

1. **Read Psalm 1:1-6.** How many comparisons and contrasts do you see in this Psalm? What patterns do you see?

2. How have you seen how the company you keep has affected your life? (vs 1-2)

3. How does someone develop a delight for “the laws of the LORD?” (vs 2)

4. What successes or failures have you had with meditating on “the law of the LORD?” (vs 2)

5. When you think about a difficult time in your life, were you more like a tree by streams of water or like the chaff blown by the wind? (vs 3) What about your life currently?

6. What are the challenges and/or rewards of considering the end results or destination of our lives? (vs 4-6)

7. How do you feel about the suggestion to memorize Psalm 1 by the end of this year?

What would prevent you from accomplishing it? And what would encourage you to succeed?