

WOMEN'S BIBLE STUDY

FEBRUARY 14, 2023 | BAMBI LUTRICK

Among
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Friends

James 1:19-25 GW

Remember this, my dear brothers and sisters: Everyone should be quick to listen, slow to speak, and should not get angry easily. So get rid of all immoral behavior and all the wicked things you do. Humbly accept the word that God has placed in you. This word can save you. Do what God's word says. Don't merely listen to it, or you will fool yourselves. If someone listens to God's word but doesn't do what it says, he is like a person who looks at his face in a mirror. For he looks at himself and goes away and at once forgets what he was like. However, the person who continues to study God's perfect laws that make people free and who remains committed to them will be blessed. People like that don't merely listen and forget; they actually do what God's laws say.

James 1:21 NLT

So get rid of all the filth and evil in your lives, and Humbly accept the word God has planted in your hearts, for it has the power to save your soul.

A changed _____ leads to changed _____.

Psalm 139:23-24 NLT

"Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life."

James 1:21 NLT

So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your soul.

A _____ heart leads to _____ actions.

Matthew 15:18

For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander.

Psalms 51:10

Create in me a pure heart, O God, and renew a steadfast spirit within me!

A changed heart _____ to changed actions.

the more often I _____ (action) the more often I want to _____ (heart)

Matthew 6:19-21

Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

For where you treasure is—where you invest your time, your energy, your thoughts, your money, your actions—there your heart will be also!

Matthew 6:21 NIV

Your heart will be where your treasure is.

Isaiah 64:8

And yet, O Lord, you are our Father. We are the clay, and you are the potter. We all are formed by your hand.

Psalm 32:10-11

Many sorrows come to the wicked, but unfailing love surrounds those who trust the Lord. So rejoice in the Lord and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!

James 1:21 NLT ** my emphasis

So get rid of all the filth and evil in your lives, *(by examining your life) and humbly accept *(embrace) the word God has planted in your hearts, for it has the power to save your soul. *(give you abundant life & peace)

A changed _____ leads to changed _____.

Discussion Questions:

Am I practicing the good habits the Scriptures speak of for my heart health: prayer, fasting, Bible-reading, worship, and Christian fellowship?

What does my calendar look like? Am I making time for Godly actions? Such as: Fellowship, Bible study, inviting people into my home and life?

What do my money-spending practices, especially with my “disposable” income, say about my priorities? Do I ever give sacrificially?

What does the way I spend my time, especially my free time, say about my priorities? Are there one or two simple changes I can make to bring more heart-healthy practices into my daily routine?