

Habits that Heal

*practices for
spiritual formation*



March 8, 2026

WELCOME!!

We are delighted that you have chosen to worship with us at Thompson. We hope it is a place where you feel God's presence. Generations of people have sat in these pews, felt the presence of the Holy Spirit, learned about the love of Jesus, and seen how the power of God has made a difference in their lives. Whatever is most important in your life right now, whether it is trials or joys, these things matter to God, and they matter to us. All of what you bring to the table is welcome here.

SUNDAY SERVICES

We offer a 9:00 AM Traditional service and an 11:00 AM Contemporary service with praise music in the Sanctuary. Our services are available through livestream on www.tmpc.org. Recordings can also be viewed here at any time. Please follow along and respond when the type is in **bold**. Stand, as you are able, when you see an asterisk in the bulletin. Our Common Hour, described below, begins at 10 AM.

FOR CHILDREN

We offer Sunday School at both services, where the children attend class with an instructor to learn and grow in their faith. Children begin their time in worship and then come forward for the children's message, after which they proceed to Sunday School. Be sure to register your child from 4 years old through 5th grade. If your child prefers to stay with you during worship, activity baskets with crayons and activity sheets are located at the back of the Sanctuary. Nursery care is available for those attending services at 9:00 AM or 11:00 AM in the nursery room.

RESTROOMS

If you need to use the restroom, please exit the Sanctuary to the right of the altar area and go up the stairs to the bathrooms adjacent the Community Room. There are also additional restrooms down the hallway past the Kids Ministry Rooms.

COMMON HOUR

TMPC has an hour between services that serves as a space for coffee and fellowship, Adult Education, Children's Choir, and other activities and meetings.

VISITOR BAGS

If you're visiting today, we'd love to share a gift bag with you that includes more information about TMPC. Feel free to ask an usher or pastor any questions. Visit www.tmpc.org for events, info, and e-giving. We're glad to be part of your faith journey!

3rd SUNDAY IN LENT

MARCH 8th, 2026

WE GATHER TO GLORIFY GOD

WELCOME & ANNOUNCEMENTS

(Please sign and pass the fellowship pads at the end of the pew)

PRELUDE

Variation on "O Perfect Love"

Ariana DuPont

Richard Proulx

*CALL TO WORSHIP

Fran Volski

We are people saturated in noise. Notifications. Conversations.
The running list in our heads that never quite ends.

And yet Lord, behind the noise, you are there.

Before we spoke a word, before we formed a thought, before
we walked through these doors

You were already present, closer than our breath.

Scripture says, "Lord, I meditate on your word day and night."
God's living word is our way of staying rooted.

Plant us by streams of living water.

When our minds wander,

Gently return us.

When anxiety rises,

Anchor us in your peace.

When we forget who we are,

Remind us we are yours.

*HYMN NO. 722

CANONBURY

*Lord Speak to Me That I May Speak
(verses 1-4)*

WE ARE RENEWED THROUGH GOD'S GRACE

CALL TO CONFESSION

Fran Volski

PRAYER OF CONFESSION

Merciful God, you invite us into rest, prayer, and holy restraint, yet we resist your invitation. We fill our days to avoid stillness. We rush past prayer. We cling to comforts that dull our hunger for you. Forgive us and quiet our restless hearts. Turn us again toward your presence, that we may learn to stop, to pray, to fast, and to trust in you.

ASSURANCE OF PARDON

When we come before God in humility and honesty, God draws near to us with forgiveness and renewed blessing. Friends, in Christ, you are forgiven.

Thanks be to God! Amen.

*SUNG RESPONSE NO. 182

KINGSFOLD

I Heard the Voice of Jesus Say

***I heard the voice of Jesus say, "Come unto me and rest;
Lay down, o weary one, lay down your head upon my breast.
I came to Jesus as I was, so weary, worn and sad;
I found in him a resting place, and he has made me glad.***

*PASSING OF THE PEACE

Fran Volski

The peace of our Lord Jesus Christ be with you.

And also with you.

ANTHEM

Gentle Shepherd

Adult Choir
Molly Ljames

CHILDREN'S MESSAGE

(Place prayer cards in the baskets as the deacons come forward)

WE HEAR GOD'S POWERFUL WORD

SCRIPTURE Psalm 1:1-6 (OT pg 489), Psalm 119:15, 97, 148 (OT pg 566, 568-569, 570)

SERMON

*HYMN NO. 175

Seek Ye First

LAFFERTY

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil; for thine is the kingdom, and the power, and the glory forever. Amen.

CALL TO OFFERING

OFFERTORY

Offertory

Ariana DuPont
Simone Plè

PRAYER OF DEDICATION

WE ARE SENT OUT TO BE THE CHURCH

*BENEDICTION

POSTLUDE

Meditation

Ariana DuPont
Simone Plè

**Please stand in body or spirit.*

***~The altar flowers this Sunday are
in loving memory of Doris Holmquist~***

SUNDAY CALENDAR

Sun 3/8	9:00	TRADITIONAL WORSHIP SERVICE	Sanctuary
	9:00-10:00	Nursery (Infant – 4 years)	Nursery
	9:20-10:00	Sunday School (Pre-K – 5 th Grade)	Kids Ministry Rooms
	10:00	COFFEE HOUR	Atrium
	11:00	CONTEMPORARY WORSHIP SERVICE	Sanctuary
	11:00-12:00	Nursery (Infant – 4 years)	Nursery
	11:20-12:00	Sunday School (Pre-K – 5 th Grade)	Kids Ministry Rooms
	12:15-1:00	COMMUNITY MEAL	Lounge

LENTEN SMALL GROUPS

February 25th - March 25th

Each Wednesday evening throughout Lent, we will meet for soup and bread at 6:30 pm. This simple meal will be followed by a small group time beginning at 7:00 pm until 8:00 pm. Choose a book and plan to attend the small groups!

There will also be a 10 AM Sunday morning study group for the John Ortberg book. Use the QR code here to sign up!



Choose from 3 books:

The Life You've Always Wanted: Spiritual Disciplines for Ordinary People, by John Ortberg

Christian Meditation: Experiencing the Presence of God, by James Finley

Praying like Monks, Living Like Fools: An Invitation to the Wonder and Mystery of Prayer, by Tyler Staton

7 PM small group (meets in Lounge)
10 AM small group

7 PM small group (meet in Kids Ministry Green Room)

7 PM small group (meet in Community Room)

See more information and sign ups by seeing the e-news or visit tmpc.org/lent

HOLY WEEK

<p><i>Palm Sunday</i> Sunday, March 29th</p> <p><i>Traditional Worship at 9 AM (in Sanctuary) and Contemporary Worship at 11 AM (Fellowship Hall)</i></p>	<p><i>Maundy Thursday</i> Thursday April 2nd</p> <p><i>Contemporary Worship at 7 PM (in the Fellowship Hall)</i></p>	<p><i>Good Friday</i> Friday April 3rd</p> <p><i>The Sanctuary will be open for prayer from 12 - 3 PM with guided prayer materials available for worshippers, followed by a traditional worship service at 7 PM in the Sanctuary</i></p>
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EASTER SUNDAY **Sunday, April 5th 2026**

<p><i>6:30 AM Sunrise</i> This casual early dawn service celebrates the Risen Lord in the Community Room.</p>	<p><i>9 AM Traditional</i> This robust traditional worship service will be packed with music featuring the vocal choir, the bell choir and the children's choir.</p>	<p><i>11 AM Contemporary</i> This contemporary worship service will feature the worship band and remember Jesus' love and the hope of salvation for mankind.</p>
<p><i>10 AM Easter Egg Hunt</i> Join us at 10:00 AM for a joyful Easter egg hunt. Kids will be able to run through the property and collect candy-filled eggs. Bags will be provided.</p>	<p><i>10 AM Easter Brunch</i> A delicious spread will provided for everyone at 10:00 AM. Enjoy fruits, pastries, juice, coffee and more.</p>	
<p>Visit tmpc.org/easter for more info</p>		

ANNOUNCEMENTS

GRAND OPENING Our first worship service in our new space will be **Sunday, March 22nd at 10 AM. THERE WILL BE ONE COMBINED SERVICE AT 10 AM.** Then, join us for an open house with food, hor d'oeuvres, and tours from 1 PM - 3 PM. At 3:00, we will hold a dedication ceremony with special musical guests and a time of gratitude for our builders, architects, and incredible lay leaders. Join us to offer God praise for this project! RSVP at the QR code here or bring the paper RSVPs to the offering plate or church office.



“THIS IS MY STORY” SUNDAY For worship on Sunday April 12th, we are looking for participants to share a 3–4 minute story of how you’ve experienced God at work in your life! Find more information in the e-news.

CHOIR MEMBERS WANTED Are you interested in singing? The choir is always looking for new members to join our choir! No need to formally sign up- just come to rehearsal on Thursday nights at 7 PM.

MEAL MINISTRY VOLUNTEERS NEEDED We are looking to expand our list of volunteers willing to provide meals for church families in need. This is a meaningful way to support and care for one another during difficult times. If you are interested in helping or would like more information, please contact Steve Mirande at steve.mirande@gmail.com

PER CAPITA The 2026 Per Capita Amount is: \$37 per person. This yearly fee is paid to the Presbytery of Philadelphia to help with ongoing services we receive, as well as contribute funding to churches in need of financial support. Please put Per Capita in the memo line or choose Per Capita in the drop-down menu at www.tmpc.org/give

VBS 2026 Vacation Bible School and Camp Thompson will be July 27th - 31st, and registration is LIVE! VBS is a FREE camp for children from 4 years old through those who have completed 5th grade are invited to join us for games, music, storytelling, & crafts! Camp Thompson is an extended day program that costs \$75/child for the week. We ask that kids bring a packed lunch to eat before we begin our activities, and we’ll play games, create art, and do other activities together! Use the QR code to register now!



CHURCH LIFE & MEMBER CARE

PRAYERS FOR HEALING AT HOME Ulla Heinicke, Jane Mayrhofer, Nancy Morabito, Lisa Palise, Bucky Pope, Nancy Quanstrom, Dick Vestal, Fran Volski, Arlene and Doc Whitticar and George Wislar. *If you have someone to add to our prayer chain, please send your request to Alison Yearley at apybobba@aol.com*

PRAYERS FOR THOSE IN THE MILITARY Christopher Campbell, Sean Kielty, Christian Mirande, Jim O'Donnell, Matt Peshek, and Will Schaub.

TMPC MEMBERS CELEBRATING BIRTHDAYS Please wish Happy Birthday to a few of our members who celebrate their birthdays between *March 8th-15th*: *Chris Eler, Shaun Robbins, Jamie White, and Ed Breen.*

CHILDREN AND YOUTH

KIDS CLUB	Every 2nd Friday 5:00 PM – 7:00 PM	Kids Club is for children 4-12 years old. We provide dinner, play games, and complete a service project.
KIDS CHOIRS, HANDBELLS, AND CHIMES	Sundays at 10:00 AM (September thru June) Community Room	Rotating rehearsals for groups that perform during worship about once a month. All abilities and ages welcome. <i>Led by Tricia Murphy</i>
THOMPSON YOUTH GROUP	Sundays at 6:00 PM The Lounge	Students grades 6-12th grade meet for study, games, and fellowship. <i>Led by Zena Tredinnick-Kirby</i>
Contact Zena Tredinnick-Kirby with any questions at dce@tmpc.org and Tricia Murphy for questions related to music at music@tmpc.org		

SMALL GROUPS

ALPHA OMEGA	March 15th 10:00 AM	AO gathers for either a book or Bible study, fellowship, and mission. <i>Led by Marci Capel</i>
MONDAY MORNING WOMEN'S MINISTRY	Mondays at 9:30 AM Community Room	Topics rotate between movie discussion, Bible study, faith and the news, and book studies. <i>Led by Sue Wert</i>
TUESDAY MORNING MEN'S GROUP	1st and 3rd Tuesday at 9:30 AM Community Room	This group gathers for fellowship, book discussions, and time in prayer. <i>Led by Mike Wert</i>
SERMON TALKS	Thursdays at 9:30 AM Community Room	Join us for Bible Study and laughter. We will use this time to read through and unpack the scripture for the upcoming Sunday.
ART HISTORY	3rd Tuesdays (September thru April) at 6:00 PM Lounge	This group examines how artists across eras have expressed their lives and shaped culture, with a focus on gender equality and celebrating diverse voices, past and present. <i>Led by Zena Tredinnick-Kirby</i>
Contact group leaders by visiting tmpc.org/small-groups		

ONGOING OUTREACH OPPORTUNITIES

FOOD DRIVE	Wednesday March 18th	You can leave donations from 10:00 to 10:30 AM that day at our food pantry, located inside the church, or during office hours before the event. <i>Led by Susan Achenbach</i>
TRENTON AREA SOUP KITCHEN (TASK)	Thursday March 26th & Tuesday March 31st 9:45 AM -1:00 PM	Those who want to carpool meet at the TMPC parking lot at 9:15 AM. <i>Led by Chuck Green</i>
COMMUNITY MEAL	Every 2nd Sunday 12:15-1:15 PM	TMPC hosts a free meal open to everyone in our church family and the community. All of our meals feature a main dish, with potluck sides, salads, and desserts. <i>Led by Melissa Michael</i>
FISHERMAN'S MARK	Tuesday May 5th 8:30 AM See SUG (when live) for meeting location	Meets monthly to put together 100 meals for Fisherman's Mark, and they are then delivered weekly to those who cannot get to the food pantry. <i>Led by Susan Achenbach and Cheryl Boyle</i>
LAMBERTVILLE COMMUNITY MEAL	Every 2nd Wednesday (and 4th Wednesday starting in March) 12:00 PM	We're looking for volunteers who can help the day of the meal or are willing to bring desserts for the meal for our neighbors in Lambertville, NJ. Our meal will take place at the Lambertville Presbyterian Church at 31 N Union Street.
See more information, sign-ups, and contact information for each outreach event by seeing the e-news or visiting tmpc.org/mission		