

## FUNDAMENTAL OF FAITH: REBOUND

### Key Scripture:

Hebrews 10:39

“But we are not of those who shrink back... but of those who have faith and preserve their souls.”

### Big Idea:

Missing is inevitable.

Staying down is optional.

We are not quitters. We rebound.

### 1. Offensive Rebound

If you're going to shoot, you're going to miss.

Where have I recently “missed the mark”?

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### Did I:

- Over-spiritualize it
- Blame someone else
- Quit trying
- Own it

Is there someone I need to apologize to or make it right with? \_\_\_\_\_

Grace says: Shoot again.

What is one area where I need to stop quitting and start shooting again?

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### 2. Learning From the Miss

“I've learned as much from my misses as my makes.”

What did this failure teach me?

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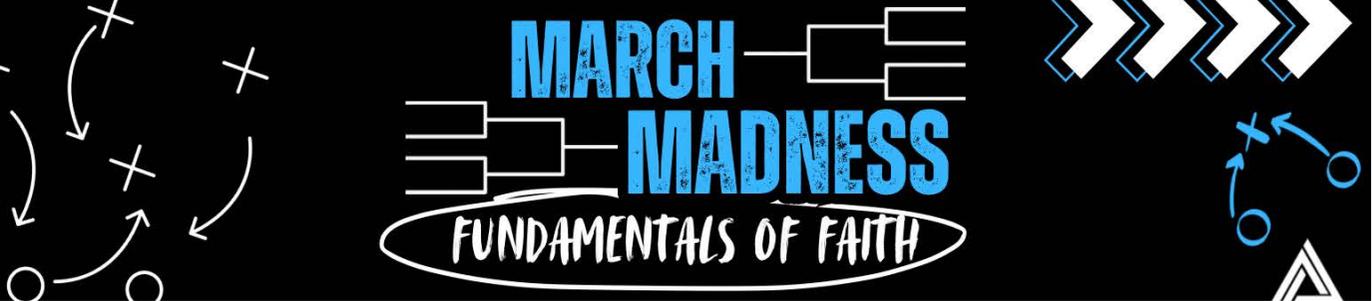
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What might God be developing in me through this?

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Am I growing... or just replaying the mistake? \_\_\_\_\_



# MARCH MADNESS

## FUNDAMENTALS OF FAITH

### 3. Defensive Rebound

#### When Life Hits Me:

Sometimes it happens because of you. Sometimes it happens to you.

Who hurt me that I'm still carrying? Am I assuming motive... or giving grace?

#### Today I choose to:

- Forgive
- Release the offense
- Let go of control
- Stop replaying it

Matthew 18 reminds us forgiveness is not optional.

I choose to rebound by forgiving: \_\_\_\_\_

### 4. Position Is Everything

Rebounding isn't luck. It's positioning. Philippians 4:6 reminds us the posture is prayer.

#### Am I positioned in:

- Prayer
- The Word
- Gratitude
- Humility
- Or am I operating in pride and frustration?

What would it look like for me to reposition myself this week?

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### 5. We Are Not Quitters-

Hebrews says don't throw it all away now.

Where have I been tempted to "cut and run"? \_\_\_\_\_

What would it look like to stay with God's plan instead of shrinking back?

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### Personal Declaration

- If I fall, I will get up.
- If I miss, I will rebound.
- If I'm hurt, I will forgive.
- I will not quit.

My next rebound step is:

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