



Clothing Guidelines.

It can be so hard to know exactly what clothes to bring on your mission trip. The following examples are helpful guidelines for the type of clothing you should pack for different situations and why!

Everyday.

The clothing you wear in the community you serve in matters. Although the activities may vary, we ask that you follow the guidelines below in order to show respect for those you engage with on your mission trips and uphold their dignity.

Dressing Sensitive

For all mission trip locations, the shorts in this photo represent the shortest length you should bring with you on the trip. Mid-thigh or longer are best. No leggings, please!

Shirts must have sleeves that cover the shoulder, no cut-offs or tank tops. Avoid low necklines.

NOTE: For African & Middle Eastern communities, conservative dress is very important. We recommend bringing only pants or capris. (Again, no leggings, please.)



Helpful Tips

For work projects, you will need a pair of **close-toed shoes** (tennis shoes) that keep your feet protected.

Bring some **work clothes** that you don't mind sacrificing to dirt, paint or tears.

Remember, in some communities it gets cold! You will want to add a pair of loose fitting pants or jeans and a sweatshirt or light jacket to your packing list.

Everyday.

The clothing you wear in the community you serve in matters. Although the activities may vary, we ask that you follow the guidelines below in order to show respect for those you engage with on your mission trips and uphold their dignity.

Dressing Sensitive

For all mission trip locations, shorts and pants are great for hanging out and working in the community.

Shirts must have sleeves. No tank tops or cut-offs, please!

NOTE: For African & Middle Eastern communities, conservative dress is very important. We recommend pants or jeans at all times.

Helpful Tips

For work projects, you will need a pair of **close-toed shoes** (tennis shoes) that keep your feet protected.

Bring some **work clothes** that you don't mind sacrificing to dirt, paint or tears.

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Church.

International Communities: In many international communities, church is a highlight of the week and people put a lot of care into their appearance as a sign of respect. Your team will have the opportunity to attend a Sunday church service and should bring appropriate attire. It's important you dress modestly and put in the extra effort to look nice.

Domestic Communities: Your team may have the opportunity to go to a mid-week service and should bring appropriate attire. Casual options like clean jeans and a clean shirt are fine.

Dressing Sensitive

(for a Sunday service)

In church settings, it is important that your shoulders are covered and often a sweater can help you appear more put-together or modest.

Maxi-skirts or dresses are an easy purchase, but just make sure they are not too tight. Skirts should be no shorter than just below the knee. Be careful of how the length of a skirt changes when you are sitting!

You may choose to bring a nice blouse or button-up for church, although modest knit shirts are fine as well.

Helpful Tips

A simple necklace or pair of stud earrings are nice accessories for most church settings, but are not necessary. Avoid bringing anything too "flashy" or expensive.

Slip-on flats or sandals are a perfect shoe for church.



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Domestic Communities: Your team may have the opportunity to go to a mid-week service and should bring appropriate attire. Casual options like clean jeans and a clean shirt are fine.

Dressing Sensitive

(for a Sunday service)

For a Sunday service, at minimum you should wear clean khaki pants and a button down shirt. (Ties are optional.)

NOTE: Shorts are not appropriate for a Sunday church service.



Helpful Tip

A nice belt and casual shoes are generally appropriate for a church setting, but in their absence, clean tennis shoes or sandals can work as well.