

EMOTIONALLY HEALTHY SPIRITUALITY

UNITED CHURCH OF COHOES | SUMMER 2022

Sunday 7/31/22

Have you ever heard the story of Joseph and his brothers?

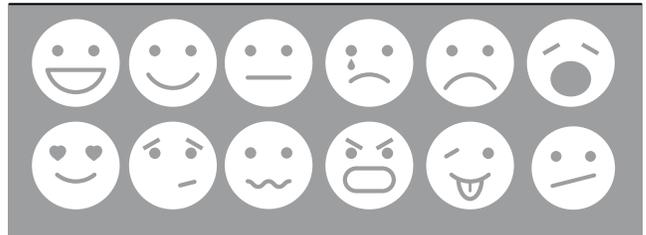
He was the guy in the Bible with the colorful coat!
His brothers were so jealous of him that they sold him to another country and told their dad he had died! Can you imagine how long you'd be grounded if you pulled a trick like that?

Think of a time when your brother or sister (or cousin/friend) did something really mean to you? What did that feel like? Did you forgive them?

Listen to Pastor Kaitlyn talk about this story today and find out what Joseph did.

A question I have about today's message is:

THIS MORNING I FEEL



**SOMETHING THAT MADE ME GRATEFUL
THIS WEEK WAS:**

Something I learned in today's message is:

One thing I'm praying for today is:

God is with Joseph

- **What are some of the bad things that happen to Joseph in the story Pastor Kaitlyn told from the Bible today?**
- **Why do you think Joseph's brothers hated him so much? What lie did they tell?**
- **Have you ever been through a really hard time? How did you know that God was with you?**
- **Joseph's family was a little messy (yikes!) but they forgave each other and said sorry. Can you think of a time when you had to say sorry to your family? What was that like?**

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I live with:

Their names and ages are:

Special things my family do together:

An interesting fact about my family is:

FAMILY LESSONS

What is something that you've learned from your family that helps you be a better person?

What is something you'd like to say to God today?