2026 FALL SMALL GROUPS

SUNDAYS

CROSS CHURCH MASTERPIECE
MAXINE CARLOS
LIFE House Classroom 3 – Sundays at 10:00AM BI-WEEKLY
Description – A relaxing and creative group where we gather to create beautiful diamond art, build friendships, and enjoy meaningful fellowship together. Whether you're a beginner or experienced, this is a welcoming space to connect, encourage one another, and unwind while creating something special.
Open to: Anyone

FREEDOM with LEXIE AND SHYANNE
LEXIE MOSS AND SHYANNE STEWART
LIFE House Classroom 1 – Sundays at 10:00AM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Young Adult Women

FUSION
WAYNE PUNCH
Cross Church Sanctuary – Sundays at 2:00PM
Description – This group is designed to prepare you to join our worship team.
Open to: Anyone (Audition Required)

CROSS AND CLAYS
GARRETT ENGLISH AND CHRISTIAN FALCON
English Home – Sundays at 4:30PM BI-WEEKLY
Description – This is a group designed for shooting sporting clays and fellowship.
Open to: Men

FREEDOM with HANK AND BRIDGET
HANK AND BRIDGET STEIN
Stein Home – Sundays at 5:30PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Husbands and Wives

12 DARING WOMEN OF THE BIBLE
ALYSSA LANDRY
LIFE House Classroom 2 – Sundays at 7:00PM
Description – In this group we will dig into the stories of 12 different women of the Bible and learn to overcome life's challenges and much more
Open to: Women

MONDAYS

AS FOR ME
NATALIE PIERCE
LIFE House Classroom 4 – Mondays at 6:00PM
Description – Journey through the book of Psalms in this 7-session Bible study by Adrienne Camp. Discover how the psalms give voice to every season of life—from praise and triumph to disappointment and sorrow. Together, we'll deepen our understanding of God's unfailing love and faithfulness and learn to hold on to Him no matter our circumstances.
Open to: Women

CONQUERORS with JASEN AND ANTONIO
JASEN WILLIAMS AND ANTONIO ZUNIGA
Yellow House – Mondays at 6:00PM
Description – This group is based on the study "Soul Refiner: Conquerors Series" by Kingdom Works Studios.
Open to: Teens

PRAY FIRST
KATINA HESTER
FMB Classroom 3 – Mondays at 6:00PM
Description – Discover the power of making prayer your first response, not your last resort. Based on "Pray First" by Chris Hodges, this women's group will explore practical ways to strengthen your prayer life, grow closer to God, and pray with greater confidence. Come connect with other women as we learn to put God first through prayer in every area of life.
Open to: Women

SHINE TEAM
DONNA GUIDRY
FMB Classroom 4 – Mondays at 6:00PM MONTHLY
Description – A practical training and discussion group for those interested in serving in SHINE. Each month, we'll cover the foundational tools we use to support children with diverse needs including communication, regulation, behavior, connection, and belonging. The core training will repeat each month, with time for questions, discussion, and learning from real situations that come up as we serve. Come once for the training or come back anytime for continued conversation and support.
Open to: Anyone

1, 2, & 3 JOHN for MEN
RODNEY LUGIBIHL
FMB Classroom 2 – Mondays at 6:30PM
Description – This group is designed for men studying the books of 1, 2, & 3 John using the S.O.A.P. Method.
Open to: Men

1, 2, & 3 JOHN for WOMEN
LOUISE LUGIBIHL AND RHONDA DOMANGUE
FMB Classroom 1 – Mondays at 6:30PM
Description – This group is designed for women studying the book of 1, 2, & 3 John using the S.O.A.P. Method.

Open to: Women

FREEDOM with BRIDGET, MICHELE, AND JAILYN

BRIDGET STEIN, MICHELE PYE, AND JAILYN GROW
Stein Home – Mondays at 6:30PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Teen Girls (9^{th}-12^{th} Grade)

FREEDOM with REED AND OWEN

REED THOMAS AND OWEN ENGLISH
LIFE House Classroom 3 – Mondays at 6:30PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Young Adult Men (17-25 Years Old)

HEALING HEARTS: LIVING THROUGH GRIEF

RENEE BRINKLEY
LIFE House Classroom 2 – Mondays at 6:30PM
Description – You don't have to walk through grief alone. Healing Hearts: Living Through Grief is a caring, Christ-centered support group where you'll find hope, encouragement, and practical tools for navigating the journey of loss. Through biblical truth, meaningful discussion, and the support of others who understand, you'll discover healing, comfort, and hope for the days ahead.
Open to: Anyone

THE 40-DAY SUGAR FAST

BROOKE GRANIER
Missions Café – Mondays at 6:30PM BI-WEEKLY
Description – Ready to kick sugar to the curb at least for 40 days? Join us as we walk through The 40-Day Sugar Fast by Wendy Speake and discover that this journey is about so much more than food. Together we'll laugh, encourage one another, share the highs and lows, and learn how to trade cravings for a deeper dependence on Jesus. Whether you're a sugar lover, looking for a fresh start, or simply wanting to grow in your faith, we'd love to have you join us. You don't have to do it alone!
Open to: Women

VERTICAL MARRIAGE

GARRETT AND CHELSEA ENGLISH
English Home – Mondays at 6:30PM
Description – In this group we will watch the five video sessions, followed by non-intrusive and genuine group discussions. We will enjoy short "Couples Connection" one-on-one activities with your spouse. There is NO HOMEWORK in this study.
Open to: Husbands and Wives

TUESDAYS

GOD'S HELPING HANDS
BONNIE THERIOT
Second Harvest Food Bank – Tuesdays at 9:00AM
Description – This small group is dedicated to serving our community by preparing and supporting food distributions with Second Harvest Food Bank. Together, we'll sort, pack, and prepare food while building relationships and sharing God's love through practical service. This group is perfect for anyone who wants to make a tangible difference and serve with purpose.
Open to: Anyone

CONQUERORS with BILL AND MARCUS
BILL PURVIS AND MARCUS MCELROY
Purvis Home – Tuesdays at 6:00PM
Description – This group is based on the study "Soul Refiner: Conquerors Series" by Kingdom Works Studios.
Open to: Men

FREEDOM with CHET AND VIRGINIA
CHET AND VIRGINIA PETERS
Yellow House – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Anyone

FREEDOM with CLAUDIA AND JEANA (SPANISH)
CLAUDIA VALLECILLO AND JEANA DELFIN-GONZALEZ
FMB GYM – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women *(Spanish Speaking)*

FREEDOM with DONNA AND JESSICA
DONNA GUIDRY AND JESSICA HALL
FMB Classroom 4 – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

FREEDOM with GRADY AND RONALD
GRADY CABLE AND RONALD GIROIR
LIFE House Classroom 4 – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Men

FREEDOM with KRISTIN AND KIM

KRISTIN ROBICHAUX AND KIM TOLAR
Cross Church Sanctuary – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

FREEDOM with PAULA AND OLIVIA

PAULA CABLE AND OLIVIA THOMAS
FMB Classroom 1 – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

FREEDOM with RAE AND LIZ

RAE ANGELETTE AND LIZ FITCH
FMB Classroom 2 – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

FREEDOM with ROCKY AND DAVID

ROCKY ANGELETTE AND DAVID TROSCLAIR
LIFE House Classroom 3 – Tuesdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Men

FREEDOM with THOMAS AND HAYLEY

THOMAS AND HAYLEY MOLINERE
LIFE House Classroom 2 – Tuesdays at 6:15PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Husbands and Wives

CHRISTIAN TRUTHS FROM THE HIDDEN REALMS

SAMUEL LUKE
Mission Café – Tuesdays at 6:30PM
Description – Explore the supernatural worldview of Scripture through biblical study and discussion, inspired by Dr. Michael Heiser's “The Unseen Realm”. Together we'll examine topics like the Divine Council, spiritual warfare, Genesis 6, Psalm 82, and the Messiah's mission—all while keeping Jesus Christ and the gospel at the center. Whether you're new to these concepts or have studied them before, this group will deepen your understanding of God's Word and strengthen your faith.
Open to: Anyone

WEDNESDAYS

FREEDOM with TIFFANY AND JODIE

TIFFANY KELPSCH AND JODIE GIROIR
LIFE House Classroom 2 – Wednesdays at 10:00AM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

THE BATTLE PLAN FOR PRAYER STUDY

KELLY PRICE
LIFE House Classroom 1 – Wednesdays at 10:00AM
Description – Develop a deeper walk with God as you seek the Lord for your battles first. The Battle Plan for Prayer - Bible Study equips believers to create their own prayer strategy and be specific and strategic in prayer. This study features teachings on the topics of: what prayer is and is not, why God wants us to pray, specific areas of prayer, specific strategies for prayer, and more.
Open to: Women

FREEDOM with RENEE

RENEE BERTINOT
LIFE House Classroom 4 – Wednesdays at 10:30AM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

STITCHING SISTERS

KAREN DUPRE, JEWELL FREMIN, AND NANESSA BONVILLAIN
LIFE House Classroom 4 – Wednesdays at 5:30PM
Description – Come get creative and enjoy sweet fellowship with the Stitching Sisters! In this hands-on small group, we'll gather to make beautiful holiday door bows while building friendships, sharing laughs, and encouraging one another. No experience is necessary, just bring your creativity and come ready for fun, fellowship, and a little holiday crafting!
Open to: Women

I WAS BROKE, NOW I'M NOT with TRACY

TRACY PRICE
LIFE House Classroom 1 – Wednesdays at 6:00PM
Description – This group is based on the book "I Was Broke. Now I'm Not." by Joe Sangl. This group will help you become equipped to live a fully funded life, as you learn practical ways to manage your money.
Open to: Anyone

FOCUS
JUSTIN CHAISSON
FMB GYM – Wednesdays at 6:20PM
Description – This group is designed for DIVE Students to dig deeper into God's Word, grow in their faith, and learn how to keep their eyes on Jesus through the pressures and distractions of the school year. Together, we'll discover how Scripture can help us stay focused, make wise choices, and live boldly for Christ at school and beyond.
Open to: DIVE Students

FREEDOM with SHANNON AND EMILY
SHANNON RODRIGUE AND EMILY FARKAS
LIFE House Classroom 3 – Wednesdays at 6:30PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

TAKE THE PLUNGE WITH JESUS
KELLY FAZZIO AND MICHELE PYE
Fazzio Home – Wednesdays at 6:30PM
Description – A small gathering of women coming together to step outside their comfort zones, encourage one another, pray, make space to share life and enjoy fellowship. Come as you are. Bring a towel, outfit, your Bible and an Open Heart. The cold water might be uncomfortable, but what a beautiful reminder that we don't have to step into hard things alone. The Purpose is to take a step of Faith on going deeper with Jesus!
Open to: Women

BIBLICAL HEBREW
SAMUEL LUKE
LIFE House Classroom 4 – Wednesdays at 7:00PM
Description – This group will slowly learn Hebrew using "Biblical Hebrew Grammar" by Dr. Bill Barrick.
Open to: Anyone

DEFENDING THE FAITH: READING THE BIBLE AS IT WAS MEANT TO BE READ
JIM AND JAMI CONLEY
LIFE House Classroom 2 – Wednesdays at 7:00PM
Description – Have you ever wondered if you're reading the Bible correctly? Why do sincere Christians sometimes interpret the same passage differently? How do you know what a verse really means before applying it to your own life? In this 12-week class, we'll learn practical tools for understanding Scripture in its original context and apply it faithfully today. Together, we'll explore topics like context, biblical genres, interpretation, common mistakes, Bible translations, and a simple step-by-step method for studying God's Word with confidence. Whether you're a brand-new believer or have been following Christ for years, this class will equip you to read the Bible with greater clarity and confidence.
Open to: Anyone

THURSDAYS

FREEDOM with CAITLIN AND VIRGINIA

CAITLIN GAUDET AND VIRGINIA PETERS
LIFE House Classroom 2 – Thursdays at 10:00AM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Women

FREEDOM with CHRIS AND CHRIS

CHRIS LANDRY AND CHRIS TOLAR
LIFE House Classroom 2 – Thursdays at 6:00PM
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Men

VALOR

STU BABIN AND DAVID RODRIGUEZ
LIFE House Classroom 4 – Thursdays at 6:00PM
Description – This group is a military brotherhood of veterans and active-duty members dedicated to building Godly leaders through faith, testimonies, and mutual support for the next mission.
Open to: Men

YOUTH STUDY OF THE BOOK OF REVELATION

PHILIP AND COURTNEY KEBODEAUX
Kebodeaux Home – Thursdays at 6:00PM
Description – This group will share a meal and then feast on the Word as we both strengthen our Bible literacy and learn more about Jesus together.
Open to: Youth

BRIDGES OF LIFE

ANGELA TRUITT AND DEBBIE MELVIN
LIFE House Classroom 1 – Thursdays at 6:30PM
Description – Unveiling the truths and myths behind abortion. This is a safe space to talk about the realities of abortion and what it entails. This group is designed for those searching for the truth or those who are struggling with past experiences and the guilt that remains to find peace in Christ.
Open to: Anyone

THE LANDING

HANK AND BRIDGET STEIN
Stein Home – Thursdays at 6:30PM
Description – This group is designed to help teens gather ways to learn how to get over their hurts, hang-ups, and habits.
Open to: Teens

WORSHIP WARRIORS DANCE FITNESS

SUSAN MORVANT AND JENNIFER MCELROY
Cross Church Lobby – Thursdays at 6:30PM
Description – This group is designed for women to come together in fellowship, fitness, and worship! Each week we will make time for prayer/discussion and worship while getting fit.
Open to: Moms and Daughters

FRIDAYS

MEN'S FELLOWSHIP BREAKFAST

BILL PURVIS AND CHRISTIAN FALCON
Bayou Cane Café – Fridays at 5:30AM
Description – This group is designed for fellowship and relationship building. You are responsible for your bill.
Open to: Men

BEHIND THE SCENES

BROOKE GRANIER AND ANGELA WILLIAMS
Cross Church Lobby – Fridays at 9:00AM BI-WEEKLY
Description – Behind the Scenes is a hands-on small group for people who love serving in practical ways that make a big impact. This group meets to handle the essential tasks that keep church life running smoothly-packing mugs, folding shirts, preparing seat backs, labeling café cups, organizing supplies, and more.
"Whatever you do, work at it with all your heart, as working for the Lord." — Colossians 3:23
Open to: Anyone

FAITH AND FRIENDSHIP FRIDAYS

JAMIE HEYL
LIFE House Classroom 2 – Fridays at 12:00PM BI-WEEKLY
Description – In this seven-session study, Lisa Harper explores the often-misunderstood Song of Songs and reveals a beautiful picture of our Creator Redeemer's relentless love for His people. Through humor, biblical insight, and honest teaching, discover Jesus as the Divine Bridegroom who not only came to deliver us—He delights in us! Women in every season of life are invited to grow in intimacy with Jesus and embrace this powerful truth: **You are the object of God's affection!**
Open to: Women

VINTAGE SISTERS IN CHRIST

PEGGY LAFONT AND ANGELA WILLIAMS
Various Locations – Fridays at 12:00PM MONTHLY
Description – This group is designed for fellowship and relationship building. You are responsible for your bill.
Open to: Women 60+

BUILT TOGETHER

JACOB AND AMANDA NOEL

Noel Home – Friday at 6:00PM BI-WEEKLY

Description – This group will focus on how to follow Jesus as a family. The group will include Bible studies together with the entire family. The premise is to explore how to actively live our faith as a family. Topics include: family Bible studies; family prayer time; family worship time; and learning to live out God's calling for your entire family. In addition, some of the weeks will be focused on enjoying time together and building community with some gatherings focused on just enjoying making new friends

Open to: Families with children ages 1st-6th grade

BRO CODE

STU BABIN, JOHN STAKES, AND CHRISTIAN FALCON

Houma Family Dental – Friday at 6:30PM MONTHLY

Description – This group is designed for men to share their testimony and fellowship.

Open to: Men

MEN'S SUPPER

SHANE BLANCHARD

Various Locations – Fridays at 6:30PM MONTHLY

Description – This group is designed for fellowship and relationship building. You are responsible for your bill.

Open to: Men

SATURDAYS

MATTHEW 7:5 (MEN'S HEALTH & ACCOUNTABILITY)

STU BABIN, DAVE BOUDREAUX, AND ROCKY ANGELETTE

Downtown Houma – Saturdays at 6:30AM

Description – Better health starts with clear vision: spiritual, mental, and physical. In Matthew 7:5, we equip men to lead with personal accountability first. Join us for scripture study, honest encouragement, and mutual support as we hit our fitness and nutrition goals together.

Open to: Men

FREEDOM with VALERIE AND CHELSEA

VALERIE PINELL AND CHELSEA ENGLISH

Haney Home – Saturdays at 7:00AM

Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.

Open to: Women

WOMEN'S FELLOWSHIP BREAKFAST
JEWELL FREMIN AND ANGELA WILLIAMS
Bayou Cane Café – Saturdays at 8:30AM
Description – This group is designed for food and fellowship and growing relationships in Christ. Responsible for your bill.
Open to: Women

FREEDOM with CHET AND WILLIAM
CHET PETERS AND WILLIAM FORSHAG
LIFE HOUSE Classroom 1 – Saturdays at 9:00AM BI-WEEKLY
Description – This group will build on the foundation of your faith in Christ and is designed to help you live an abundant, Christian life. This group will help you remove every obstacle to intimacy with God. There is a Freedom retreat at the end of the semester.
Open to: Men

DOES THE BIBLE REALLY SAY THAT?
BRENT AND SARAH LACHICO
FMB GYM – Saturdays at 6:30PM
Description – This group is a 12 week study in Biblical context, misinterpretation, and common misconceptions. Together we will slow down, read the whole context to discover what the Biblical authors actually intended to communicate.
Open to: Anyone

JOYFUL NOISE
BROOKE GRANIER
Cross Church Lobby – Saturdays at 6:30PM MONTHLY
Description – This group is based on the book "Joyful Noise" by Karafun. Based on Psalm 100, Joyful Noise is a worship-through-song small group where voices don't have to be perfect, just joyful. This group uses karaoke to break down walls, build community, and praise God with freedom and laughter.
Open to: Anyone

STUDYING THE BOOK OF LUKE
THOMAS BRABHAM
LIFE House Classroom 2 – Saturdays at 7:00PM
Description – This group is a bible study of the Book of Luke.
Open to: Anyone

ONLINE

APPOINTED TO BEAR FRUIT
RHONDA HENRY
Online – Various Times
Description – A group focused on Jesus' teachings and prayers in the Upper Room, discovering God's purpose for our lives and learning to follow the Holy Spirit into a missional life with Jesus: one filled with purpose, impact, and joy.
Open to: Anyone

FANTASY FOOTBALL
DANIEL HEBERT AND RODNEY FAZZIO
Online – Sundays
Description – Love football, friendly competition, and good fellowship? Join us for a fun fantasy football season where we'll draft our teams, compete each week, talk a little friendly smack, and build friendships along the way. Whether you're a fantasy football pro or a first timer, everyone is welcome. Come for the football, stay for the fellowship!
Open to: Anyone

MILES OF PRAYERS
CAREY REDMOND AND KIM PICKARD
Online – Sundays
Description – This group is a faith-centered small group that combines movement and intercession. Each week, participants will share prayers and petitions in a group thread, then dedicate their miles—whether walking, running, jogging, or biking—to praying for those requests. We'll move from our own locations but commit to a designated time to go "together," setting both weekly group goals and personal milestones. This group is about covering one another in prayer, building consistency, and honoring God with both our hearts and our bodies—one mile at a time.
Open to: Women

TAKE THEM A MEAL
ANGIE CALLAIS
Online – Various Times
Description – This group is designed to provide meals for Reach Team members recovering from surgery.
Open to: Anyone

VARIES

DUDES WHO SERVE
HANK STEIN
Various Locations – Various Times
Description – This group is designed for Dudes that will serve at lady's events like Venture, Ladies Night, Ladies tea, and whatever serve opportunity arises.
Open to: Men

DESIGNED TO SERVE
JAMI CONLEY
Various Locations – Various Times
Description – This group is designed for helping create beautiful spaces for church events.
Open to: Women

DISCIPLES OF CHRIST
TOMMY BER AND TROY DUPRE
Various Locations – Various Times
Description – This is a group designed for motorcyclists and enthusiasts to gather for fellowship and to seek opportunities to advance the Kingdom and the outreach of Cross Church.
Open to: Anyone

SOCIAL MEDIA TEAM

JAMIE HEYL
Cross Church – Saturday/Sunday at Varies Times MONTHLY
Description – Whether we're behind the lens or behind the screen, we're here to help people see Jesus one post at a time. Come create with us!
Open to: Anyone