

united church of cohoes

WEEK 2: THE PROBLEM OF THE FALSE SELF

JULY 17, 2022

- listen -

1 SAMUEL 15: 7-24

- apply -

MESSAGE
TABLE DISCUSSION

OPEN

- Where have you noticed God at work in the last week?
- What practice did you try this week to slow down and be with God? What was that like?



DISCUSS

- How would you describe God and Samuel's reaction to what Saul did? (v. 10-11) How is that different than Saul's reaction? (v.12-13)
- What things might be going on inside Saul that he is not saying or might not know himself?
- Saul's unawareness leads him to go through the motions of religious activities as "good enough". What might be one example of how you do religious activity but it is disconnected from your heart and life? (e.g. I go to church every week, but I hate my next door neighbor. I serve in church but rarely spend any time developing my relationship with Jesus at home.)
- What might God be inviting you to through Saul's story? (One lesson or takeaway)

APPLY

Saul's doing for God did not flow from his being with God.

- Do you think you spend more time "doing" for God (activity) or "being" with God (contemplation/prayer)? Does it seem out of balance? Why?
- What is something simple you could do to balance your being and doing more (which may require slowing down)?
- What stood out the most from the Personal Reflection Assessment?

