



W O R D O F L I F E C H U R C H

SERMON DISCUSSION QUESTIONS

Let Your Hearts Not Be Troubled • Pastor Jacob Taylor • May 3, 2026

1. When you were growing up, how did your parents or guardians deal with stress?
2. What troubles you most these days?

Read John 14:1-14

3. These verses are a part of Jesus' farewell discourse. Why was it important for Jesus to say these words at this time?
4. Have you ever had an experience of "stress spiraling"?
5. What does it look like to live a life of stress in the face of the troubles we face?

Read 1 Thessalonians 4:13

6. How do we as followers of Jesus grieve with hope?
7. How does the Holy Spirit help you in the midst of trouble?
8. How can we live as an authentic expression of the Kingdom of Jesus in the 21st century?