

Table Talk

THE ONE THING THAT CHANGES EVERYTHING PART 1

Discussion questions and conversation starters based on this weekend's sermon!

1. The sermon opened with “prayer is not an obligation, it’s oxygen.” What’s the difference between those two things — and which one has prayer felt more like for you lately?
2. Prayer is oxygen. On a scale of “breathing deeply” to “someone call 911,” how’s your prayer life doing right now?
3. The disciples watched Jesus pray and then asked Him to teach them. What do you think they saw in His prayer life that made them want what He had?
4. What’s something you’ve been doing your whole life that you recently realized you might be doing completely wrong?
5. What’s something you’re still holding onto that you haven’t fully surrendered to God’s will?
6. Forgiving others is part of the Lord’s Prayer. Who in your life is currently making that the hardest it’s ever been?
7. Jesus said God already knows what we need before we ask. So why do you think He still wants us to ask?
8. The prayer ends where it began — with praise. What does it look like to close a prayer with genuine worship instead of just “amen”?
9. If God answered every prayer you prayed this past week exactly as you asked, what would your life look like right now?
10. If 21 Days of Prayer is meant to build a habit, what’s one small, practical change you could make to your daily routine to actually make prayer happen?