



ASKING FOR A FRIEND LEADER GUIDE

PART 1

BOTTOM LINE

If Jesus really rose again, everything changes.

MESSAGE OVERVIEW

Asking for a Friend is a mini-apologetics series about the biggest questions students have about faith. We'll talk about whether Jesus really rose from the dead, if the Bible is trustworthy, and how God can still be good when life hurts.

SCRIPTURE

And if Christ has not been raised, your faith is futile; you are still in your sins.... If only for this life we have hope in Christ, we are of all people most to be pitied. // 1 Corinthians 15:17, 19

For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures, and that he appeared to Cephas, and then to the Twelve. After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. // 1 Corinthians 15:3-6

QUESTION TO ASK YOURSELF

What is a question I have about faith?

DISCUSSION GUIDE

- What do you think makes the strongest case that Jesus really rose from the dead?
- Read 1 Corinthians 15:17 and 19. Paul says the resurrection is the foundation of our faith. What are some things we can be tempted to build our faith on instead?

- What is the difference between a foundational belief and a peripheral belief? What are examples of each?
- What would you say your faith is built on?
- If Jesus really did rise from the dead, everything changes. What specifically changes, and how does it change the way you live?
- If you had to explain to a friend in one sentence why you follow Jesus, what would you say?

2026 InsideOut Important Dates

- November 1 - Glow Party
- November 29 - FriendsGiving
- December 13 - Christmas Party (Last IO of 2026)

PRAY TOGETHER

God, thank you that we can come to InsideOut and wrestle with real questions. Thank you for sending Jesus to die on the cross and rise again. Help us grow in our clarity and confidence in who you are. Amen.