Table Talk

THE ONE THING THAT CHANGES EVERYTHING PART 8

Discussion questions and conversation starters based on this weekend's sermon!

1. The sermon opened with Galatians 5:1 — "it is for freedom that Christ has set us free." What do you think it looks like to actually walk in that freedom when someone has genuinely hurt you?

2. Jesus said forgive seventy times seven. Who in your life is currently testing that number — and where are you in the count?

3. Have you ever felt the physical or emotional weight of holding onto something someone did to you? What was that like?

4. What's something you've been carrying way too long that you probably should have put down by now?

5. Jesus told Peter to forgive seventy times seven. Do you think that number was meant to be literal, or was He making a bigger point? What do you think He meant?

6. What's your personal threshold for forgiveness before you start feeling like you deserve some kind of award?

7. Ephesians 4:32 says to forgive one another as God through Christ has forgiven you. How does remembering how much you've been forgiven change your capacity to forgive others?

8. Reconciliation requires repentance, restitution, and rebuilding. What's something in your life that got rebuilt after it fell apart — and how long did it take?

9. Is there someone in your life right now you know you need to forgive — and what's one step you could take toward that this week?

10. Ephesians says to get rid of bitterness, rage, anger, and harsh words. Which one of those is hardest for you to let go of — and does your family agree?