

# Navajo Nation Arizona, Arizona

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Western Side

Arizona

6/22/2026-6/27/2026

## Packing List

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### **Packing List - Arizona - Summer Trips** *(please scroll down for the Spring packing list)*

**\*EM will provide disposable dishes and cutlery for meals.**

#### **Clothing for 6 days**

- Work Clothes that can get dirty or ruined. (Long pants are recommended and may be required at certain worksites, so pack at least one pair)
- 1 pair of sturdy work shoes - tennis shoes or boots for the worksite
- 1 hat (baseball cap or similar for sun shade)
- Safety Glasses
- Sunglasses
- Work Gloves
- After work relaxing clothes
- Pajamas
- Light jacket or sweatshirt (temps may drop in the evening)
- Bathing suits for the showers
- Optional: One nicer outfit that could be for a church service if needed ( Clean shirt and pants, skirts or dresses are not necessary)

**\*Clothing Note:** It is important to remain sensitive to others by dressing in a conservative manner. Please keep this in mind when choosing what to wear. We appreciate your intentionality with this.

Please wear longer shorts - preferably mid-thigh or below. if it is warm enough for shorts. NO short shorts. **Leggings are okay only if worn with a tunic-length shirt that comes to the upper to mid-thigh.** No tank tops or crop tops for girls or guys This applies to clothing at all times throughout the day.

- Towel and washcloth
- Bedding - You will be sleeping on the floor
- Blow-up mattress or sleeping pad
- Sleeping bag. (sheets if you want them)
- Pillow (optional, but it sure feels good at night!)

- Toiletries (shampoo, soap, toothbrush, lip balm etc...)
- Advil, Tylenol, or other personal medications you might need (Please inform your Team Leader of any prescription medications you will be bringing.)
- Sunscreen
- Bible, notebook, and pens
- **Refillable** water bottle
- Anti-bacterial hand sanitizer
- Wet wipes \*there will be no showers on spring break trips as it is too cold. Wet wipes come in handy
- Flashlight or headlamp
- Spending money
- Day Pack to carry personal items to the worksite etc...

## **Packing List - Arizona - Spring Trips**

***It is important to note that spring weather in Black Mesa can vary and be unpredictable from day to day. It can be very cold and windy. It can get below freezing but it can also get up into the 70s. It is important to plan accordingly. It is helpful to dress in layers so you can remove layers as the day warms up.***

**\*EM will provide disposable dishes and cutlery for meals.**

### **Clothing for 6 days**

- Work Clothes that can get dirty or ruined. (Long pants)
- 1 pair of shorts to wear if the weather is warm enough
- T-shirts
- 1 pair of sturdy work shoes - tennis shoes or boots for the worksite
- warm socks
- 1 hat (baseball cap or similar for sun shade-optional)
- **1 Beanie for cold days & gloves**
- **Warm Jacket (it could be quite cold)**
- Safety Glasses
- Sunglasses (optional but recommended)
- Work Gloves
- After work relaxing clothes
- Pajamas
- Clean casual clothes for midweek church service (jeans and t-shirts are fine, skirts are not necessary)

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**thigh.** No tank tops or crop tops for girls or guys This applies to clothing at all times throughout the day.

- Towel and washcloth
- Bedding - You will be sleeping on the floor
  - Blow-up mattress or sleeping pad
  - **warm sleeping bag. (sheets if you want them)**
  - Pillow (optional, but it sure feels good at night!)
- Toiletries (shampoo, soap, toothbrush, lip balm etc...)
- Advil, Tylenol, or other personal medications you might need (Please inform your Team Leader of any prescription medications you will be bringing.)
- Sunscreen
- Bible, notebook, and pens
- **Refillable** water bottle
- Anti-bacterial hand sanitizer
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- Day Pack to carry personal items to the worksite etc...