

Habits that Heal

*practices for
spiritual formation*



March 1, 2026

WELCOME!!

We are delighted that you have chosen to worship with us at Thompson. We hope it is a place where you feel God's presence. Generations of people have sat in these pews, felt the presence of the Holy Spirit, learned about the love of Jesus, and seen how the power of God has made a difference in their lives. Whatever is most important in your life right now, whether it is trials or joys, these things matter to God, and they matter to us. All of what you bring to the table is welcome here.

SUNDAY SERVICES

We offer a 9:00 AM Traditional service and an 11:00 AM Contemporary service with praise music in the Sanctuary. Our services are available through livestream on www.tmpc.org. Recordings can also be viewed here at any time. Please follow along and respond when the type is in **bold**. Stand, as you are able, when you see an asterisk in the bulletin. Our Common Hour, described below, begins at 10 AM.

FOR CHILDREN

We offer Sunday School at both services, where the children attend class with an instructor to learn and grow in their faith. Children begin their time in worship and then come forward for the children's message, after which they proceed to Sunday School. Be sure to register your child from 4 years old through 5th grade. If your child prefers to stay with you during worship, activity baskets with crayons and activity sheets are located at the back of the Sanctuary. Nursery care is available for those attending services at 9:00 AM or 11:00 AM in the nursery room.

RESTROOMS

If you need to use the restroom, please exit the Sanctuary to the right of the altar area and go up the stairs to the bathrooms adjacent the Community Room. There are also additional restrooms down the hallway past the Kids Ministry Rooms.

COMMON HOUR

TMPC has an hour between services that serves as a space for coffee and fellowship, Adult Education, Children's Choir, and other activities and meetings.

VISITOR BAGS

If you're visiting today, we'd love to share a gift bag with you that includes more information about TMPC. Feel free to ask an usher or pastor any questions. Visit www.tmpc.org for events, info, and e-giving. We're glad to be part of your faith journey!

2nd SUNDAY IN LENT

MARCH 1st, 2026

WE GATHER TO GLORIFY GOD

WELCOME & ANNOUNCEMENTS

(Please sign and pass the fellowship pads at the end of the pew)

PRELUDE

Prelude on "Hear Our Entreaties, Lord"

Ariana DuPont

D.Chauvin

*CALL TO WORSHIP

Steve Sailer

In the rhythm of creation, there is a pause, a holy stillness set apart.

A gift of time to breathe and be.

In the rush of our lives, there is an invitation to stop and notice God's presence.

We come longing for sabbath rest.

Come, all who are weary from the week. Come, all who have carried burdens and responsibility.

We come to lay our striving down.

This is the day the Lord has made. A day to remember that God is our provider and we are held in faithful love.

Let us rejoice and rest in the Lord.

*HYMN NO. 393

ES FLOG EIN KLEINS WALDVOGELEIN
O Day of Rest and Gladness

WE ARE RENEWED THROUGH GOD'S GRACE

CALL TO CONFESSION

Steve Sailer

PRAYER OF CONFESSION

Gracious and providing God, you created a world of abundance and called it good. You give us daily bread, yet we live as if there will not be enough. We gather more than we need. We crowd our lives with striving. We measure ourselves by productivity instead of belovedness.

Forgive us for trusting our labor more than your provision. Forgive us for fearing rest as if everything depends on us. Teach us again to receive, to trust, and to rest in you. In the name of Jesus, Lord of the Sabbath, we pray. Amen.

ASSURANCE OF PARDON

Friends, hear the promise of God: God's love is stronger than our failures. God's mercy is greater than our sin. Even when we stumble, even when we carry more than we should, God's forgiveness finds us and gives us rest.

**In Jesus Christ, we are forgiven and offered peace.
Thanks be to God! Amen.**

*SUNG RESPONSE NO. 182

KINGSFOLD

I Heard the Voice of Jesus Say

***I heard the voice of Jesus say, "Come unto me and rest;
Lay down, o weary one, lay down your head upon my breast.***

***I came to Jesus as I was, so weary, worn and sad;
I found in him a resting place, and he has made me glad.***

*PASSING OF THE PEACE

Steve Sailer

The peace of our Lord Jesus Christ be with you.

And also with you.

ANTHEM

Women's Choir

Pie Jesu

CHILDREN'S MESSAGE

(Place prayer cards in the baskets as the deacons come forward)

WE HEAR GOD'S POWERFUL WORD

SCRIPTURE Genesis 2:1-3 (OT pg 2), Exodus 16:22-30 (OT pg 63),
Mark 2:23-28 (NT pg 36-37)

SERMON

CALL TO OFFERING

OFFERTORY

Adult Handbell Choir

Meditation on "O Sacred Head"

R.Lahmer

PRAYER OF DEDICATION

*HYMN NO. 504

WIE LIEBLICH IST DER MAIEN

We Come as Guests Invited

THE SACRAMENT OF HOLY COMMUNION

INVITATION TO THE TABLE

THE GREAT PRAYER OF THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right, and our greatest joy, to give you thanks and praise, eternal God, our Creator. From the dust of the earth you formed us and breathed into us the breath of life. When we wandered, you called us back home. You claimed us as your people and built us together into a dwelling place of your love.

You delivered us from bondage, led us through wilderness places, and provided for us with daily bread, teaching us to trust in your care, even when we feared there would not be enough. Through prophets and poets, you reminded us who we are: a chosen people, a royal priesthood, a holy nation, beloved and called into your marvelous light.

And so, with your people in every time and place, with angels and archangels, and all the company of heaven, we praise your name and join their unending hymn:

**Holy, Holy, Holy, Lord God of power and might,
heaven and earth are full of your glory. Hosanna in
the highest. Blessed is the one who comes in the
name of the Lord. Hosanna in the highest.**

Holy are you, and blessed is Jesus Christ, your living Word, the cornerstone you set for our salvation. Rejected by the world, yet chosen and precious in your sight, he came among us in mercy and truth. He bore our sin on the cross, that we might die to sin and live to righteousness. Through him, you gather us, living stones built together into a spiritual home.

Remembering your gracious acts in Jesus Christ, we take from your creation this bread and this cup. Just as you provided manna for your people in the wilderness, so now you give us this bread and cup to sustain us.

Gracious God, pour out your Holy Spirit upon us and upon these your gifts of bread and cup, that the bread we break and the cup we bless may be the communion of the body and blood of Christ.

By your Spirit, make us one with Christ, one with each other, and one in ministry to all the world, that we may proclaim your mighty acts, trust in your provision, and shine with your light until Christ comes again.

In these days of struggle, busyness, and weariness, we lift before you those in need of your great healing and great love...

And we gather all of our prayers up in your name as we pray together the words you taught us, saying:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil;

for thine is the kingdom, and the power, and the glory forever. Amen.

WORDS OF INSTITUTION

SHARING OF THE BREAD AND CUP

(Eat the bread as you are served. Hold the cup until all have been served. Our cups are filled with grape juice, and we also have gluten-free crackers in the center.)

WE ARE SENT OUT TO BE THE CHURCH

*BENEDICTION

POSTLUDE

Fugue on "Hear Our Entreaties, Lord"

Ariana DuPont
D.Chauvin

**Please stand in body or spirit.*

SUNDAY CALENDAR

Sun 3/1	9:00	TRADITIONAL WORSHIP SERVICE	Sanctuary
	9:00-10:00	Nursery (Infant – 4 years)	Nursery
	9:20–10:00	Sunday School (Pre-K – 5 th Grade)	Kids Ministry Rooms
	10:00	COFFEE HOUR	Atrium
	11:00	CONTEMPORARY WORSHIP SERVICE	Sanctuary
	11:00-12:00	Nursery (Infant – 4 years)	Nursery
	11:20-12:00	Sunday School (Pre-K – 5th Grade)	Kids Ministry Rooms

LENTEN SMALL GROUPS

February 25th - March 25th

Each Wednesday evening throughout Lent, we will meet for soup and bread at 6:30 pm. This simple meal will be followed by a small group time beginning at 7:00 pm until 8:00 pm. Choose a book and plan to attend the small groups!

There will also be a 10 AM Sunday morning study group for the John Ortberg book. Use the QR code here to sign up!



Choose from 3 books:

<p style="text-align: center;"><i>The Life You've Always Wanted: Spiritual Disciplines for Ordinary People, by John Ortberg</i></p>	<p style="text-align: center;"><i>Christian Meditation: Experiencing the Presence of God, by James Finley</i></p>	<p style="text-align: center;"><i>Praying like Monks, Living Like Fools: An Invitation to the Wonder and Mystery of Prayer, by Tyler Staton</i></p>
<p>7 PM small group (meets in Lounge) 10 AM small group</p>	<p>7 PM small group (meet in Kids Ministry Green Room)</p>	<p>7 PM small group (meet in Community Room)</p>
<p>See more information and sign ups by seeing the e-news or visit tmpe.org/lent</p>		

HOLY WEEK

<p style="text-align: center;"><i>Palm Sunday</i> Sunday, March 29th</p> <p style="text-align: center;"><i>Traditional Worship at 9 AM (in Sanctuary) and Contemporary Worship at 11 AM (Fellowship Hall)</i></p>	<p style="text-align: center;"><i>Maundy Thursday</i> Thursday April 2nd</p> <p style="text-align: center;"><i>Contemporary Worship at 7 PM (in the Fellowship Hall)</i></p>	<p style="text-align: center;"><i>Good Friday</i> Friday April 3rd</p> <p style="text-align: center;"><i>The Sanctuary will be open for prayer from 12 - 3 PM with guided prayer materials available for worshippers, followed by a traditional worship service at 7 PM in the Sanctuary</i></p>
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EASTER SUNDAY

Sunday, April 5th 2026

6:30 AM Sunrise This casual early dawn service celebrates the Risen Lord in the Community Room.	9 AM Traditional This robust traditional worship service will be packed with music featuring the vocal choir, the bell choir and the children's choir.	11 AM Contemporary This contemporary worship service will feature the worship band and remember Jesus' love and the hope of salvation for mankind.
10 AM Easter Egg Hunt Join us at 10:00 AM for a joyful Easter egg hunt. Kids will be able to run through the property and collect candy-filled eggs. Bags will be provided.		10 AM Easter Brunch A delicious spread will provided for everyone at 10:00 AM. Enjoy fruits, pastries, juice, coffee and more.
Visit tmpc.org/easter for more info		

ANNOUNCEMENTS

GRAND OPENING Our first worship service in our new space will be **Sunday, March 22nd at 10 AM. THERE WILL BE ONE COMBINED SERVICE AT 10 AM.** Then, join us for an open house with food, hor d'oeuvres and tours from 1 PM - 3 PM. At 3:00 we will hold a dedication ceremony with special musical guests and a time of gratitude for our builders, architects and incredible lay leaders. Join us to offer God praise for this project!

CHOIR MEMBERS WANTED Are you interested in singing? The choir is always looking for new members to join our choir! No need to formally sign up- just come to rehearsal on Thursday nights at 7 PM.

MEAL MINISTRY VOLUNTEERS NEEDED We are looking to expand our list of volunteers willing to provide meals for church families in need. This is a meaningful way to support and care for one another during difficult times. If you are interested in helping or would like more information, please contact Steve Mirande at steve.mirande@gmail.com

PER CAPITA The 2026 Per Capita Amount is: \$37 per person. This yearly fee is paid to the Presbytery of Philadelphia to help with ongoing services we receive, as well as contribute funding to churches in need of financial support. Please put Per Capita in the memo line or choose Per Capita in the drop-down menu at www.tmpc.org/give

CHURCH LIFE & MEMBER CARE

PRAYERS FOR HEALING AT HOME Ulla Heinicke, Jane Mayrhofer, Cliff Montgomery, Nancy Morabito, Lisa Palise, Bucky Pope, Nancy Quanstrom, Dick Vestal, Fran Volski, Arlene and Doc Whitticar and George Wislar. *If you have someone to add to our prayer chain, please send your request to Alison Yearley at apybobba@aol.com*

PRAYERS FOR THOSE IN THE MILITARY Christopher Campbell, Christian Mirande, Jim O'Donnell, Matt Peshek, and Will Schaub.

TPMC MEMBERS CELEBRATING BIRTHDAYS Please wish Happy Birthday to a few of our members who celebrate their birthdays between *March 1st-8th*: *Trish Chinoy, Bob Tomlinson, Colleen Koh, Annalise Heckman, Gail Lex, and Anita Campbell.*

CHILDREN AND YOUTH

KIDS CLUB	Every 2nd Friday 5:00 PM – 7:00 PM	Kids Club is for children 4-12 years old. We provide dinner, play games, and complete a service project.
KIDS CHOIRS, HANDBELLS, AND CHIMES	Sundays at 10:00 AM (September thru June) Community Room	Rotating rehearsals for groups that perform during worship about once a month. All abilities and ages welcome. <i>Led by Tricia Murphy</i>
THOMPSON YOUTH GROUP	Sundays at 6:00 PM The Lounge	Students grades 6-12th grade meet for study, games, and fellowship. <i>Led by Zena Tredinnick-Kirby</i>
Contact Zena Tredinnick-Kirby with any questions at dce@tmpc.org and Tricia Murphy for questions related to music at music@tmpc.org		

SMALL GROUPS

ALPHA OMEGA	March 1st 10:00 AM	AO gathers for either a book or Bible study, fellowship, and mission. <i>Led by Marci Capel</i>
MONDAY MORNING WOMEN'S MINISTRY	Mondays at 9:30 AM Community Room	Topics rotate between movie discussion, Bible study, faith and the news, and book studies. <i>Led by Sue Wert</i>
TUESDAY MORNING MEN'S GROUP	1st and 3rd Tuesday at 9:30 AM Community Room	This group gathers for fellowship, book discussions, and time in prayer. <i>Led by Mike Wert</i>
SERMON TALKS	Thursdays at 9:30 AM Community Room	Join us for Bible Study and laughter. We will use this time to read through and unpack the scripture for the upcoming Sunday.

ART HISTORY	3rd Tuesdays (September thru April) at 6:00 PM Lounge	This group examines how artists across eras have expressed their lives and shaped culture, with a focus on gender equality and celebrating diverse voices, past and present. <i>Led by Zena Tredinnick-Kirby</i>
Contact group leaders by visiting tmpc.org/small-groups		

ONGOING OUTREACH OPPORTUNITIES

FOOD DRIVE	Wednesday March 18th	You can leave donations from 10:00 to 10:30 AM that day at our food pantry, located inside the church, or during office hours before the event. <i>Led by Susan Achenbach</i>
TRENTON AREA SOUP KITCHEN (TASK)	Thursday March 26th & Tuesday March 31st 9:45 AM -1:00 PM	Those who want to carpool meet at the TMPC parking lot at 9:15 AM. <i>Led by Chuck Green</i>
COMMUNITY MEAL	Every 2nd Sunday 12:15-1:15 PM	TMPC hosts a free meal open to everyone in our church family and the community. All of our meals feature a main dish, with potluck sides, salads, and desserts. <i>Led by Melissa Michael</i>
FISHERMAN'S MARK	Tuesday March 3rd 8:30 AM See SUG (when live) for meeting location	Meets monthly to put together 100 meals for Fisherman's Mark, and they are then delivered weekly to those who cannot get to the food pantry. <i>Led by Susan Achenbach and Cheryl Boyle</i>
LAMBERTVILLE COMMUNITY MEAL	Every 2nd Wednesday (and 4th Wednesday starting in March) 12:00 PM	We're looking for volunteers who can help the day of the meal or are willing to bring desserts for the meal for our neighbors in Lambertville, NJ. Our meal will take place at the Lambertville Presbyterian Church at 31 N Union Street.
See more information, sign-ups, and contact information for each outreach event by seeing the e-news or visiting tmpc.org/mission		