devices to give that time and space to the Lord.
- You can get alone with God at anytime. Find pockets of your day to set apart for an encounter.
- You hear God best when you are in stillness. In this stillness, you are able to feel Him when He enters the room. In your encounter, wait for the moment you feel His presence invade your quietness.
- Even when you are in a corporate encounter, you can connect with God by silencing out what is happening around you and finding the connection there.
- Communicate to those in your house that you need time in solitude for your daily encounters. Make preparations to get alone with God.

## Encouragement

Your relationship with God is built upon spending time alone with Him. Solitude requires preparation. Plan and prepare for your daily encounters with the Lord. Remove distractions that take your attention away from Jesus. You just need simplicity to lead you into His presence; remember little connections create a big impact. Don't get discouraged if you don't feel Him every time, make sure He feels you. Keep setting aside intentional time. Don't get weary in spending time in solitude in your daily encounters. Intimacy is achieved when you get alone with Him.

### SCRIPTURE

Exodus 33, 1 Kings 19, Ecclesiastes 5:1-7, Psalm 23, Psalm 27, Psalm 62, Jeremiah 29:12-13, Luke 6:12-13, Mark 6:31-32,

### BOOKS

The Secret of His Presence by C.H. Knight  
Thoughts in Solitude by Thomas Merton  
Secrets of the Secret Place by Bob Sorge  
Good Morning Holy Spirit by Benny Hinn