

LifeGroup Meeting

CHANGED 1

From Dr. Jerry Edmonson's Sermon.

Get To Know You Question:

What's one habit you've started that ended up changing your life in a positive way?

Let's Dig Deeper

Someone read **Colossians 3:1-4**. Spend some time and share some key words that spoke out to you while reading. What is it about those words that spoke to you?

1. What do you think is the biggest difference between trying to change your behavior and living out your new identity in Christ?
2. We often define ourselves by our failures, successes, careers, or relationships. What are some "old stories" people continue to believe about themselves even after becoming followers of Jesus?
3. **Read Colossians 3:1-4**. What does this passage teach about where our focus should be, and what practical habits help keep our minds on "things above" during a busy week?
4. Why do you think lasting spiritual change begins with knowing who you are rather than simply trying harder?
5. Have you ever experienced a season where your identity in Christ became more real than your circumstances? What changed?
6. **Read 2 Corinthians 5:17**. According to this verse, what does becoming a "new creation" actually mean? How should that affect the way we view ourselves and others?
7. Which is more difficult for you: putting off sinful habits or believing God has truly made you new? Why?
8. **Read Colossians 3:5-11**. Paul lists several attitudes and actions that belong to the "old self." Which one do you think Christians today are most tempted to excuse or overlook? Why?
9. If someone spent one week observing your life, what evidence would convince them that Jesus is changing you?

10. **Read Psalm 139:23-24.** Why can praying this prayer feel uncomfortable? What does it reveal about our willingness to let God expose areas that still need transformation?
11. Paul describes putting on compassion, kindness, humility, patience, forgiveness, and love almost like putting on clothes each morning. Which of those "garments" do you find easiest to wear? Which one stretches you the most?
12. **Read Colossians 3:12-15.** Why do you think love is described as what "binds everything together in perfect harmony"? How would relationships change if this passage became our daily "wardrobe"?
13. **Romans 8:29** says God's goal is to conform us to the image of Christ. Looking back over the past year, where have you seen God shaping your character to look more like Jesus?
14. **Read Colossians 3:16-17.** According to these verses, what role should other believers play in our spiritual growth? How can a LifeGroup become a place where the Word of Christ truly "dwells richly"?
15. Imagine someone asking you six months from now, "How has Jesus changed your life?" What specific change would you hope to be able to point to, and what step can you take this week to move in that direction?
16. What have you done this week to be a blessing to someone? Share.

Close in Prayer.