

## FOOD/MEALS

- **Bishop Sullivan/One City Cafe** 3936 Troost Ave  
Lunch Mon-Fri 12:00pm-1:00pm  
Dinner Mon-Fri 4:30pm-6:00pm
- **Family Promise of the Northland** 10th & Baltimore  
Lunch (1st, 3rd & 5th Thursday) 11:00am-11:30am
- **Independence Boulevard Christian Church**  
(provided by Micah Ministries) 606 Gladstone Ave.  
Dinner/toiletries/clothes Mon 5:30pm-7:00pm
- **NourishKC's KC Community Kitchen** 750 The Paseo Blvd  
Lunch Mon-Fri. 11:00am-2:00pm
- **Metropolitan Lutheran Ministry** 3031 Holmes  
Food pantry & sack lunches Mon-Fri 8:30am-11:00am
- **Morning Glory Ministries** 20 W 9th St.  
Breakfast Mon-Fri 7:00am-8:00am
- **Neighbor2Neighbor** 2910 Victor St.  
[www.n2n4kc.com/services](http://www.n2n4kc.com/services) Wed & Fri 10am-11:30 am Hygiene items. Mon-Fri 9am-12pm Drug treatment referrals before/after breakfast & lunch, housing referrals, case management M&W
- **Redemptorist Center** 207 Linwood Blvd  
Food pantry Mon-Thurs 10:00am-1:00pm  
Lunch Mon-Fri 10:00am-1:00pm
- **The Salvation Army** 3013 E 9th St  
Lunch Mon-Thurs 11:30am-12:30pm
- **Trinity United Methodist Church** 620 E. Armour Blvd  
Lunch with food pantry, toiletry & laundry voucher pantry Mon 12:00pm-1:00pm Lunch only Sat 11:30am-12:30pm
- **True Light Family Resource Center** 717 E 31st St  
Community Breakfast (open to all) Saturdays 7:30-9 am
- **TLFRC Emancipation Station** 717 E. 31st St.  
Breakfast Mon-Fri. 8:30-10:00 am, Lunch 12pm (limited)
- **Unity Southeast** 3421 E Meyer Blvd  
Breakfast Sunday 9:30-10:30am  
Food Pantry Sunday 10-11am  
Dinner Wednesday 5:30-7pm
- **Washington Square Park** 100 E Pershing Rd  
(provided by Kansas City Heroes) Dinner, Tues 6:30pm-8:00pm
- **Westport Presbyterian Church** 201 Westport Rd  
Breakfast Sun. 8-9:30 am, lunch bags Wed. 11 am – 12 pm

## HEALTH

- **Care Beyond the Boulevard @ Independence Boulevard Christian Church** • 606 Gladstone Blvd.  
Mon 4pm-7pm and Sat 9am-12pm, 2nd Sat 10am-12pm Mobile food pantry  
**@Cherith Brook Catholic Worker** • 3308 E. 12th St.  
Thurs 5:00pm-7:00pm
- **Heartland Center for Behavioral Change** • 816.421.6670
- **KC CARE Health Center** • 816.753.5144  
3515 Broadway & 2340 E Meyer Blvd (dental), Confidential, sex positive, judgement free clinic- Free HIV, Hep C, Syphilis testing. Walk-In Testing: Mon & Tues 9:00am-6:00pm and Wed-Fri 9:00am-4:30pm [www.kcprevention.org](http://www.kcprevention.org)

- **KC Health Department** • 816.513.6008  
2400 Troost Ave
- **La Clinica** • 816.581.5671 148 N Topping Ave.  
Fridays 12-4:30pm apt. only, no insurance needed, \$35 copay
- **AccessKC** (Formerly KC Medicine Cabinet) • 816.276.7517  
Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment
- **ReDiscover** • 816.966.0900 In-person or telehealth
- **Research Psychiatric Center** • 816.444.8161  
2323 E 63rd St.
- **Samuel U. Rogers Health Center** • 816.474.4920  
825 Euclid Ave Medical, dental, & behavioral health
- **Swope Health Services** • 816.599.5480  
3801 Dr. Martin Luther King, Jr. Blvd.  
Free medical, dental, behavioral health, optometry, pediatrics, OB/GYN services, medication assistance, Medicaid applications, Covid & STI testing  
Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm
- **University Health/Behavioral Services** • 816.404.5700  
300 W 19th Terrace Mon-Fri 8:00am-2:00pm
- **Vivent Health** • 816.561.8784 4309 E 50th Terr., Ste 200  
HIV & AIDS services; free HIV/STI testing
- GENERAL HELP**
- **Catholic Charities Welcome Center** • 816.221.4377  
8001 Longview Road; Kansas City, MO 64134  
Client Hours & Basic Needs Assistance (food, diapers, hygiene): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch. Rent/utility assistance calls are taken on Mondays @ 8:30am. First come, first served.
- **Central Presbyterian Church** • 816.931.2515 ext. 2  
3501 Campbell St. Clothing, food pantry, toiletries  
Wed 9:00 am – 11:00 am
- **Community LINC** • 816.531. 3727  
4012 Troost Ave., Street homeless Outreach navigators; Transitional Housing for Families
- **Journey to New Life (reentry from incarceration)**  
• 816.960.4808 3120 Troost Ave.  
Tues., Wed., & Thurs. 9:30am-12:30pm  
Assistance with basic needs & employment
- **Legal Aid of Western Missouri** • 816.474.6750  
4001 Dr. Martin Luther King, Jr. Blvd, Ste. 300  
Call or schedule an appointment online at [lawmo.org](http://lawmo.org)
- **Metropolitan Lutheran Ministry** • 816.931.0027  
3031 Holmes (call for appointment)  
Rent, utilities, birth certificates, food & diapers
- **Morning Glory Ministries** • 816.842.0416  
416 W. 12th St., Tues-Fri 9am-11am IDs/Records (with a homeless/shelter letter)  
Clothing & toiletries (every 2 wks.)
- **Redemptorist Social Services** • 816.931.9942  
207 Linwood Blvd Mon-Fri 8:00am-4:00pm (office hours)  
Mon-Thurs 10:00am-1:00pm (walk-in client hours)  
Food, toiletries & financial assistance

- **Reconciliation Services** • 816.931.4751  
3101 Troost Ave (call for appointment)  
Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm  
Health/medication, utilities, ID/birth certificates, mental health services, therapy & case management
- **SAVE, Inc.** • 816.531.8340, ext. 200  
Housing assistance for individuals with HIV/AIDS, substance abuse, and mental health illnesses
- **Second Chance** • 816.231.0450  
3100 Broadway, Suite 302  
(justice-involved, call for appointment)
- **St. Paul's Episcopal Church** • 816.931.2850  
40th & Main (south side of church), Wednesdays 5:30-7:30pm & 1st, 2nd, 4th, 5th Saturdays 9am-12pm, Food pantry & personal care items
- **Street Support KC** • 10th & Baltimore, 1st Saturday/month 9am, Backpacks, sleeping bags, sack lunches, clothes etc.
- **The Salvation Army** • 816.483.8484 3013 E. 9th St.  
Mon, Wed, & Fri 9:00am-12:00pm & 1:00pm-2:30pm  
Rent, utilities assistance & food pantry
- **True Light Family Resource Center** • 816.561.1700  
712 E 31st St Mon-Thurs. 10-12pm, 1-3pm, Fri. 10-12pm  
Emergency food, diapers & toiletries, clothes, furniture  
Mon-Fri. 10-12pm, 1-3pm (by appointment for water assistance)
- SHELTER**
- **City Union Mission Family Center** • 816.474.4599  
1310 Wabash Ave (call for availability)
- **City Union Mission Men's Shelter** • 816.474.4599  
1108 E. 10th St (call for availability)
- **Hope House (domestic violence)** • 816.461.4673
- **Newhouse (domestic violence)** • 816.471.5800
- **reStart, Inc** • 816.472.5664 918 E. 9th St. (call for appt)
- **Relentless Pursuit Outreach and Recovery Drop-In Center** • 816.301.5571 24/7 Hotline  
5108 Independence Ave  
Tues, Wed, Fri, & Sat, 11:00am- 4:00pm  
Anti-human trafficking (women only)
- **Rose Brooks Center (domestic violence)** • 816.861.6100
- **Shelter KC** • 816.421.7643 1520 Cherry St.  
Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm  
Men's shelter & recovery center, 4:30pm "Taste & See"
- **Shelter KC Women's Center** • 816.348.3287  
Residential recovery for single homeless women
- **Synergy Services (Domestic Violence Center)**  
• 816.321.7050
- **The Salvation Army Adult Rehabilitation Center (ARC)** • 816.421.5434 1351 E. 10th St. (call for intake)
- **TLFRC Emancipation Station** • 816.531.1300  
717 E. 31st St. M-F 8:30am-3:00pm (day shelter for women, lunch provided at 12pm)
- **ReHope** • 816.793.0500  
Residential program for women recovering from commercial sexual exploitation, addiction, and homelessness.

## SHOWERS & LAUNDRY

### ► Swope Health Services

• 3801 Dr. Martin Luther King, Jr. Blvd.  
Mon 8:00am-12:00pm, Fri. 8:00 am – 2:00pm (1 load per week, showers first come, first served)

### ► TLFRC Emancipation Station • 717 E. 31st St.

Mon-Fri 8:30am-2:30pm (lunch at 12pm, women only)  
Tues-Thurs. Laundry (not same day service)

### ► Westport Presbyterian Church • 201 Westport Rd

Sun 8:00am-9:30am

Thurs 5:30pm-7pm (Women, Trans, Gender Non-Conforming people only)

## VETERANS

### ► Catholic Charities, SSVF • 816.659.8263

8001 Longview Road; Kansas City, MO 64134

### ► Kansas City VA Medical Center • 816.861.4700

4801 E Linwood

### ► reStart, SSVF • 816.886.9148 918 E. 9th St.

### ► The Salvation Army, SSVF • 816.670.2414

6618 E. Truman Rd.

### ► Veterans Community Project - Outreach Center

• 816.599.6503 8825 Troost Ave.

Mon | Tues | Wed | Thurs 9:00am-4:00pm

Fri 9:00am-1:00pm

### Fourth Wednesday Commissary 9:00am-3:00pm

Food, clothing, and more, free of charge

### YOUTH/FAMILY (Check Facebook for updates)

### ► The HALO Foundation • 816.590.4493 1600

Genessee St., Ste. 140 • ages 4-24

Art & educational programs, food, dignity items etc.

### ► Lutheran Family and Children's Services of Missouri

• 866.326.5327 • 1 E Armour Blvd., Ste 102

Free counseling ages 3-19 for Jackson County residents, parenting & pregnancy services, adoptive & birth parent services

### ► Mother's Refuge • 816.353.8070

• shelter for pregnant or parenting moms ages 12-21 (children 0-2), Transitional Living Program for single moms 18+

### ► reStart Youth Emergency Shelter • 816.309.9048

• ages 12-17

### ► Street Outreach • 816.505.4901 • ages 22 or under

### ► Synergy House • 816.741.8700 • ages 12-18

Teens & Tots Clinic

### ► The LIGHT House Inc. • 816.916.4434 24/7 Hotline

(various services, teen tele-support groups)

### ► Youth Resiliency Center • 816.505.4840

2001 NE Parvin, NKC • ages 12-20

Mon-Fri 2:30pm-6:30pm

Drop-in Services 11:00am-2:30pm

Laundry, showers, pantry services, art studio, daily classes and case management

## LOCAL WRAPAROUND SERVICE CAMPUSES

### ► BISHOP SULLIVAN CENTER (AccessKC site)

Call either location to inquire about funds for rent, utilities, or a variety of other one-time needs. Employment services available.

### • 816.231.0984 6435 Truman Rd

Mon-Thurs 9:00am-4:00pm (call for appointment)

Food Pantry Mon-Thurs. 1:00-4:00pm

### • 816.561.8515 3936 Troost Ave

Mon-Thurs 9:00am-4:30pm (call for appointment)

Food Pantry Mon-Thurs. 9:00am-12:00pm

### ► THE BEEHIVE

750 The Paseo

Housing assistance Tuesday 11:00am- 3:30pm. Related support services Tues-Thurs 11:00am-3:30pm

Walk-in and appointments available.

**Care Beyond the Boulevard** medical services and patient case management on Tuesday, Wednesday, Thursday 11:00 am– 4:00 pm. Dental services on Wednesday 11:00am-4:00pm. Behavioral health Thursday 11:00am-4:00pm. Walk-Ins appointments available.

### ► HOPE FAITH HOMELESS ASSISTANCE CAMPUS

705 Virginia Avenue • 816.471.4673

Hours: Mon | Tues | Wed | Fri 6:30am-2:00pm

Thurs 6:30am-1:00pm

Meals: Breakfast 8:30am-10:00am

Lunch Mon – Fri 11:00am-12:30pm

Guest Services: Mon, Tues, Wed, Fri 7:00am-2:00pm &

Thurs 7:00am-1:00pm closes daily from 10:00am-11:00am

**Clothing Shop: Wednesdays**

Men's Hours 9:30am-11:30am

Women's Hours 11:30am-12:30pm

**Hope Cuts:** Mon & Tues 7:00 am – 1:45 pm, Wed & Thurs 7:00 am – 10:00 am

**Laundry Services:** Mon, Tues, Wed & Fri 7:00am-1:00pm

Thurs 7:00am-12:00pm closes daily from 10:00am-11:00am, Limited availability

**Mail Pick-Up:** Must sign up first, during guest services hours

**Showers:** during guest services hours

**Swope Health Services** provides transportation from

Hope Faith to their 3801 Dr. Martin Luther King, Jr. Blvd.

location: **Mon and Wed** from 7:20am-7:30am

**Swope Mobile Medical Unit** stop at Hope Faith

**every other Thurs** from 9:00am-12:00pm

The Street Sheet is always available online, scan this QR code:



\*A variety of other local resources can be found at: [liftunkc.org](http://liftunkc.org)



Kansas City  
Public Library  
Community Resources

816.701.3767 • <http://kclibrary.org/outreach>  
communityresources@kclibrary.org

# Street Sheet

## COMMUNITY RESOURCES @ CENTRAL LIBRARY

Community Resources staff is available by phone or in-person at Central Library, 14 W. 10th St., Third Floor.  
**Mon - Fri 9:00am - 1:00pm**

## Coffee & Conversation @ Central Library

14 W. 10th St., Third Floor

**Fourth Wednesday** of each month

10:30am-11:30am

Coffee & Conversation invites people experiencing life-challenges to have a cup of coffee, snacks, direct access to resources and personal care items.

## Housing Authority of KC

3822 Summit St.

816.968.4100

## HOTLINES

**Alcoholics Anonymous**

800.839.1686

**Children's Center Hotline**

816.321.7060

**Domestic Violence**

816.HOTLINE

(816.468.5463)

**First Call (Substance Abuse)**

816.361.5900

**Harvester/SNAP**

816.929.3300

**Hotline for the Homeless**

816.474.4599

**Mental Health Crisis Line**

888.279.8188

**National Runaway Safeline**

1.800.786.2929

**National Human Trafficking**

1.888.373.7888

**Rape/Sexual Abuse**

816.531.0233

913.642.0233

**Safe Place (Ages 12-18)**

Text 4HELP

**Suicide and Crisis Lifeline**

988

**Transgender Helpline**

877.565.8860

**United Way**

211