

Aidan Nosker – Testimony

Growing up I always went to church every Sunday, went to Sunday school and youth group following the service but even with all that I never truly knew Christ. I gave my life to Christ at a church camp in 2015 at the age of 8 with the help of a camp counselor who helped me have a better understanding of the Christian faith. The following years were the most difficult of my life. A lack of self-worth, a deep consideration of just ending it all, and a constant peer group always outdoing me in almost everything resulted in most nights ending in tears just asking God to take it all away. At the age of 13 I ran from God all together, never prayed, and never opened my bible. I was lost. I was missing a purpose. At 16 I got into weightlifting, inspired by my brother. This was a way for me to get my anger, frustration, anxiety and stress out of my head and into cold metal, as well as get some confidence and self worth. This helped tremendously but I was still running from God and there was still a God shaped hole in my heart. At the age of 17 I finally started reading my bible again, started praying again and ultimately God filled that void in my heart. Which brought me more joy than I had ever felt before. I am still miles from perfect but I strive day by day to get closer to him and obey his teachings. He truly is the only thing that can bring you true joy and fill the God shaped hole in our hearts